

InStyle

Editor
Guides

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HOW CAN I TELL IF IT'S ROSACEA OR JUST REDNESS?

While all rosacea sufferers have sensitive skin, not all those with sensitivity have rosacea: "The difference is that rosacea patients get red and stay red often for hours on end," says Mt. Kisco, N.Y., dermatologist David Bank. Rosacea is a chronic condition caused by inflammation of blood vessels, which in turn causes skin to be highly susceptible to internal and external triggers that prompt vessel dilation. The lingering flush is often accompanied by a burning sensation that can develop into itchiness. More extreme cases are marked by broken capillaries, bumps, and pustules. Bottom line: If your redness is fleeting and without further symptoms, chances are your skin is reactive but not rosacea-ridden.

Michelle
Obama

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PASSION,
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& HOW YOU
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