



## WESTERN ORTHOPAEDICS

*Excellence in Motion*

1830 Franklin Street, Suite 450  
Denver, CO 80218  
Phone: 303-321-1333  
Toll-Free: 888-900-1333  
Fax: 303-321-0620

**James C. Holmes, M.D.**

Orthopaedic Specialist  
Sports Medicine  
Disorders of the Knee

**Timothy J. Birney, M.D.**

Orthopaedic Specialist  
Disorders of the Spine

**Edward (Ted) H. Parks, M.D.**

Orthopaedic Specialist  
Sports Medicine  
Joint Replacement/Reconstruction  
Arthroscopy

**Armodios M. Hatzidakis, M.D.**

Orthopaedic Specialist  
Shoulder and Elbow

**Raj Bazaz, M.D.**

Orthopaedic Specialist  
Shoulder and Knee  
Sports Medicine

**Kevin K. Nagamani, M.D.**

Orthopaedic Specialist  
Foot and Ankle Surgery

**Brian J. White, M.D.**

Orthopaedic Specialist  
in Disorders of the Hip

**Steven M. Traina, M.D.**

Orthopaedic Specialist  
in Disorders of the Knee  
Shoulder and Sports Medicine

**Thomas G. Mordick, II, M.D.**

Hand Surgery

**Benjamin W. Sears, M.D.**

Orthopaedic Specialist  
Disorders of the Shoulder  
and Elbow

**Sean Baran, M.D.**

Orthopaedic Specialist  
Disorders of the Hip and Knee  
Sports Medicine  
Joint Replacement

[www.Western-Ortho.com](http://www.Western-Ortho.com)

## ANTIBIOTIC THERAPY/DENTAL VISITS

In order to minimize possible infections from bacterial seeding following dental work, Western Orthopaedics recommends the use of antibiotics as a preventative measure. The recommendations state the following patients should utilize antibiotic treatment for life:

1. Any patient following a joint replacement
2. Any patient following implantation of spinal instrumentation
3. Patients with certain chronic diseases which would increase their risk for infection. These include patients with inflammatory joint issues such as rheumatoid arthritis and lupus. Malnourished patients or patients with cancer, hemophilia, previous prosthetic infections, and those on steroids should use antibiotics prior to dental work.

### Current recommendations for antibiotic treatment:

1. Amoxicillin, 2 grams orally, one hour prior to dental procedure
2. **Patients allergic to Penicillin** – Clindamycin 600mg orally, one hour prior to dental procedure
3. If the patient is unable to take oral medications, they should be given 1 to 2 grams of Cefazolin, depending on their weight, intravenously (IV), or 600mg of Clindamycin (if allergic to Penicillin), IV, one hour prior to the dental procedure.

**We ask our patients to NOT have any ROUTINE dental work 6 weeks prior to or after surgery to minimize the risk of infection.**

Should you have any questions or concerns regarding the above, please feel free to contact us.

Sincerely,  
The Providers of Western Orthopaedics