



Poison Control and Staying Safe

Do you have Poison Control's number?

1-800-222-1222

The Facts:

- 9 out of 10 poisonings happen at home
- Every day, over 300 children are treated in an ER because of poisoning
- More than half of the calls to Poison Control are for kids under age 5

Safety Tips:

- **Lock them out of reach:** store medicines, batteries, alcohol and household products like bleach in childproof containers, locked cabinets or out of reach
- **Read the label:** follow the dosage directions and warnings on medicines
- **Know the number to call:** Put the Poison Control number in your phone or on your fridge and make sure all caregivers have it

Helpful Resources

Virginia Poison Center | www.poison.vcu.edu

- Call **1-804-828-9123** or **1-800-222-1222** for 24/7, confidential, free help in English and Spanish
- Visit **www.webpoisoncontrol.org** for help online

Bridge2ResourcesVA | www.bridge2resourcesva.org

- Visit the website to find info on community resources
- Resource from the Virginia Chapter of the American Academy of Pediatrics

