

Provider Performing: Dr. Jay Kamath Dr. Patel

Date of exam: _____

Arrival Time: _____

(PLEASE EXPECT TO BE AT THE SURGICAL CENTER/HOSPITAL NO LESS THAN 3 HOURS)

INSTRUCTIONS FOR EGD

Your procedure has been scheduled at:

<input type="checkbox"/> Bay Area Endoscopy Center 5771 49th St. N St. Petersburg, FL 33709 727-528-2261	<input type="checkbox"/> Northside Hospital 6000 49 th St. N St. Petersburg, FL 33709 727-521-5158	<input type="checkbox"/> St Pete General 6500 38 TH Ave. N St. Petersburg FL 33710 727-384-1414
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To ensure a successful exam, please follow all instructions carefully.

Remember, your procedure WILL be rescheduled if:

- ✓ You do not follow ALL prep instructions.
- ✓ You do not complete your ENTIRE preparation as instructed
- ✓ You do not have a ride home (it MUST be an adult friend or family member that DRIVES you)
- ✓ **If you take a TAXI or UBER you MUST have an adult friend or family member accompany you.**
- ✓ You are NOT able to take a Bus

❖ Your adult friend or family member that drops you off/ picks you up, MUST stay within a 30 minute distance of the procedure center.

We are requesting clearance from your specialist. You are NOT to stop any medication without clearance. We will contact you with instructions of when to stop any medication

7 DAYS PRIOR TO YOUR PROCEDURE

STOP taking fish oil, vitamin E and any iron supplements.

STOP NSAIDs, Ibuprofen, Advil, Aleve, Motrin, Celebrex, Naproxen
(If you take Aspirin 81 mg, you may continue to take this) Tylenol is ok to take

THE NIGHT BEFORE YOUR PROCEDURE YOU SHOULD HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT

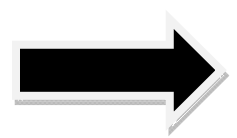
DIABETICS: Take your regular morning and daytime oral diabetic medications and insulin.
Only half of your long-acting insulin dose.

ON THE DAY OF YOUR PROCEDURE

PLEASE DO NOT DRINK ANY WATER IN THE MORNING OF YOUR PROCEDURE , THIS CAN CAUSE A DELAY FOR YOUR PROCEDURE

DIABETICS: Check your glucose level in the morning of your procedure and ONLY if your diabetes is uncontrolled please take any oral diabetic medications or insulin
If your diabetes is controlled please DO NOT take your diabetes medications

Turn over



You MAY take your morning medications as usual **WITH SMALL SIP OF WATER**
(which includes blood pressure, cholesterol, depression, anxiety, seizure
medication, thyroid medication, ETC.)
(DO NOT take NSAIDS or Blood thinners)

Please bring your **Inhaler /CPAP** with you

Avoid smoking 24 hours prior procedure , please wear comfortable shoes- no heels

If you have any questions please do not hesitate to call
727-273-2907 Yairis (Medical Assistant)

NOTE:

In the event that a biopsy needs to be performed, there will be additional charges from an outside pathology lab.