



# MORPHEUS

## Post-treatment instructions

- Immediately after treatment, most patients will experience erythema (redness) for 1-3 days, however for more aggressive treatments this may last longer. Slight to moderate edema (swelling) and a mild to moderate sunburn sensation are also common post treatment and may last 1-3 days. Skin may also crust and peel for 2-7 days depending on treatment settings.
- Before discharge- a topical ointment may be applied to the treated area, no bandages or wraps are necessary. Topical ointment: \_\_\_\_\_
- There are no restrictions on bathing except to treat the skin gently, avoid scrubbing or trauma to the treated area.
- Avoid sun exposure for 2 weeks to reduce the chance of hyperpigmentation.
- Avoid serums and oils for 2 weeks post treatment.
- Apply a THIN layer of Aquaphor 2-3x a day or whenever skin feels dry.
- In 2-3 days, apply moisturizer, sunscreen, and makeup.
- The use of zinc oxide sun block SPF 30+ at all times after 24-48 hours to areas exposed to the sun.
- No anti-inflammatories (advil, motrin, ibuprofen, aspirin)
- Tylenol can be taken if needed.
- Multiple treatment over a period of several months may be required to achieve the desired response.

<p><b>Your practitioner:</b> _____</p> <p><b>Office number:</b> 720-532-1856</p> <p><b>Office email:</b> <a href="mailto:info@aems.co.com">info@aems.co.com</a></p> <p><b>My next appointment date:</b> _____ @ _____</p>
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### \*\*Reminder\*\*

- Stay hydrated- at least a gallon of water 48 hours before treatment
- Tylenol can be taken before treatment.

