

Antihistamines **MUST** be stopped 2 weeks prior to allergy testing. Taking antihistamines prior to testing will cause the test to be inaccurate and the test will need to be rescheduled. Listed below are some common antihistamines. Some medications are not used for allergy symptoms but may contain an antihistamine in it. Please check the list below. **If you are on any of the following medications please call our allergy tech at 269-343-1296 Ext 210.**

Oral Antihistamine (Pills)

<u>Brand Name</u>	<u>Generic Name</u>
Allegra	fexofenadine
Allegra D	fexofenadine / Sudafed
Antivert	meclizine
Atarax	hydroxyzine
Atrohist	
Benadryl	diphenhydramine
Bonine	meclizine
Bromfed	brompheniramine / phenylephrine
Chlor Trimetion	chlorpheniramine
Claritin	loratidine
Claritin D	loratidine / Sudafed
Clarinex	desloratidine
Clistin	carbinoxamine
Codimal DH Syrup	
Dimetane Cough	brompheniramine
Dimetapp Allergy	brompheniramine
Dramamine	
Dura-Vent	
Extendryl	
Hismanal	astemizole
Hycomine Compound	
Kronofed	
Nolamine	phenindamine
Nolahist	
Pamine	methscopolamine
Periactin	cyproheptadine
Phenergan	promethazine
NO BRAND	pyrilamine
Rynatan	chlorpheniramine
Rynatuss	
Semprex	acrivastine
Sinulin	
Tavist	clemastine fumarate
Triaminic	phenylpropanolamine
Trinalin	
Tussionex	chlorpheniramine
Tylenol Allergy	
Tylenol Cold	
Tylenol Flu	
Tylenol PM	
Vistaril	hydroxyzine
Xyzal	levocetirizine
Zymine	triprolidine
Zyrtec	cetirizine

Antihistamine (Eye Drops)

<u>Brand Name</u>	<u>Generic Name</u>
AK-Con	naphazoline
Elestat	epinastine
Emadine	emedastine
Naphcon	naphazoline
Ophcon	naphazoline
Optivar	azelastine
Patanol/Pataday	olopatadine

Antihistamine (Nasal Spray)

<u>Brand Name</u>	<u>Generic Name</u>
Astelin/Astepro	azelastine

We cannot perform allergy skin testing on patients who take Beta Blockers. Beta Blockers sound like their name. They block important receptors on the heart and sometime lungs which make it difficult to give someone lifesaving medications in case of anaphylaxis. Beta Blockers are usually given to treat high blood pressure. They can also be used to treat Glaucoma, headaches, heart disease, or given after a heart attack. **Below is a list of common Beta Blockers. If you are on any of the following medications please call our allergy tech at 269-343-1296 Ext 210. Do not stop taking your Beta Blocker without first consulting with your doctor!**

Oral Beta Blocker (Pills)

<u>Brand Name</u>	<u>Generic Name</u>
	<i>Commonly ends in "-ol" or "-olol"</i>
Betapace	sotalol
	betaxolol
	bisoprolol
Blocadren	timolol
Cartrol	carteolol
Coreg	carvedilol
Corgard	nadolol
Corzide	nadolol/bendroflunetazide
Inderal	propranolol
Inderal LA	propranolol
Inderide	propranolol/HCTZ
Inderol	propranolol
InnoPran XL	propranolol
Kerlone	betaxolol
Levatol	penbutolol
Lopressor	metoprolol
Normodyne	labetalol
Normozide	labetalol/HCTZ
Sectral	acebutolol
Tenoretic	atenolol/chlorthalidone
Tenormin	atenolol
Timolide	timolol/HCTZ
Toprol XL	metoprolol
Trandate	labetalol
Visken	pindolol
Zebeta	bisoprolol
Ziac	bisoprolol/HCTZ

Eye Drop Beta Blocker

<u>Brand Name</u>	<u>Generic Name</u>
AK Beta	levobunolol
Betagan/Liquifilm)	levobunolol
Betopic	betaxolol
Optipranolol	metipranolol
Ocupress	carteolol
Timoptic	timolol

We cannot perform allergy skin tests on patients taking Monoamine Oxidase Inhibitors (MAOI's). Lifesaving medications may not work if a patient has an anaphylactic reaction. **If you are on any of the following medications please call our allergy tech at 269-343-1296 Ext 210. Do not stop taking your MAOI without first consulting with your doctor!**

MAOI's

<u>Brand Name</u>	<u>Generic Name</u>
Marplan	isocarboxazide
Nardil	phenelzine
Parnate	tranylcypromine

It is important to know if patients are taking Tricyclic Antidepressants (TCA's) as they may affect the results of allergy skin tests. Some are close cousins to the antihistamine family. **If you are on any of the following medications please call our allergy tech at 269-343-1296 Ext 210. Do not stop taking your antidepressant without first consulting with your doctor!**

Tricyclic Antidepressants

<u>Brand Name</u>	<u>Generic Name</u>
Adepin	doxepin
Anafranil	clomipramine
Asendin	amoxapine
Aventyl HCL	nortriptyline
Elavil	amitriptyline
Etrafon	amitriptyline
Limbitrol	amitriptyline
Ludiomil	maprotiline
Norfranil	imipramine
Norpramin	desipramine
Pamelor	nortriptyline
Sinequan	doxepin
Surmontil	trimipramine
Tofranil	impipramine
Triadapin	doxepin
Triptil	protriptyline
Vivactil	protriptyline