

A^{to} Dermatology

Post-Operative Care

Taking care of yourself and your surgical wound is extremely important to ensure success of the procedure and your recovery.

- Leave your pressure bandage on.
- You may shower with your pressure bandage on, but it must be kept dry (tape plastic wrap over bandage).
- If your pressure bandage comes off contact our office (480) 982-3337 and begin the following wound care below. Some patients will have steri-strips (tan colored) over the wound. Do not remove these with your bandage; let them fall off on their own.

If the pressure bandage is removed please perform the wound care daily.

- Wash hands with soap and water. It's ok to get your stitches wet in the shower. Avoid swimming, hot tubs, or baths while sutures are in place.
- Do not clean the site with hydrogen peroxide. Use gentle soap and water.]
- Dry wound thoroughly with a clean, soft cloth and blot.
- Apply thick layer of petroleum jelly / Vaseline with a cotton swab (you may apply directly over the steri-strip)
- Cover wound with clean bandage; you may use a regular Band-Aid.

Signs of infection are: Increased pain, swelling, redness or yellowish drainage several days after surgery. If you are experiencing any of these symptoms contact our office (480) 982-3337. There will be some bruising and swelling – this is normal.