

Cash Pay Fees

Health Coach	Bioidentical Hormone Pellets		Group Visits	
Telemedicine only \$70	Female Procedure Male Procedure Initial Consult Follow up	\$350 \$550 \$200 \$150	GI health, hormonal balance 2 hr. session	e, healthy weight \$50

Primary Care		Integrative N	Integrative NP Care		Integrative Physician Care			
Nurse Practitioner								
Initial office visit Follow-up visit	\$200 \$ 90	Initial office visit Follow-up visit	\$200 \$180	Initial office visit Follow-up visit	\$325 \$300			
Email visit	\$ 50	Email visit	\$ 50	Email visit	\$ 50			

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Terms & Conditions

- 1. All Health Coach visits are \$70.00 (1 hr.) and will be conducted via telemedicine or telephone.
- 2. Group visits will be held with a minimum of 5 participants. If the minimum is not met, the group visit will be rescheduled. No follow-up communication after the group visit will be provided.
- 3. Primary Care initial office visit fee is \$200.00 (1 hr.) Follow-up visits will be \$90.00 (30 min).
- 4. Integrative Nurse Practitioner's initial office visit is \$200.00 (1hr.) Follow-up visits will be charged \$90.00 (30 min.) or \$180 (1 hr.)
- 5. An Integrative Physician's initial office visit is \$325.00 (1 hr.) Follow-up visits will be \$300.00 (1 hr.)
- 6. Email visits are \$50.00 and intended for brief questions regarding the patient's current treatment plan. Email visits are subject to no more than 2 exchanges each by patient and provider. More than 2 exchanges will require an office or telemedicine visit. Email visits are only available to established patients.
- 7. All provider appointments that are 30 min will consist of 20 min in clinical time spent with the provider and 10 min of charting time. Appointments that are 60 min in length will be 50 min in clinical time spent with the provider and 10 min of charting time.
- 8. Provider visits can be scheduled as in-office or telemedicine visits based on patient requests. Excluding Health Coach, see above.
- 9. After each appointment, the patient will receive an individualized treatment plan for reference.
- 10. Medical history (triage) will be reviewed by the Medical Assistant 30 mins prior to each telemedicine or in-person appointment. Patients must be available 30 mins prior to the appointment. The Medical Assistant will attempt to contact the patient with two telephone calls and one email. If the patient is unavailable, they will forfeit their deposit and need to reschedule their appointment.
- 11. Prescription refills include both compounding and retail pharmacies. Request for retail pharmacy refills must be provided to FWIM 48 hours (2 business days) and compounding refills 72 hours (3 business days) in advance for processing. After this timeframe, patients are required to contact their pharmacy prior to pickup to confirm the refill has been completed. If any refills are requested more than 4 weeks since the patient's last appointment, there will be a \$50 fee.
- 12. All Provider communication is available only during regular business hours via email/phone/patient portal.

 Correspondence is intended for brief questions regarding your most recent visit. Any detailed questions will require an office visit.
- 13. An existing patient is defined as visiting the office within a 2-year (24 mos.) timeframe. Anything outside of 2-years (24 mos.) will be considered a new patient and require an initial office visit with either provider at the listed rate.
- 14. Deposit of \$75 must be made at the time of scheduling. Reimbursement for scheduled office visits is available if canceled prior to 72hrs. (3 business days) of appointment time. If cancelations or rescheduling occur after 72hrs. (3 business days) the patient will forfeit their deposit. Balance due at time of appointment.
- 15. Please refer to our BHRT information price list at FWIMED.com. BHRT pellet therapy pricing may vary based on dosage. A super-bill will be provided per patient request for out-of-network insurance billing for office visits and BHRT pellet therapy. Pellet therapy patients paying cash (only) will receive a \$50.00 price reduction with no super-bill provided. This discount does not apply to credit card or check payments. If a super-bill is needed, pellet pricing will remain at the listed price and no price reduction will apply.
- 16. Bioidentical hormone pellets will require bloodwork for the first two pellet insertions. Once symptoms have stabilized bloodwork will only be required annually.
- 17. Interest accrues at the rate of one percent per month for any amounts remaining unpaid for more than ninety (90) days following the date of the service. Additional charges for returned checks (\$25.00 per check) will be invoiced to the patient and are due prior to the next appointment.



Frequently Asked Questions for our Cash Pay model

What are the benefits?

By moving to this model, we are not bound to the insurance carrier's policies and restrictions. Your time will not be limited to 10-15 min, which will allow more time and determines the best treatment option for you. This will provide a more individualized approach. Each patient will spend up to 60 min with our Providers vs. the 10-15 min allowed by insurance guidelines. This will result in more personalized care and allows both the patient to be heard and the provider to address all the patients' health concerns. Time restraints can also make a patient feel rushed and provides an opportunity for errors within the practice.

Telemedicine vs In-office visits?

Since the start of the COVID-19 pandemic, we have introduced telemedicine to our practice and will continue to do so. We have dedicated in-office days for patients who prefer an in-person visit or need to be evaluated with a physical exam. This will allow us to reduce foot traffic through our office, maintain a high level of safety, sanitation and protect those patients who are at the highest risk of COVID-19 infection.

Do you accept insurance?

No, not accepting insurance allows us to concentrate on you, the patient. Without the administrative burdens and invasive requirements, we can save time and money. We are also able to offer extended visit time and more availability via technology. We want you to feel like a part of our integrative family and not a number or commodity.

Will FWIM give me a superbill for my appointments? Or services?

Yes, for office visits and Bioidentical Hormone Pellets only (see fee schedule). Other services such as Health Coach visits, injections, or IVs will not receive a superbill.

Can I use my Medicare or Medicaid?

We do not accept Medicare or Medicaid. Although we do not bill Medicare you are still able to utilize your Medicare coverage for all other medical care received outside our practice as well as tests, labs, and medications ordered by our office. Paying cash for our services will not forfeit your Medicaid or Medicare

coverage. Some Medicare plans may accept out-of-network coverage and reimbursement. Please contact your insurance provider for further details.

What about prescribing medications?

Yes, we will prescribe most medications. There will be some exceptions. However, we will also work with your team of doctors to ensure no complications occur. We will continue to provide medications as long as you are a patient of our office. There are several compounding (Medicine Chest and FW Custom Rx) and retail pharmacies we send prescriptions.

What about controlled substances?

As a cash-pay practice, we will gladly prescribe controlled substances to our patients, provided they continue with their office visits according to state guidelines. This will include but is not limited to, Testosterone therapy, Adipex, Lyrica, Gabapentin. Narcotics include Oxycodone, Hydrocodone, Norco, and Percocet. Benzodiazepines include Xanax, Ativan, and Klonopin.

What if I am an existing patient? Will I have to pay the new patient consultation fee?

If you were a previous patient within our insurance model and returning to our cash pay model within 6-mos. of August 1st, 2021, this will be considered continued care and not require a new office visit.

Once a patient has established care in our cash pay model, an existing patient is considered someone who has had an office visit within a 2-year timeframe. Anything outside of 2-years (24 mos.) will be considered a new patient and require an initial office visit appointment at the listed fee schedule.

Will insurance pay for labs or medication refills?

Each insurance is different. Medications will be submitted to either a retail or a compounding pharmacy, and the patient is responsible for payment. We have an arrangement with PathLabs for a blood draw and Direct Imaging and Easy MRI, which offer a discounted rate for their laboratory and imaging services.

What options do I have in making payments?

Each patient can pay by credit card, check, or cash. We also offer an online payment method through our FWIMED.com website.