

A^{to} Dermatology

Efudex/ Fluorouracil Application Protocol

- Wash your hands with soap and water
- Place a small amount of Efudex / Fluorouracil on your fingertip (pea-size amount).
- With your finger (do not use cotton swab) rub the cream into the area that you are treating, make sure it's completely dissolved on the spot.
- Wash your hands after using the Efudex / Fluorouracil.
- Store the Efudex / Fluorouracil in a cool place.
- Do not wash the area 8 hours after application. After 8 hours you may wash the area with mild soap and water.

Application Protocol:

What to expect while using Efudex / Fluorouracil: You will notice the effects in 4 phases.

- Early inflammatory phase: During the first week of application, mild inflammation occurs.
- Inflammatory phase: During the following weeks, redness and swelling occur with some crusting and burning.
- Tumor disintegration phase: Lesions resolve as the skin exfoliates.
- Healing Phase: Over 2-3 weeks, new skin grows into the treatment area.
- Complete healing generally occurs within 3-4 weeks after treatment cessation

Adverse Effects may include itching, burning, soreness, tenderness, scaling and or redness at the site, as well as the area outside of the site. Swelling, small open

sores and drainage may also be experienced with the use of Efudea / Fluorouracil cream. These adverse effects are normal reactions and indications the cream is working.

If the area becomes too painful you may apply Vaseline and or an ice pack for 20 minutes.

If you have any questions or concerns, please contact us at (480) 982 -3337.