

Edward H. Stolar, M.D., P.C. Todd E. Perkins, M.D.

1712 I Street NW, Suite 712

Washington, D.C. 20006

(202) 659.2223

Laser Hair Removal Consent Form

Laser hair removal uses an intense burst of light that is selectively absorbed by the hair follicle to permanently reduce hair growth. The procedure works on the growing hairs (anagen) and not on dormant hairs and will require several treatments to obtain a significant, long-term reduction of hair growth. You may experience fewer, thinner, lighter, slower re-growth of hairs, temporary hair loss or permanent hair reduction. It is only effective on hair with color and does not treat white, grey, blonde, or red hair. Genetics, hormones, medication, and hair color may interfere with hair loss and may not respond at all.

The procedure may result in the following adverse experiences or risks:

- DISCOMFORT/PAIN – Some discomfort and/or pain may be experienced during treatment.
- REDNESS/SWELLING/BRUISING – Short term redness (erythema) or swelling (edema) of the treated areas is common and may occur. There may also be some bruising.
- HYPOPIGMENTATION / HYPERPIGMENTATION (changes in skin color): During the healing process, there is a slight possibility that the treated area may become either lighter (hypopigmentation) or darker (hyperpigmentation) in color compared to the surrounding skin. This is usually temporary, but on a rare occasion it may be permanent.
- SUN EXPOSURE/ TANNING BEDS/ ARTIFICIAL TANNING- May increase the risk of side effects and adverse events.
- SCARRING – Scarring is a rare occurrence, but it is a possibility if the skin surface is disrupted. To minimize the chances of scarring, it is IMPORTANT that you follow all post-treatment instructions provided by your healthcare staff.
- PARADOXICAL HAIR GROWTH – Stimulation of terminal hair growth following photo-epilation can occur within or adjacent to treated area.
- EYE EXPOSURE – Protective Eyewear (shields) will be provided to you during the treatment. Failure to wear eye shields during the treatment may cause severe and permanent eye damage.

Following the procedure, the treated area may be red for a few hours or a few days. Blistering may occur. I have been informed that hyperpigmentation (darkening of the skin) and hypopigmentation (lightening of the skin) are possible risks and complications of the procedure. I understand that not adhering to the post-care instructions provided to me may increase my chance of complications.

I consent to the taking of photographs during the laser therapy for the purpose of medical education. These photographs may be used for teaching or publication, as the case provider deems appropriate. If I do not want, under any circumstances, my photographs to be published, I will express it in writing.

I understand that I will require several treatments to obtain a significant, long-term reduction of hair growth, I understand may experience fewer, thinner, lighter, slower re-growth of hairs, temporary hair loss, or permanent hair reduction, I understand that it is only effective on hair with color and does not treat white, grey, blonde, or red hair, I understand that genetics, hormones, medication, and hair color may interfere with hair loss and that I may not respond well.

Signature: _____ Date: _____

Post Treatment Care

- Quick warm showers are recommended. If areas are treated other than the facial area, hot baths are not advised for 24 hours.
- Do not shave for 48 hours.
- If the skin is broken or a blister appears apply an antibiotic ointment and have the patient notify the physician. The area should be kept lubricated to prevent crusting or scabbing of tissue.
- Cold packs, aloe vera or any other cooling preparation may be used to ease temporary discomfort.
- Prolonged sun exposure is to be avoided for two weeks before and after treatment. If however, this cannot be done, then total sun block, not a sun screen, should be applied. If further treatment is needed, **a commitment to stay out of the sun is necessary.** If there is direct sun exposure there are certain minor complications that may occur and the patient should be aware of this and it should be discussed.
- Any questions or concerns please have the patient contact the physician without hesitation.
- Makeup can be applied as long as the skin is not broken. Mineral makeup can also serve as an additional sunblock.