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## Overview of Maintenance Phase for Varicose Vein Treatment

Deep Scan

After Endovenous Ablation, we typically schedule an ultrasound scan to check for blood clots approximately 3-7 days following treatment.

Ultrasound Guided Sclerotherapy

Two to three **ultrasound guided sclerotherapy** appointments are made to address refluxing saphenous "branches" following the ablation. Since "trapped blood" is a recognized side effect with the ablation and sclerotherapy procedures, these areas are also addressed at this time.

The pattern of scheduling we utilize is:

- 1-2 weeks following the ablation
- 3-4 weeks later
- and approximately 6-8 weeks later (if needed)

## Maintenance Visits

Since venous insufficiency is a chronic condition, we do recommend periodic **maintenance visits** during the first year following treatment:

- at **3-6 months**
- and at 12 months

These are meant to address any additional symptomatic, refluxing areas that may develop during the healing process following these procedures.

After the 12-month visit, we typically recommend follow-up:

• every 1-2 years for a routine ultrasound scan and follow-up visit with our provider care team

Thank you for choosing the Center for Varicose Veins for your venous care!