

# THE STERNBERG CLINIC

Patient Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ What name would you prefer to be called? \_\_\_\_\_ Gender (Circle one): Male Female

Parent's Name (if patient is a minor): \_\_\_\_\_ Parent's DOB: \_\_\_/\_\_\_/\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_

Email: \_\_\_\_\_ SSN# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Employed by: \_\_\_\_\_ Occupation: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Spouse's DOB: \_\_\_/\_\_\_/\_\_\_ Occupation: \_\_\_\_\_

**\*Please provide the front desk with your ID & health insurance card so they may make a copy\***

Health Insurance ID# \_\_\_\_\_ Customer Service Phone # \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_ Pharmacy Phone: ( ) \_\_\_\_\_

In case of emergency call: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: ( ) \_\_\_\_\_

What is the reason for your visit today? \_\_\_\_\_

## MEDICAL HISTORY

Primary Care Physician (include address if not local) \_\_\_\_\_ Phone number: ( ) \_\_\_\_\_

Who referred you to our practice? \_\_\_\_\_ Please list other physicians you wish reports sent to \_\_\_\_\_  
 Same as above

*(Mark all that apply)*

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Heart Problems _____           | <input type="checkbox"/> Liver Disease (type _____) |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Heart Attack                   | <input type="checkbox"/> Pneumonia/Bronchitis       |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Hepatitis, type _____          | <input type="checkbox"/> Stomach Ulcer/Acid Reflux  |
| <input type="checkbox"/> Bleeding/Blood Disorder | <input type="checkbox"/> High Blood Pressure            | <input type="checkbox"/> Stroke                     |
| <input type="checkbox"/> Crohn's Disease         | <input type="checkbox"/> High Cholesterol or lipids     | <input type="checkbox"/> Thyroid Disease            |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> HIV/AIDS                       | <input type="checkbox"/> Tuberculosis               |
| <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Irritable Bowel Syndrome (IBS) | <input type="checkbox"/> Ulcerative Colitis         |
| <input type="checkbox"/> Emphysema               | <input type="checkbox"/> Immune Disorder                | <input type="checkbox"/> Other _____                |
| <input type="checkbox"/> Epilepsy/Seizures       | <input type="checkbox"/> Kidney Disease                 |   |
| <input type="checkbox"/> Glaucoma                |   |   |

Please list all of your previous operations and the approximate date (use back side of paper if needed):

1. \_\_\_\_\_ Date: \_\_\_\_\_

2. \_\_\_\_\_ Date: \_\_\_\_\_

3. \_\_\_\_\_ Date: \_\_\_\_\_

Have you ever had problems with anesthesia?  No  Yes Explain: \_\_\_\_\_

Do you have a pacemaker, defibrillator, or port?  No  Yes

If yes, what is the Manufacturer's Name: \_\_\_\_\_, Model Number: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## MEDICATIONS

If you don't take any medications, check this box:

Please list the medications (including over the counter) you take regularly and why you're taking it:

- |           |              |           |              |
|-----------|--------------|-----------|--------------|
| 1. _____  | Reason _____ | 2. _____  | Reason _____ |
| 3. _____  | Reason _____ | 4. _____  | Reason _____ |
| 5. _____  | Reason _____ | 6. _____  | Reason _____ |
| 7. _____  | Reason _____ | 8. _____  | Reason _____ |
| 9. _____  | Reason _____ | 10. _____ | Reason _____ |
| 11. _____ | Reason _____ | 12. _____ | Reason _____ |

If you take a blood thinning medication, which one do you take?

Aspirin, Coumadin, Warfarin, Plavix, Pradaxa, Xarelto, Aggrenox, or other \_\_\_\_\_

## ALLERGIES

If you don't have any known drug allergies, check this box:

Please list the medications that you are allergic to:

- |          |                |
|----------|----------------|
| 1. _____ | Reaction _____ |
| 2. _____ | Reaction _____ |
| 3. _____ | Reaction _____ |
| 4. _____ | Reaction _____ |

Do you have a latex allergy?  No  Yes

Do you have an allergic reaction to adhesives/tapes?  No  Yes

Are you allergic to iodine or shellfish?  No  Yes

If yes, what's your reaction \_\_\_\_\_

Yes

## SOCIAL HISTORY

Marital Status  Single  Married  Widowed  Divorced  Domestic Partner

Decline to answer

Sexual Orientation  Heterosexual  Homosexual  Bisexual  Decline to answer

Use of Alcohol  Never  Rarely  Moderate  Daily, \_\_\_\_\_ drinks per day

Use of Tobacco  Never  Previously, but quit: \_\_\_\_\_  Current, packs/day: \_\_\_\_\_

Use of Illicit Drugs  Never  Type/Frequency: \_\_\_\_\_  Decline to answer

Do you engage in anal-receptive intercourse?  No  Yes  Decline to answer

Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## FAMILY MEDICAL HISTORY

Has anyone in your family had cancer  No  Yes

Type of cancer \_\_\_\_\_ Relationship to you \_\_\_\_\_ Age diagnosed \_\_\_\_\_

Type of cancer \_\_\_\_\_ Relationship to you \_\_\_\_\_ Age diagnosed \_\_\_\_\_

Type of cancer \_\_\_\_\_ Relationship to you \_\_\_\_\_ Age diagnosed \_\_\_\_\_

Check (✓) if your blood relatives have  Colon polyps  Crohn's or ulcerative colitis  Thyroid/Endocrine Problems

## REVIEWS OF SYSTEMS (ROS)

***Please only check the boxes only if they are bothering you TODAY***

### CONSTITUTIONAL SYMPTOMS

- Good General Health
- Recent Weight Change
- Fever/Sweats
- Fatigue
- Headache

### SKIN

- Rashes
- Psoriasis
- Bruise Easily
- Abnormal Lumps
- No symptoms*

### NOSE

- Sinus Problems
- Breathing Problems
- No symptoms*

### CARDIOVASCULAR

- Palpitations
- Heart Murmur
- Chest Pain
- Irregular Heartbeat
- No symptoms*

### EARS

- Decreased Hearing

- Ringing in Ears

- No symptoms*

### GENITOURINARY

- Blood in Urine
- Frequency of Urination
- Painful Urination
- Loss of Bladder Control
- Enlarged Prostate
- No symptoms*

### GASTROINTESTINAL

- Nausea/Vomiting
- Constipation
- Diarrhea
- Blood in Stool
- Loss of Bowel Control
- No symptoms*

### ENDOCRINE

- Excessive Thirst/Appetite
- No symptoms*

### NEUROLOGIC

- Headache/Migraine
- Dizziness
- No symptoms*

### EYES

- Visual Loss

- Double Vision

- Painful Eyes

- No symptoms*

### THROAT

- Sore Throat
- Hoarseness
- Snoring
- No symptoms*

### RESPIRATORY

- Shortness of Breath
- Wheezing
- Cough
- No symptoms*

### MUSCULOSKELETAL

- Fractures/Sprains
- Osteoporosis
- Joint Swelling
- No symptoms*

### OTHER

- Pregnant: \_\_\_\_\_ weeks

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Reviewed by: \_\_\_\_\_ Date: \_\_\_\_\_

## MEDICAL ASSISTANTS USE ONLY

Ht: \_\_\_\_\_ Wt: \_\_\_\_\_ BP: \_\_\_\_\_ P: \_\_\_\_\_ T: \_\_\_\_\_

# THE STERNBERG CLINIC

## Office Policies & Procedures

*By signing below you affirm that you have read and understood the policies as outlined below. You are accepting financial responsibility for all services received.*

Printed Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Legal Representative Printed Name (if applicable): \_\_\_\_\_

Legal Representative Signature (if applicable): \_\_\_\_\_

### Notice of Privacy Practices

All of our employees, managers, and physicians are trained to understand and comply with government rules and regulations regarding the Health Insurance Portability and Accountability Act of 1996 (HIPAA). We strive to achieve the highest standard of ethics and integrity in performing services for our patients. It is our policy to determine uses of Personal Health Information in accordance with government rules, laws and regulations.

We are required by law to provide individuals with this notice of our legal responsibilities and privacy practices with respect to Protected Health Information. We are also required to maintain the privacy of, and abide by the terms of the notice currently in effect. If you have any questions in reference to this form, please ask to speak with our HIPAA Compliance Officer in person or by phone at the number listed below.

Tori Hastings

415-379-9015

tori@pacificplasticsurgerygroup.com

*HIPAA COMPLIANCE OFFICER*

*PHONE*

*EMAIL*

### Office Policy

#### **All patients must have proof of insurance.**

You are responsible to know the requirements of your policy. Your insurance card will have an 800 number listed. Please call them directly. If you have no proof of insurance, you will pay in full at the time service is provided.

#### **All Payments is expected at the time of visit**

Payment is required at the time services are rendered. This includes applicable co-insurance, co-payments, and deductibles for participating insurance companies. If our office must bill you for a co-payment, you will be charged a \$15.00 administrative fee. This fee cannot be charged to your insurance carrier. We accept cash, personal checks, Visa and MasterCard. A \$35.00 fee will apply on any returned check.

#### **Outstanding Balance**

Patients with an outstanding balance must make arrangements for payment prior to scheduling appointments.

#### **Copies of Records**

For copies of medical records, an advance payment of \$25.00 is required. The fee cannot be charged to your insurance carrier.

#### **Disability Forms**

For completion of all insurance disability forms other than California State Disability forms, an advance payment of \$20.00 is required. This fee cannot be charged to your insurance carrier.

**Billing Questions/Refunds**

If you need any assistance, please call our billing department between 9:00am and 4:30pm, Monday through Friday at (415) 379-9015. Overpayments will be refunded upon written request within 30 days of our office confirmation. Invoices over 30 days will incur a late fee of \$10.00

**Insurance**

We will bill participating insurance companies as a courtesy; however you are responsible for all charges not covered by your medical insurance, including but not limited to: copayments, deductibles, co-insurances and non-covered services.

**Cancellation Policy**

All patients who fail to arrive for their scheduled appointment or who cancel with less than 24 hour notice may be charged a non-refundable administrative fee of \$50. Failure to cancel any surgeries or procedures within 48 hours of your scheduled appointment will result in a \$100 fee. Any patient who cancels and reschedules a procedure two or more times may be charged an administrative fee for each occurrence. These fees cannot be charged to your insurance carrier.

**Assignment of Benefits & Treatment Authorization**

You are financially responsible for any changes not covered by your insurance carrier. It is your responsibility to notify us of any changes in your health care coverage. You are responsible for payment if the submitted claims or any part of them are denied for payment.

**Notice of Financial Interest**

While under our care, you may be advised to undergo certain endoscopic procedures or surgery for screening, diagnosis, management and possible treatment of your symptom or condition. We are in partnership with California Pacific Medical Center at the San Francisco Endoscopy Center and the Presidio Surgery Center, where these procedures can be safely and effectively performed.

California Business and Professions Code Section 654.2 require that The Sternberg Clinic disclose that we have a financial interest in the named centers. You may choose to have your procedures or surgery at a site in which we do not have a financial interest. If you wish, we can recommend an alternative site.

**Presidio Surgery Center**

*A California Pacific Medical Center Affiliate*

**San Francisco  
Endoscopy Center**

An Affiliate of  
California Pacific Medical Center

**Financial and Insurance/Health Maintenance Organization Assignment Policy**

Thank you for selecting our office for your medical/surgical care. It is our mission to provide you with the best quality care, and we are happy to discuss or answer any questions you may have regarding your treatments. However, before we begin, we ask that you read and understand your insurance/health maintenance organization contract and agree to our office policies. Important points you need to know regarding your medical insurance and/or medical benefits:

1. Your insurance policy and/or health maintenance organization policy is a contract between you, the insurance company and possibly your employer or other parties. We as medical care providers are not party to this contract. Our relationship is with you, not with your insurance company or your health maintenance organization. As a courtesy to you we may file your insurance claims. However, all charges for services rendered are your responsibility, whether or not it is covered by your insurance policy or health maintenance organization.

2. Although your insurance policy or health maintenance organization may offer a list of benefits and their level of coverage, the insurance company or health maintenance organization does not guarantee payment. We can obtain an estimate of your coverage prior to beginning your treatment, but we will not know your exact benefit or the covered amount until the insurance company or health maintenance organization makes the payment on the claim submitted by you or submitted by us on your behalf. I hereby authorize payments of medical benefits from my insurance company or health maintenance organization to be directly assigned to The Sternberg Clinic ("the Corporation") for services rendered. I understand and agree that I am financially responsible to the Corporation for all charges whether or not paid by my insurance company or health maintenance organization. I further agree that I am responsible for any costs incurred by the Corporation in attempts to collect debts owed by me to the Corporation including but not limited to reasonable attorneys' fees. I understand and agree that payments are due at the time of service, and late charges up to 1.5% per month may be assessed to delinquent accounts. I authorize The Sternberg Clinic and its agents and business associates to release all information necessary to secure the payment of benefits.

I understand and agree to all of the above.

Print Patient Name \_\_\_\_\_ Date \_\_\_\_\_

Patient Signature (or Parent/Guardian if patient is a minor) \_\_\_\_\_

Office Representative's Signature: \_\_\_\_\_ Date \_\_\_\_\_

**Acknowledgement of Receipt of Notice of Privacy Practices**

I hereby acknowledge that I received a copy of this medical practice’s Notice of Privacy Practices. I further acknowledge that a copy of the current notice will be posted in the reception are, and that I will be offered a copy of any amended Notice of Privacy Practices in each appointment.

\_\_\_\_ I would like to receive a copy of any amended Notice of Privacy Practices by email at:

\_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Print Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

**Acknowledgement of Notice of Association**

The Physicians in this office are not partners or otherwise affiliated in the same medical practice with 77 Plastic Surgery or Dr. Fan. They are all independent practitioners and simply share office space, equipment, and staff in their separate practices. They are not responsible for each other practices or patients.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Notice to Consumers**

Medical doctors are licensed and regulated by the Medical Board of California.

(800) 633-2322 [www.mbc.ca.gov](http://www.mbc.ca.gov)

and,

Physician Assistants are licensed and regulated by the Physician Assistant Board.

(916) 561.8780 [www.pac.ca.gov](http://www.pac.ca.gov)

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

If not signed by the patient, please indicate:

Relationship: \_\_\_\_\_ Parent or guardian of minor patient

\_\_\_\_\_ Guardian or conservator of an incompetent patient

Name of Patient: \_\_\_\_\_





# Arbitration Agreement

## ARTICLE 1

*It is understood that any dispute as to medical malpractice, that is, as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review or arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.*

## ARTICLE 2

a. Parties To The Agreement. The term "Patient" as used in this Agreement includes the undersigned individual, his or her spouse, children (whether born or unborn), and heirs, assigns, or personal representatives. The individual signing this Agreement signs it on behalf of the foregoing persons, and intends to bind each of them to arbitration to the full extent permitted by law.

The term "Provider" as used in this Agreement includes the undersigned doctor, nurse practitioner, nurse midwife, or other health care provider and his or her professional corporation or partnership, and any employees, agents, successors-in-interest, heirs, and assigns of the foregoing individuals or entities. The provider signing this Agreement signs it on behalf of all the foregoing individuals and entities, and intends to bind each of them to arbitration to the full extent permitted by law.

b. Treatment Covered. Patient understands and agrees that any dispute of the sort described in Article 1 between Provider and Patient will be subject to compulsory, binding arbitration.

c. Other Providers (If Applicable). Patient understands that he or she may at times receive treatment from one or more health care providers who take call for, render medical services by arrangement with, or otherwise substitute for the undersigned Provider. It is understood and agreed that any dispute of the sort described in Article 1 between Patient and such health care providers will also be subject to compulsory, binding arbitration.

d. Coverage of Prenatal Claims (If Applicable). Patient understands and agrees that, if Provider treats her during pregnancy, any dispute of the sort described in Article 1 as to medical treatment rendered to or affecting the unborn child will be subject to compulsory, binding arbitration.

## ARTICLE 3

a. Informal Resolution of Disputes. In the event Patient feels that an issue has arisen in connection with the medical care rendered by Provider, Patient will promptly notify Provider so that the parties may have an opportunity to resolve the matter informally.

b. Method of Initiating Arbitration. If the issue cannot be resolved informally, Patient may initiate arbitration by sending a written demand to the Provider briefly describing the nature of his or her claim. Patient and Provider shall each designate an arbitrator to act as their respective party arbitrators. If more than two parties participate in the arbitration, parties aligned with Patient shall select one party arbitrator, and parties aligned with Provider shall select the other party arbitrator. The two party arbitrators shall select a third person to serve as a neutral arbitrator, and the decision of the three arbitrators shall be final and binding upon the parties.

c. Applicable Law. The arbitration shall be conducted pursuant to the California Arbitration Act (C.C.P. 1280-1296). The arbitrators shall, in addition, have authority to order such other discovery as they deem appropriate for a full and fair hearing of the case. A determination on the merits shall be rendered in accordance with the law of the State of California which shall apply to the same extent as if the dispute were pending before a superior court of this State.

d. Interpretation of Agreement. If any part of this Agreement is held unenforceable, it shall be severed and shall not affect the enforceability of the remainder. This Agreement supersedes and replaces any previous arbitration agreement between Provider and Patient and applies to all care previously rendered by Provider to Patient.

## ARTICLE 4

a. Rescission. Once signed, this Agreement governs all subsequent medical services rendered by Provider to Patient until or unless rescinded by written notice within 30 days of signature. Written notice may be given by a guardian or conservator of Patient if Patient is incapacitated or a minor.

**NOTICE; BY SIGNING THIS CONTRACT, YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.**

Patient's Name (Please Print): \_\_\_\_\_

Dated: \_\_\_\_\_ Signed: \_\_\_\_\_

Provider's Name (Please Print): \_\_\_\_\_

Dated: \_\_\_\_\_ Signed: \_\_\_\_\_

