



N o v a I n V i t r o F e r t i l i z a t i o n

Mental Health Resources

We understand the COVID-19 pandemic can add additional stress to your daily life. We would like to provide you, our patient, with additional resources to help you cope during this difficult and often challenging time. Please also always feel free to reach out to the staff of Nova IVF if you ever have any questions or concerns at 650-325-6682.

Please find below a list of mental health professionals we recommend:

Maria Rivas-Wolf, MFT
520 S. El Camino, Ste 318, San Mateo, CA 94402
<https://www.reproductiveandmaternalmentalhealth.com/>
(650) 208-9815

Amy R. Swenson, LMFT
2901 Moorpark Ave., Ste 270, San Jose, CA 95128
<https://www.amyswensonmft.com/>
(408) 380-1208

Qin Fan, Psy.D.
870 Market Street, Ste. 659, San Francisco, CA 94102
drqinfan.com
(415) 595-8577

Dr. Sharon Humphrey, Psy.D.
Redwood City, CA
(650) 847-0058
*Also offers pregnancy loss support group

Other available resources are:

- Pradeepa Narayanaswamy: www.pradeepafertilitycoach.com , (925) 693-8839, hello@PradeepaFertilityCoach.com
- RESOLVE: The National Infertility Association: info@resolve.org or resolve.org
- National Domestic Violence Hotline: 1-800-799-7233 or text LOVEIS to 22522
- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Find a health care provider or treatment for substance abuse disorder and mental health: SAMHSA's National Helpline: 1-800-662-HELP (4357) and TTY 1-800-487-4889

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2500 Hospital Drive, Building 7, Mountain View, CA 94040

650-325-NOVA (6682) novaivf.com