



Dr. Davey Suh
DFW Foot and Ankle
2281 Olympia Dr ste 200
Flower Mound, TX 75028
P: 972-899-2170
F: 972-899-2171

Plantar Wart Instructions

Is a harmless growth caused by HPV (Human Papillomavirus) and spreads in warm, damp (wet) areas; especially feet!

Caring for your Wart

Use the medication prescribed by Dr. Suh **DAILY**. Usually Salicylic Acid is called in to Flower Mound Pharmacy. This medicine may take 24-48 hours to make. Please call 972-355-4614 to inquire about the status of your medicine.

Cover the area with duct tape at Night, Dr. Suh prefers to use Medipore tape, you may find that on www.amazon.com.

Keep foot dry and put foot powder inside socks. Always wear socks and change them often to avoid having damp feet. You may also set your shoes in a place where they can dry out well when you are not wearing them. Use Lysol to disinfect your shoes between wearing them.

Also, Dr. Suh might prescribe Hypercare/Drysol, Hypercare/Drysol is used to treat sweaty feet. This medication will be used as follows: Apply on the bottom of you're feet every three days, if you're feet begin to get dry and crack stop using the medication and contact Dr. Suh.

Please pick up Tagamet 200mg (OTC) at your pharmacy. This medication will be taken as follows: 2 Tablet by mouth twice daily until directed to stop by Dr. Suh.

Your skin will begin to turn white and peel around the wart (this is normal). You may remove the whitish colored skin using a pumice stone or Pedi egg. Do not cut or shave the area being treated.

To prevent the spreading/returning of your wart:

Do not walk barefoot in public places. Wear shower shoes or sandals in warm damp areas such as shower stalls, locker rooms, and pool areas.

Do not scratch, cut, or pick at your wart.

Do not share or reuse items that have come in contact with wart (socks, washcloths, towels etc.). These items may be used again after they have been cleaned with hot water and soap.

Contact our office if:

- * Your wart becomes more painful.
- * You have bleeding that has not stopped after treatment.
- * You have redness, swelling or drainage from the treated area. These may be signs of infection.
- * If wart grows larger or is spreading and causing new warts.