



Preventive Health Care Counseling

Preventive care is so important in everyone's life. Women need yearly pelvic and breast exams to preemptively prevent a possible life changing event. Just because you may be past child bearing years or you have gone through menopause does not mean that you shouldn't see your Obgyn annually.

Click on the links below to find out more.

Mammograms -

<https://www.acog.org/Patients/FAQs/Mammography-and-Other-Screening-Tests-for-Breast-Problems#mammography>

Mammography and Other Screening Tests for Breast Problems -

<https://www.acog.org/Patients/FAQs/Mammography-and-Other-Screening-Tests-for-Breast-Problems>

Benign Breast Problems and Conditions -

<https://www.acog.org/Patients/FAQs/Benign-Breast-Problems-and-Conditions>

Myriad myRisk Education Tool (BRCA) -

<https://mysupport360.com/>