



Ageless Expressions MedSpa

**JUVÉDERM VOLUMA® XC, JUVÉDERM® XC, JUVÉDERM® Ultra XC, and JUVÉDERM VOLBELLA® XC**

**Post Care after receiving treatment with Juvéderm?**

Avoid drinking alcohol for 24 hours, direct sunlight, excessive heat, and strenuous exercise. All of these things have the ability to cause additional bruising. If you develop a bruise it will resolve like any other bruise. It is ok to use cold compresses, but direct skin contact with ice should be avoided. Any lumps, bumps, or small needle sticks should subside within a few hours. It is ok to cover the areas with makeup if needed. Although extremely rare, follow up immediately if you develop intense pain, draining, or extreme heat at an injection site. This could be an infection or reaction to the filler itself.