

# Allergy Health History Form

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Phone \_\_\_\_\_

Occupation \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

## Medical Information

**A. Chief Allergy Complaints: List each complaint**

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

**B. During which time of the year do you experience your symptoms:**

\_\_\_\_\_ Spring \_\_\_\_\_ Summer \_\_\_\_\_ Fall \_\_\_\_\_ Winter

**C. What prescription and non-prescription medications do you take?**

\_\_\_\_\_  
\_\_\_\_\_

Medication Allergies: \_\_\_\_\_

**D. Circle the following medical conditions you are experiencing or have experienced in the past:**

Current	Past	Current	Past
_____ hypertension	_____	_____ nasal surgery	_____
_____ skin disease	_____	_____ nasal polyps	_____
_____ hives	_____	_____ headaches	_____
_____ asthma	_____	_____ sinus disease	_____
_____ hay fever	_____	_____ anaphylaxis	_____

**E. List physicians you have consulted in the past for your allergies:**

\_\_\_\_\_

**F. Miscellaneous (indicate type)**

Dog (inside or outside)

Cat (inside or outside)

\_\_\_\_\_

Birds

\_\_\_\_\_

Feather pillows (how many)

\_\_\_\_\_

House Plants (how many)

\_\_\_\_\_