



## LOVENOX INJECTIONS

Injections of LOVENOX are given to yourself once a day. **The injection should be given at the same time each day**, either in the morning or the evening. Your physician will advise you how long you will take Lovenox.

### **INSTRUCTIONS:**

- Clean the area of the abdomen with alcohol and let it air dry (do not blot dry).
- Uncap the Syringe (medication comes in pre-packed syringes) and set aside.
- Remaining supply of Lovenox syringes are stored at room temperature.
- Gently pinch a portion of the cleansed area of abdominal tissue between your thumb and index finger, creating a fold of skin and underlying fat that is an inch or so thick. The center of this fold, midway between your thumb and index fingers, is your target for needle insertion.
- While holding the syringe like a dart, insert the full length of the needle directly (straight-on) through the skin. (Note: Quick insertion makes for a less painful skin puncture.) Once the full length of the needle is inserted, push the syringe plunger all the way down.
- Withdraw the needle from the injection site.
- Release your thumb and index finger from the fold of flesh.
- Cap syringe place into the "Red" biohazard container.

### **Note:**

You should select an alternate (different) injection site each time around your abdomen. **(Do not inject the same area or side of your abdomen twice in a row).**

You may be asked to do this injection more than once a day (twice), the doctor will specify.

You will be asked to stop Lovenox one day prior to egg retrieval or aspiration and then resume the day after the aspiration.