

A physical therapist helps a patient regain strength after joint replacement surgery so that she can return to her daily living activities.



SJMO NAMED MICHIGAN'S BEST FOR KNEE AND HIP REPLACEMENT

If you're looking for a highly rated hospital for knee and hip replacement, consider St. Joseph Mercy Oakland (SJMO). In a recent analysis by Medicare of 192 U.S. hospitals, 97 were identified as having patients with the smoothest recoveries after hip and knee replacement surgeries. Among those, SJMO was the only one in Michigan that earned a "better" rating in the two categories in which hospitals were evaluated: readmission after hip/knee surgery and complications following hip/knee surgery.

The analysis is aimed at improving quality at U.S. hospitals. In its analysis, Medicare looked at how often patients were readmitted to the hospital within 30 days of discharge and how often patients had complications after the procedure. Complications include heart attack, pneumonia, infection or shock within seven days of admission, in addition to bleeding at the surgery site, blood clot in the lung or death within a month of admission. Medicare also looked at complications from implants and infections of the joint or wound within 90 days of admission.

"St. Joseph Mercy Oakland adheres to the highest standards in orthopedic surgery and joint replacement," says Jack Weiner, SJMO President and CEO. "Individuals who come to St. Joe for knee or hip replacement can be assured that our skilled and experienced surgeons and clinicians will provide them with the highest levels of patient safety and quality care, along with an exceptional experience."

Most patients resume normal activities—such as walking, driving and shopping—in less than three weeks after surgery, and more than 90 percent go home rather than to a rehabilitation or extended-care facility.

This recognition coincides with St. Joe's receiving the Joint Replacement Excellence Award™ and Orthopedic Excellence Award™ by an independent national ratings

organization. These awards recognize hospitals for superior outcomes in hip and knee replacement, hip fracture treatment, and spine surgery. This means that patients who have surgery at St. Joe have a lower risk of complications and death.

SJMO has won local and national awards and recognition for its orthopedics program and Joint Care Center, including:

- Designation as a Blue Cross Blue Shield Distinction Center+ for Knee, Hip and Spine Surgery
- Designation as an Aetna Institute of Quality for Total Joint Replacement and Spine Surgery
- Five-Star Rating for Excellence in Joint Replacement and Orthopedic Surgery as rated by an independent health care ratings organization

Our patient outcomes are better than the national average, and our Joint Care Center, which is a model for orthopedic programs around the U.S., provides a comprehensive and personalized program for patients undergoing elective surgery for total knee or hip replacement. Recognized for quality, patient safety and cost efficiency, SJMO's orthopedics program takes a multidisciplinary approach, focusing on seamless care from hospital to home.

In addition to hip and knee replacement, St. Joe's orthopedics program offers:

- A renowned foot and ankle program
- Cutting-edge procedures and minimally invasive surgery
- A renowned rehabilitation program
- General orthopedics
- Treatment of hand, wrist and spine disorders and workplace injuries
- Joint reconstruction and replacement
- Orthotics and prosthetics services
- Outpatient procedures
- Pediatric orthopedics
- Physical therapy
- Sports medicine
- Round-the-clock acute trauma and emergency care

To locate a St. Joe's orthopedics specialist near you, call **800-372-6094**.

GET READY TO GO PAPERLESS!

GET THE LATEST ST. JOE NEWS BY EMAIL

The *Michigan Medical Report* is going digital! Soon you'll be able to receive health and medical news from St. Joseph Mercy Oakland in your email inbox. Offering a digital format will help us to be environmentally responsible by reducing our use of paper. You'll still get the latest about St. Joe's programs, services and procedures; additions to our medical staff; community events; and more. To sign up early, go to **xxxxxxxx.xxx**.

We appreciate you as a reader and will continue to bring you up-to-date information to improve and maintain your health and that of your family. And we'll let you know in the pages of the *Michigan Medical Report* when the newsletter is available.

COMMUNITY EVENTS

FREE Michigan Bariatric Institute Seminars

Wednesdays, Aug. 6, Sept. 3, Oct. 1, Nov. 5 6 p.m.

"A Minimally Invasive Approach to Treating Obesity," presented by Jacob Roberts, DO
St. Joseph Mercy Oakland Franco Communications Center
44405 Woodward Ave., Pontiac

Learn about St. Joe's bariatric surgery program and the types of procedures it offers. To register, call **877-WHY-WEIGHT (877-949-9344)**.

FREE Metabolic Nutrition and Weight Management Program

Please call for seminar dates 6 p.m.

St. Joseph Mercy Oakland Franco Communications Center
44405 Woodward Ave., Pontiac

These seminars provide information about the serious medical complications of being overweight and how SJMO's program can help you. Registration is recommended and appreciated. To register, call Metabolic Nutrition and Weight Management at **248-858-2475**.

FREE Stroke Education and Support Group

● Wednesday, July 9

"Discussion With a Stroke Nurse: How to Find Credible Stroke Resources on the Internet," presented by Heidi R. Warrington, BSC, RN, CNRN

● Wednesday, Aug. 13

"Memory, Thinking and Skills," presented by Adrienne Krystyniak, MA-CCC, SLP

1 to 3 p.m.

St. Joseph Mercy Oakland Woodward Professional Building (enter at Rehabilitation Services entrance and proceed to lower level) 44428 Woodward Ave., Pontiac

This support group is for stroke survivors and their caregivers. The group offers stroke education and promotes sharing with other survivors and caregivers as well as mutual support. It also offers information on how patients can restore their quality of life post-stroke. For more information, call **248-858-3295**.