

New Skin Medical
James C. Sherman M.D.

BOTOX PRE & POST-TREATMENT INSTRUCTIONS

PRE-TREATMENT

Avoid topical products such as Tretinoin (Retin-A), Retinols, Retinoids, Glycolic Acid, or any anti-aging products.

Avoid waxing, bleaching, tweezing, or other hair removal treatment on area to be treated.

Do not use **BOTOX** if you are pregnant or breastfeeding, or suffer from any neurological disorders.

Day of Treatment

Please **do not wear makeup**. You may bring your make to apply after treatment.

You may experience a mild amount of tenderness or a stinging sensation following injections.

Redness and swelling are normal. Some bruising may also occur.

You may experience some tenderness at the treated area, this could last for a few hours or a few days.

Post-Treatment

Stay in a vertical position for four hours following injections.

You may apply ice to the treated area (avoid pressure) as this will help with bruising and swelling.

Avoid excessive pressure on the treated area for the next few days. Be very gentle when applying makeup or cleansing your face.

Avoid Exercise or strenuous activities for the remainder of the day

Avoid extended sun exposure until any redness/swelling has subsided. You should use a sunscreen SPF 30 or greater.

Wait a minimum of 24 hours (or as directed by provider) before any skin care or laser treatments.

Additional Instructions:

If you have any questions please contact New Skin Medical
Phone Number: 706-836-0951 Contact at Clinic: Christina