

Post-Operative Instructions for PRK

You may experience burning, irritation and blurry vision immediately after surgery, which could last for 2-3 hours.

*TAKE 1 IMMEDIATELY AFTER SURGERY BEFORE NAP
START EYE DROPS LISTED BELOW AFTER YOU WAKE UP FROM YOUR NAP

1. PREDNISOLONE Steroid Drop (Shake Bottle) follow taper schedule below.
1 DROP 4X DAILY FOR 1st MONTH
1 DROP 2X DAILY FOR 2nd MONTH
1 DROP 1X DAILY FOR 3rd MONTH
2. POLYTRIM Antibiotic Drop – 1 DROP 4X DAILY FOR 1 WEEK
3. PROLENSA Anti-Inflam. Drop – 1 DROP 1X DAILY FOR 3 DAYS
4. COMFORT DROPS – "Tetracaine" Use as needed for discomfort. NO more than 12x in 24hrs (NOT MORE THAN EVERY 2 HRS – WILL SLOW HEALING PROCESS)
5. ARTIFICIAL TEARS – (Clear bottle white cap) 1 Drop EVERY 1-2 hrs as needed UNTIL FINISHED
6. VITAMIN C – 1,000 MG A DAY FOR 3 MONTHS
7. – 1 TAB Every 4-6 hours as needed

*A contact lens will be placed in each eye after the procedure to speed up the healing time. The doctor will remove the contact lenses in one week.
Please do not touch the lens while it is in your eye.

*Please remember that the healing time for a PRK/LASEK procedure is longer than that of a regular Lasik procedure. However, at one month the vision is usually equivalent to a Lasik eye and will still continue to improve.

Next Appointment: _____

IF YOU EXPERIENCE A SUDDEN DECREASE IN VISION OR SEVERE PAIN PLEASE CALL DR. COHEN AT THE OFFICE (561) 981-8400 OR ON HIS CELL PHONE IMMEDIATELY