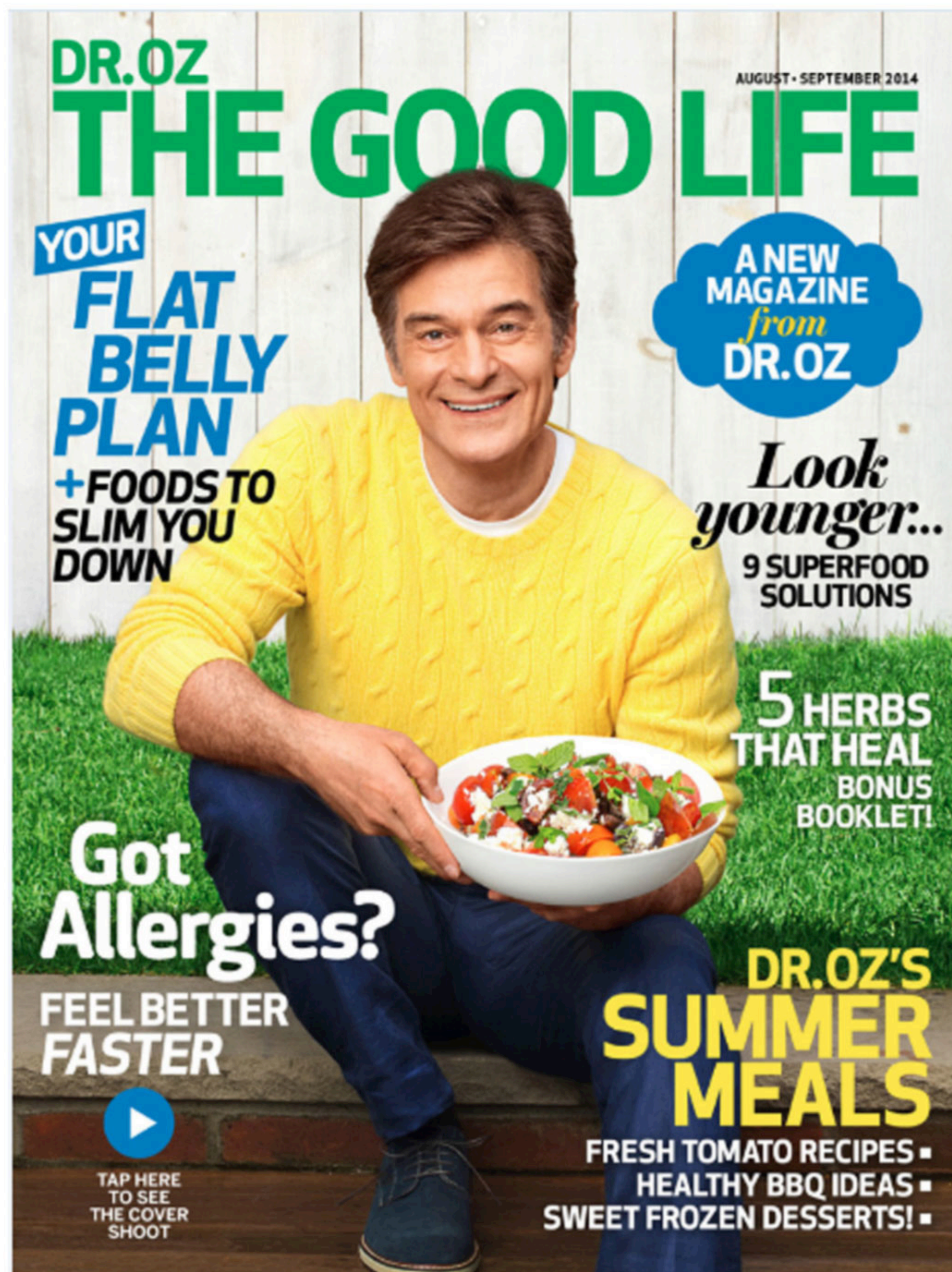


THE CENTER

FOR DERMATOLOGY, COSMETIC & LASER SURGERY

OUTLET: DR.OZ THE GOOD LIFE

DATE: JULY/AUGUST 2014



TRUE BEAUTY

Make Hair Color Last

It's a do-or-dye situation. How can you prevent summer fading?

Derm on Call
—David Bank, M.D.

Q To treat dark spots, I'm using a prescription cream and sunscreen. It's been months with no improvement. What gives?

A You may need to switch up your sun protection. Research suggests that visible light from lamps or a computer monitor can stimulate your skin's pigment-producing cells, just like the sun's rays do. Use a mineral-based block with zinc oxide or titanium dioxide, both of which deflect all light wavelengths.

Bank is assistant clinical professor of dermatology at New York-Presbyterian/Columbia University.

DR. OZ PICK
Dr. Perry's Day Cream, broad-spectrum SPF 45, \$45, drperrys.com

HYPOALLERGENIC

A product with this claim is unlikely to trigger an allergic response, but there's no way to be sure it won't cause *you* to have one. If you're sensitive, avoid synthetic fragrances, alcohol, and sulfates, says NJ-based cosmetic chemist NTKita Wilson.

TAP FOR CREDITS

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