



WELCOME TO ABUNDANT HEALTH CHIROPRACTIC

How did you hear about us? Walk/Drive by Referred - If so, by who: _____
 Other: _____

PATIENT INFORMATION

Name: _____ Age: _____ Today's Date: _____
Last First Middle

Address: _____
City State Zip

Primary Phone: _____ Other Phone: _____ Sex: M _____ F _____

DOB: _____ SSN: _____ E-mail: _____

Single Married, Spouse's Name: _____ Divorced Widowed No. of children: _____

Occupation: _____ Employer: _____

Employment Status (check one) Employed Student Other Retired Self Employed

Employer's Address: _____ Employer's Phone: _____

Primary Care Physician: _____ Phone: _____

Race (check all that apply))

- White Black/African American Hispanic American Indian/Alaskan Native
- Asian Asian Indian Chinese Filipino
- Japanese Korean Vietnamese Native Hawaiian/ Pacific Island
- Samoan Guamanian or Chamorro Other _____ I choose not to specify

EMERGENCY CONTACTS

Name: _____ Relationship: _____
Home: _____ Work: _____ ext. _____ Cell: _____

| Exercise: | Work Activities: | Hobbies/Interests: | Habits: |
|--|---|--------------------|--|
| <input type="checkbox"/> None <input type="checkbox"/> Moderate <input type="checkbox"/> Heavy <input type="checkbox"/> Daily | <input type="checkbox"/> Sitting <input type="checkbox"/> Standing <input type="checkbox"/> Light Labor <input type="checkbox"/> Heavy Labor | | <input type="checkbox"/> Smoking Cigarettes/Day ____ <input type="checkbox"/> Alcohol Drinks/Week ____ <input type="checkbox"/> Caffeinated drinks: Drinks/Week ____ <input type="checkbox"/> High Stress Level: Reason _____ |

On a scale of Poor, Good, or Excellent, describe your: Diet _____ Exercise _____
Sleep _____ General Health _____

Do you currently smoke tobacco of any kind? Yes Former smoker Never been a smoker
If yes, how often do you smoke: Current every day smoker Current sometimes smoker
If yes, what is your level of interest in quitting smoking?
 0 1 2 3 4 5 6 7 8 9 10 (very interested)

Current medications: Including frequency and dosage if known. If there are no current medications, check here:

| | Start Date | | Start Date |
|----------|------------|----------|------------|
| 1) _____ | | 5) _____ | |
| 2) _____ | | 6) _____ | |
| 3) _____ | | 7) _____ | |
| 4) _____ | | 8) _____ | |

List any known allergies you have had to any medications.

If no allergies are known, check here:

- 1) _____ 3) _____
 2) _____ 4) _____

Briefly list your main health problems: _____

Has any doctor diagnosed you with Hypertension presently? Yes No

If yes, describe: _____

Has any doctor diagnosed you with Diabetes presently? Yes No

If yes, what kind? Type I Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%? Yes No Not Sure

If yes, other comments regarding Diabetes: _____

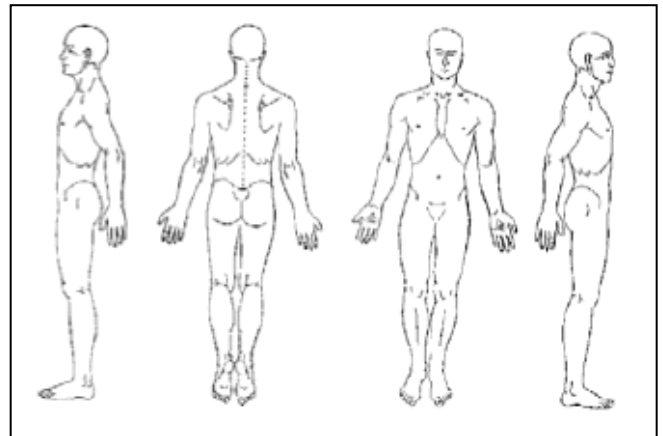
ADDRESSING THE ISSUES THAT BROUGHT YOU TO THE OFFICE

If you are here for wellness services and have no symptoms or complaints, please check here _____ and skip this portion. Others need to briefly describe the chief area of complaint, including the effect it has had on your life.

Using the adjacent body charts, please circle all affected areas and label with the following:

- Pain (circle all areas of pain)
- Numbness (mark with // // // /)
- Tingling (mark with "X")

Briefly describe what you have been experiencing:



LEFT BACK FRONT RIGHT

If you are experiencing pain, is it... (check all that apply):
 Sharp Dull Comes & Goes Travels Constant

Since the problem started, it is...
 About the Same Getting Better Getting Worse

What makes it worse: _____

It interferes with: Work Sleep Walking Sitting Hobbies Leisure Other: _____

Other Doctors seen for this problem (please list):

Chiropractor: _____ Medical Doctor: _____

Other: _____

List any past serious accidents with dates:

Are you pregnant or nursing? Yes No

Please check all symptoms you have ever had, even if they do not seem related to your current problem:

| | | | | |
|---|---|--|--|---|
| <input type="checkbox"/> Headache | <input type="checkbox"/> Upset Stomach | <input type="checkbox"/> Short Breath | <input type="checkbox"/> Loss of Smell | <input type="checkbox"/> Dizziness |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Fatigue | <input type="checkbox"/> Tension | <input type="checkbox"/> Loss of Strength | <input type="checkbox"/> Ears ring |
| <input type="checkbox"/> Stiffness | <input type="checkbox"/> Fever | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Loss or change of Taste | <input type="checkbox"/> Nausea |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Sleep Problems | <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Loss of coordination | <input type="checkbox"/> Cold Hands |
| <input type="checkbox"/> Sensitive Eyes | <input type="checkbox"/> Irritability | <input type="checkbox"/> Mood changes | <input type="checkbox"/> Fainting | <input type="checkbox"/> Cold Sweats |
| <input type="checkbox"/> Menstrual Pain | <input type="checkbox"/> Mood Swings | <input type="checkbox"/> Cold Feet | <input type="checkbox"/> Stiff Neck | <input type="checkbox"/> Problem Urinating |
| <input type="checkbox"/> Loss of Memory | <input type="checkbox"/> Numbness in Toes | <input type="checkbox"/> Depression | <input type="checkbox"/> Ulcers | <input type="checkbox"/> Menstrual Irregularity |
| <input type="checkbox"/> Hot Flashes | | <input type="checkbox"/> Nervousness | | |
| <input type="checkbox"/> Heartburn | | | | |

Vitals: B/P: _____/_____ Weight: _____ Height: _____

ACCOUNT RESPONSIBILITY (Who is responsible for this account?)

Self Family Member Other: _____

Method of Payment: Cash Check Credit Card Credit Care Insurance

Insurance Company: _____ Policy/ID#: _____

Insured's Name: _____ Insurance Phone: _____

Claim#: _____

I, the undersigned, certify that I (or my dependent) have insurance with the above carrier and assign directly to Dr. Sutton all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.

Responsible Party's Signature: _____ **Date:** _____

Please bring your Insurance Card and I.D. to the front desk to make copies for our records.