

A to Dermatology

Tretinoin Instructions and Application Schedule

1. Wash face with a mild cleanser.
2. Wait 15 minutes.
3. Apply a pea-sized amount to the entire face avoiding the eyes.
4. Follow nightly application schedule
5. Apply your moisturizer every morning and on nights when you're not using medication.

NIGHTLY APPLICATION SCHEDULE

Week 6

7 Nights a week

Week 5

6 Nights a week

Week 4

5 Nights a week

Week 3

4 Nights a week

Week 2

3 Nights a week

Week 1

2 Nights a week

If there are any questions, please call our office at (480) 982 – 3337