

TOP DOCTOR



SOHAN R. VARMA, MD
TOP INTERNIST

Sohan R. Varma, MD, an Internist with Washington Internal Medicine

A board-certified physician specializing in internal medicine, Dr. Varma is the Founder of Washington Internal Medicine in Chantilly, Virginia. He believes in a complete healthcare plan for the patient which includes physical, mental, social and spiritual health. He aims to provide the highest quality care and spend time getting to know his patients on an individual level.

Washington Internal Medicine is a single specialty, physician owned medical practice located in Chantilly, Virginia. The clinic was established in August 2020 by Dr. Sohan R. Varma with a mission of providing compassionate, patient centered, high quality health care to the local community.

A native of the Washington, DC metro area, Dr. Varma graduated cum laude from George Mason University with a Bachelor of Science degree in Biology with a minor in Chemistry. He graduated with honors and obtained his medical degree from the Ross University School of Medicine in Miami, Florida in 2009. He then went on to complete his internship training at Mount Sinai School of Medicine and residency training at Icahn School of Medicine in 2014.

Passionate about his profession, the doctor is board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

In his professional experience, Dr. Varma has a combined 9 years experience working in acute care setting/primary care as a hospitalist/internist at Reston Hospital Center and Elmhurst Hospital. Currently, apart from developing his private practice, he provides services in nursing homes in Fairfax, Loudon, Prince William, and Winchester counties.

An enthusiastic researcher, his focus of research has been Chronic Hepatitis B and inflammatory bowel disease. He has also co-authored a case report published in the Chest Journal on Dengue Shock Syndrome in 2015.

