

GAINSWave POST TREATMENT Instructions

- 1.** Clean off any numbing cream or gels that may have been applied prior to procedure.
- 2.** **Schedule Next Treatment prior to leaving the office.**
- 3.** **Please utilize the penis pump provided for you as follows:**

Pump Instructions:

10 minutes at a pressure of 10 mmHg immediately after the shot.

Then 10 to 15 minutes, twice a day, every day for at least 6 weeks.

These two sessions can be back to back separated by a 5-minute rest.

[Immediate Results may vary from subtle to more significant improvement in symptoms. Some patients may notice same day results while others are late responders. Do not fully judge treatment results until 8 to 12 weeks following your last treatment.](#)

Results may include:

- Increased nighttime and morning erections
- Increased spontaneous erections
- Increased effects of erectile dysfunction medications & faster onset of action (might need to lower dose). Some patients are able to stop medications.
- Increased stamina of erections
- Increased girth and vasculature on penis shaft.
- Shorter refractory time between climaxes.
- Increased sensitivity

*Temporary mild skin redness around the genitals is common but should not last more than 24hrs. Individual results may vary. Call our office at 720-532-1856 for any questions or concerns.