

Adult & Pediatric Ear, Nose & Throat Allergy Consent

The best treatment for allergies is to identify the offending substance(s) then carefully avoid exposure to them. This can be very effective for allergies to things like pets and foods, but is not possible for some allergies such as pollens, mold spores, and dust mites.

Immunotherapy, commonly referred to as “allergy shots” is a program designed to desensitize you to these substances to which you are allergic. Repeated injections of a sterile mixture, of those substances identified as causing your allergies, allows your immune system to build up protection against them. Medications such as antihistamines, oral decongestants, nasal sprays, and bronchodilators may be effective in controlling some of your allergic symptoms. Medications may be used along with immunotherapy.

After reviewing your test results with your provider, you will need to make the decision whether or not to undergo skin testing/immunotherapy. The following is a list of possible complications that are rare, but can occur.

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|-----------------------|-----------------|
| 1. Pain | 5. Itching |
| 2. Skin Infections | 6. Paresthesias |
| 3. Bleeding | 7. Erythema |
| 4. Anaphylactic Shock | 8. Death |

I understand that allergy skin tests/allergy injections have been scheduled for me. I authorize the procedures:

- Allergy Skin Tests
Patient/Parent Initials _____ Date _____ I have received the Allergy Testing Instructions _____ Date _____

- Allergy Injections
Patient/Parent Initials _____ Date _____ I have received the Allergy Injection Instructions _____ Date _____

In signing this statement, I acknowledge that I have read completely the Instructions for Allergy Testing / Injections and fully understand the information that it contains, and that I have been able to have any questions answered by either the allergy nurse or my provider. I understand that no warranty or guarantee has been made to me as to result or cure.

Name of Patient

Date of Birth

Signature of Patient or Guardian

Date

Adult & Pediatric Representative

Date