

You can lose weight.

It is possible for you to lose weight. You can do it without major surgery, without pills, and without the troublesome side effects of bariatric surgery. You can do it without giving up the life you enjoy. You can do it even if you've failed many times before.

*You can do it on your terms,
with the AspireAssist.*



What do you have to lose?

How much weight do you want to lose? 50 pounds? 150 pounds? More? Whatever the number, the odds are that the AspireAssist can help you succeed. On your terms.

Is it right for me?

The AspireAssist is approved for adults age 22 or older with a Body Mass Index between 35 and 55, who have failed to lose weight with diet and exercise. Talk to your doctor about whether the AspireAssist is right for you.

For more information:

About losing weight safely and sensibly with the AspireAssist, talk to your doctor, visit our website, or call us today.

1-877-312-0007

www.aspirebariatrics.com

Smart, effective
weight loss.
ON YOUR OWN TERMS.



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AspireAssist is the best choice I've ever made. It began an entire new life for me.

LOTTA | ASPIREASSIST USER
who has lost 145 pounds

What to Expect

WITH THE ASPIREASSIST

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AspireAssist has helped me take control and develop a healthy relationship with food.

AMBER | ASPIREASSIST USER

The AspireAssist puts you in control.

The AspireAssist was developed by world-renowned physicians to help people lose weight safely and sensibly. It's a simple and discrete approach that puts you in control of your own weight loss.

With the AspireAssist, you're in good company.

The AspireAssist has been tested over several years. Hundreds of people have used it to meet their weight-loss goals. Even people who have failed many times in their attempts to lose weight find they can succeed with the AspireAssist.



15 MINUTE PROCEDURE



GRADUALLY LEARN HEALTHY BEHAVIORS



MORE WEIGHT LOSS THAN DIET AND EXERCISE ALONE



LOW RISK

How the Device Works.

The AspireAssist reduces the amount of calories your body processes. During a non-surgical outpatient procedure, a small tube is inserted into your stomach. The tube connects to a button on the surface of your skin.

After you eat a meal, this small and discrete device allows you to empty about 30% of the contents of your stomach into a toilet. This simple, private process takes you 5 to 10 minutes. No one needs to ever know.

Because the AspireAssist requires that you chew your food well, you're likely to find that you eat more slowly and feel full sooner, good steps to take toward maintaining weight loss.

Enjoy living normally while losing weight.

While using the AspireAssist, you'll lose weight, but nothing else. There's no need to give up any particular food or beverage, although you will gradually learn to eat healthier. You do not need to limit your activities in any way.

Side effects are few and generally minor. Because your gastrointestinal anatomy is not altered, you don't suffer the vomiting, reflux or nutritional deficiencies that are seen with other weight loss procedures.

In clinical studies, the most common side effects were abdominal discomfort and irritation. Other less likely risks include infection and stomach ulceration, which can generally be resolved with medication or tube removal.



PHYSICIAN-MONITORED PLAN

A smart, physician-monitored approach.

An important part of the AspireAssist therapy is a physician-monitored plan to establish healthier habits and make lifestyle changes that can support your weight loss. The AspireAssist is a powerful tool to reinforce these changes because it helps you learn to chew more carefully and eat more slowly. So while you can see results quickly, you'll know that you're also working toward long-lasting change.



REVERSIBLE

Give up the AspireAssist whenever you're ready.

Although it's intended for long-term use, you may choose to have the device removed once you've reach your goal weight and have made healthy lifestyle changes. The AspireAssist tube can be removed in a simple 10-minute procedure. Of course you can also continue to use the AspireAssist as long as you like. It's up to you.



BEFORE



AMBER | Lost 70 pounds