



Microneedling/Vampire Facial Post Care

- Try to avoid touching your face for the next 4 hours.
- When numbing wears off your skin might feel like a mild sun burn. Inflammation brings the best results!
- No anti-inflammatories for the next 2 weeks (Advil, Motrin, Ibuprofen)
- Avoid direct sun light to the face for the next 2 weeks
- Needle lengths of 0.5mm may result in mild redness and swelling for up to 24 hours.
- Needle lengths of 1mm or 1.5mm may result in redness and swelling that may last up to 72 hours.
- Leave the Platelet Rich Plasma on the face for at least 12 hours or until the following morning.
- Beginning the following morning: use a gentle cleanser (Cetaphil is recommended)
- No product on the face for 48 hours after the treatment.
- Peeling and skin sloughing may occur for several days after the treatment.
- Trans Epidermal Water Loss is a common temporary side effect and could leave the skin feeling dry. Keep the recommended moisturizer with you during the day and apply as frequently as necessary to avoid a dry sensation.

Return for a follow up treatment as recommended. If prolonged irritation occurs, please email or call the office.

Next appointment date: _____ @ _____

Location: Littleton Golden

Practitioner name: _____

Office phone: (720)532-1856

Office email: info@aems.co.com