

Family Dentistry

Howard Cetel DDS

INSTRUCTIONS FOLLOWING SURGICAL EXTRACTIONS

- Following your extraction procedure the doctor will place gauze pads on the area and have you apply biting pressure for a minimum of thirty minutes. It is important to form a clot in the socket to allow proper healing. Some bleeding is common after this procedure. If you need to repeat this step you can use the extra gauze provided.

- For the next 24 hours :
 - No Smoking - No rinsing or spitting vigorously
 - No Alcohol - No drinking through a straw

- If you experience any swelling you may apply ice or a cold moist cloth to the area for ten minutes on / ten minutes off until swelling dissipates.

- The doctor may prescribe both an antibiotic and pain medication if he feels that it is necessary. Otherwise a non-aspirin over the counter type pain reliever can be taken as directed.

- A diet of room temperature foods is recommended, starting after numbness has subsided and continued for the next 24 hours.

- If any unusual symptoms should occur, please feel free to call the office with your concerns. If you reach the answering system, just follow the instructions and the doctor will return your call.

Howard Cetel, DDS
Boris Rubinstein, DMD