



HCG INJECTION

Date: _____ @ _____ **SHARP!**

Please circle the injection site and write HCG on your leg.

Patient Instructions for Sub-Q Injection

1. Wash your hands.
2. Use 3cc syringe with 22G 1 ½ " needle to mix medications.
3. Mix 1ml of sterile water with the vial of powder.
4. After mixing, pull all medication out into the syringe and change needle to 30G ½ " needle.
5. Clean injection area with alcohol and allow to air dry.
6. Gently pinch the skin and position the needle at a 90 degree angle. Do not squeeze too hard or the medication will squirt out after injected.
7. Hold the syringe like a pencil and insert the needle quickly with a dart-like motion all the way through the skin and push the plunger in steadily.
8. Withdraw the needle at the same angle at which it was inserted. Wipe the injection site with a cotton ball or gauze pad.
9. Discard the needle and syringe into an acceptable container.

Patient Name: _____

Patient Signature: _____

Date: _____ Staff Initials: _____

