

INFORMED CONSENT FOR CHEMICAL PEEL

Chemical peeling is a technique used to even out discoloration and to smooth the texture of the skin by removing the outer layers. A chemical solution is applied to the skin, which causes separation, peeling, and regeneration. The new skin is smoother, clearer, and less wrinkled than the peeled skin. It is helpful for those individuals with facial blemishes, enlarged pores, fine lines and wrinkles, and uneven skin or discoloration. Although chemical peels may be performed in conjunction with other procedures, it is not a substitute for surgery, nor will it prevent or slow the aging process. Adequate use of sunscreen is critical post peel and needs to be applied daily.

RISKS AND COMPLICATIONS

I understand:

1. While certain amount of improvement is anticipated, the exact amount of improvement to the skin cannot be accurately predicted.
2. There may be swelling and discomfort following the peel and the chemically burned area may tighten, scab, and peel within 3-5 days, temporarily leaving the skin pink/red. Redness after a chemical peel may persist for unacceptably long periods of time and is still considered normal. The area chemically peeled can also scar.
3. Not all persons will "peel" after a chemical peel, this does not mean the desired effect on the skin has not been achieved.
4. Chemical peeling agents can permanently change the natural color of your skin. There is the possibility of irregular color variations within the skin including areas that are both lighter and darker. Permanent darkening of the skin has and can occur after chemical peels.
5. Infection is unusual, however bacterial, viral, and/or fungal infections can occur. If you have a history of Herpes Simplex virus infections around the mouth, it is possible that an infection could recur following a chemical peel. Specific medications can be prescribed prior to the peel to suppress an outbreak.
6. The treated skin may be sensitive from a few days to a couple of weeks. Excessive sunlight to the area must be avoided for 3-5 days and sunscreen (broad spectrum) is required for daily use, starting immediately post treatment.
7. A chemical peel may not completely improve, nor will it prevent future skin wrinkling. Additional procedures will be necessary in order to treat specific concerns or until desired outcome is achieved.

PHOTOGRAPHS Treatment photos will be taken prior to treatment to monitor progress and shall be the property of the office, and their use for scientific purposes and presentations. I understand that no photographs or digital images revealing my identity will be used without my consent. If my identity is not revealed, these photographs may be used, shared, and displayed publicly without permission.

CONSENT I am not pregnant or currently acutely ill; nor do I have significant skin disease, neurologic disease, or allergies to the peel ingredients and if unsure I will ask. I will let the service provider know if I have had facial surgery, have allergies, tendency to cold sores/fever blisters, or use of topical or oral prescriptions medications such as: Tretinoion, Retin-A, Accutane, Differin, Tazorac, Avage, EpiDuo, or Ziana. I hereby voluntarily consent to having a chemical peel. The procedure has been explained to me and I have read and understand the above information. My questions have been answered satisfactorily and I accept risks and complications of the procedure.

Signature: _____

Date: _____