

Don't know whether
you should prescribe
a stimulant?

Treat ADHD with
certainty.

AVAILABLE FOR VIRTUAL
TESTING FROM HOME!

We provide objective data in a clear report in just one hour.

★★★ Refer Today ★★★



DODINI
BEHAVIORAL HEALTH

703.909.5101
DODINI.COM



Dear Primary Care Provider,

Dr. Aaron Dodini, Licensed Clinical Psychologist and founder of Dodini Behavioral Health is eager to share that our clinic offers QBCheck, the first 100% online, objective ADHD medical test with the widest FDA clearance. This test provides definitive diagnoses that can be used to inform specific treatment protocols, taking the guesswork out of prescribing medication. The test is convenient for clients, with an affordable price-point, and definitive diagnosis.

Dr. Dodini provides your client with access to the online test, which can be taken from the comfort of the client's own home. Dr. Dodini then meets with your client virtually to explain the results of the test and how those results may inform next steps, before referring the client back to you for continuation of treatment.

How does it work? The test measures the core ADHD symptoms including inattention, activity, and impulsivity. The test uses state-of-the-art facial recognition technology, and algorithms that can be accessed using the client's own laptop and webcam. The client's results are then compared to an age- and gender-matched control group and an ADHD control group, allowing for accurate understanding of the severity of symptoms.

A concise empirical report will be provided to the client, and also to you as the physician, allowing you to make informed decisions about medication and treatment. Additionally, the test is designed and FDA approved for ongoing treatment evaluation. It allows you to see clearly whether a treatment plan is helping to improve a client's symptoms.

By referring your client to Dodini Behavioral Health for an ADHD evaluation, you can know with confidence whether to prescribe stimulant medications. Your client will receive a well-rounded evaluation that includes both a clinical interview and objective data to improve their understanding of symptoms, and streamline their treatment process. Because depression and anxiety often co-occur with ADHD, counselling services from Dodini Behavioral Health can also be incorporated into the treatment process if appropriate.

We look forward to working with you!

A handwritten signature in black ink, appearing to read 'Aaron Dodini, Ph.D.', written in a cursive style.

Aaron Dodini, Ph.D., M.S., M.A., CGP

F.A.Q.

1. How does the test work?

Our FDA-cleared online tests use the client's own laptop computer and its webcam to measure the core signs of ADHD: hyperactivity, impulsivity, and inattention. The program uses facial recognition technology to measure movements while the client performs a 20-minute computer-based task. No images are captured in the process, so client privacy is maintained.

2. Who can administer the test?

Online ADHD tests are administered by licensed clinical psychologists or other mental health professionals. The objective data that the test provides is then interpreted by that professional, who will also incorporate a clinical interview and depression/anxiety assessments to construct a clear and concise diagnosis.

3. How is the test used?

Our test provides objective data that, together with other information, will help to identify, rule out and monitor ADHD. It can provide valuable information when customizing treatment intervention based on the client's individual performance AND give physicians clear, objective data on which to make medication decisions. The test is also used to improve client understanding of their symptoms and streamline the conversation between the client and the physician. In our experience, the understanding the client gains from this process is perhaps of most value to them. Many suffer for years because they don't understand their symptoms. With improved accuracy of diagnosis and more efficient, customizable treatment, Dodini Behavioral Health aims to help patients find relief and set them on a path to freedom from ADHD.

4. What do test results look like?

The report shows a visual display of the client's movement and responses throughout the course of the test. It also displays a patient's ability to sustain attention and control impulses over the course of the test. The data is then compared to the patient's age- and gender-adjusted normative group to help better understand symptom severity. See attached sample report.

Physician Testimonials

I have enjoyed a collaborative relationship with Dr. Dodini and Dodini Behavioral Health for nearly 18 years. I have come to trust his team to provide exceptional individual psychotherapy, couples therapy, and adult ADHD testing. Their adult ADHD testing protocol allows me to get diagnostic clarity within 24 to 48 hours of our referral. Patients love his bedside manner. I love that he gives us clear, concise, differential diagnoses with reports that give us the objective data and recommendations I need to make decisions about whether to prescribe medication and how much to get the best treatment possible. I love that his test takes the guesswork out of making a determination of whether to prescribe a stimulant or not.

Julia Stanford, MD
JCStanford MD, Concierge Internal Medicine & Pediatrics

Dr. Dodini's broad and extensive system to help my patients and me effectively diagnose the growing epidemic of ADHD has been very helpful. The ease and speed of the process coupled with the accuracy and details of the report has given my team and me confidence in our ability to personalize treatment recommendations while also better understanding the possibility that other concomitant factors such as anxiety and depression may also be contributing to a patient's challenges. Having reliable and objective data that I trust and can review with patients has also been very valuable to my care of the patient. I highly recommend that physicians and clinicians involved in the care of those who may suffer from ADHD utilize Dr. Dodini's comprehensive yet easy program.

Sam Pappas, MD
Pappas Health

Client Testimonials

Dr. Dodini helped me interpret my QB Check results with empathy and transparency. He carefully explained the diagnosis, what the test measures, and provided resources to guide my next steps. I appreciate his prompt responses and commitment to comprehensive mental health care.

-Carlos R., IT Professional

I had a wonderful experience working with Dr. Dodini! My testing was in May 2020 so I was unsure of how it would work because of the pandemic, but everything was super easy and I received my results very quickly! Thank you!!!!

-Hannah B., Small Business Owner

Scheduling the test and follow-up appointment was really easy, and everything was handled online (due to Covid). During the follow-up, Dr. Dodini carefully went over my results and explained everything thoroughly, then communicated with my primary care to share the results and analysis, and his recommendations. I wish I'd found his office sooner, it was a great experience.

-Kristy G., Business Professional

Mr. XYZ, DOB 10/25/1981

1. Objective QbCheck Result

The test taker had a **QbCheck ADHD Total Symptom Score of 95**. A score above 50 represents a **high** likelihood for having ADHD-like symptoms.
314.01 (F90.2) Attention-Deficit/Hyperactivity Disorder, Combined Type



The test taker's Total Symptom Score equals a **high** ADHD Total Symptom Level. About 7% of the general population display a similar level of ADHD-like symptoms.

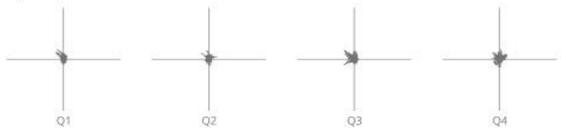
QbCheck ADHD Total Symptom Level

Mr. XYZ will benefit from a medication evaluation to address very high levels of activity, impulsivity, and inattention related to ADHD. Relative to men his age, Mr. XYZ has very severe symptoms. He is in the 99th percentile in all categories. In the subjective questionnaire, Mr. XYZ under represents the severity of symptoms compared to the severity of symptoms observed in the objective data.

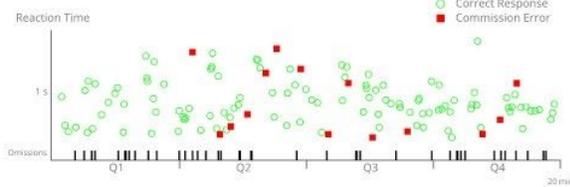
2. Detailed QbCheck Result

Aaron Dodini, Ph.D., Clinical Psychologist

Activity Graph



Attention and Impulse Control Graph



4. Objective Measures - allow for comparison to a normative group

The objective measures add valuable information to your interpretation and are expressed in Q-scores and percentiles. The Q-Scores allow for comparison with the performance of an age and gender adjusted norm group. The percentile expresses (in percent) the probability of a normative person to score lower than the test person.

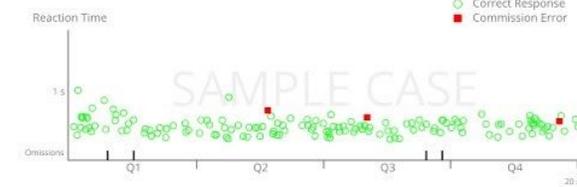
Activity		-3	0	+3	Q-Score	Percentile
MicroEventsX					2.4	99
Impulsivity	Commission Errors				2.6	99
Inattention	Omission Errors				2.3	99
	Reaction Time				2.9	99
	Reaction Time Variation				3.8	99

3. Sample Case

Activity Graph - Sample Case



Attention and Impulse Control Graph - Sample Case



Site ID: 430 Test Taker ID: 9Qcalr0C33 Date of Birth: 25-10-1981 Test Details: 14-04-2020, 06:39 AM Age: 38y, 5m. Gender: Male

1(2)

About the Rating Scale

The QbCheck Rating Scale adds a subjective perspective to the evaluation process. The scale is developed from the 18 questions in DSM-5, describing patterns of behavior associated with ADHD. Each behavior is rated over the last 6 months and graded as Never/Rarely, Sometimes, Often and Very often.

Children 6-17 years, must present Often or Very Often on six items in at least one category to display a persistent pattern of ADHD-like symptoms according to the DSM-5 criteria. Test takers 18 years and older must present with five items rated Often or Very often in at least one category, in order to display a persistent pattern ADHD-like symptoms according to the DSM-5 criteria.

Rating Scale Results

This test taker has 6 items in the Inattentive category and 6 items in the Hyperactive/Impulsive category that are rated as Often or Very Often. The test taker thus meets the criteria for displaying ADHD-like symptoms according to DSM-5.

Rating Scale Overview - Reporter: Unknown

Inattention	Never or Rarely	Sometimes	Often	Very Often
Difficulty paying attention to details or makes careless mistakes unless interested	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Difficulty staying focused unless interested	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Difficulty listening when spoken to directly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Difficulty following through on tasks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Difficulty organizing and managing tasks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Avoiding sustained mental effort unless interested	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Losing things	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Easily distracted by the environment or by unrelated thoughts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Forgetful	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sum of items rated Often and Very Often			1	5

Hyperactivity/Impulsivity	Never or Rarely	Sometimes	Often	Very Often
Fidgeting, or squirming in my chair	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Finding reasons to leave my seat when expected to remain seated	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Moving about excessively or feeling restless	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Difficulty engaging in leisure activities quietly	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Feeling uncomfortable being still for extended time periods	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Talking excessively	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Blurting out answers or thoughts	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Difficulty awaiting my turn	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Interrupting or imposing on others	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sum of items rated Often and Very Often			6	0

Site ID: 430 Test Taker ID: 9Qcalr0C33 Date of Birth: 25-10-1981 Test Details: 14-04-2020, 06:39 AM Age: 38y, 5m. Gender: Male

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