

Dr. Bridget O'Brien PT, DPT

Physical Therapist

Education:

- Doctor of Physical Therapy, Governors State University
- Bachelor of Science in Pre Physical Therapy, University of Dayton

Continuing Education:

- Myopain Dry Needling I: Foundations 1
- Myopain Dry Needling II: Foundations 2

Professional Interests

Bridget has recently moved from Chicago, and has worked in a variety of settings with various patient populations. She has a special interest in working in the outpatient setting with patients with joint replacements and post surgical procedures. She practices a holistic treatment style with focus on manual therapy, dry needling, targeted therapeutic exercise, function specific strengthening, and comprehensive patient education to improve patients functional capacities.

Personal Interests

She enjoys exploring her new state of Colorado and is excited to learn to ski!