



**Natural Remedies**  
 Dr. Borislava Johnson, B.C.N.D.  
 11078 Regency Green  
 Cypress, TX 77429  
 832-588-8863  
 www.naturalremedies.com

IN:
DOB:

### Established Client Form

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Due to the possibility of interactions among medications and/or supplements, please list ALL medications and vitamins/supplements prescribed and over the counter (recommended by Dr. Johnson and/or another doctor) you are CURRENTLY taking:**

Name of Medication/Supplement	Dose	Last Taken
1.		
2.		
3.		
4.		
5.		
6.		

Do you take probiotics? (Such as yogurt or any other oral enzyme that restores bacteria to the body): **Y / N**

How do you take the probiotics? (pills, liquid, with food): \_\_\_\_\_

List **CURRENT** medical conditions and concerns:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Name any allergies (medicines, environmental, food, etc.) you have, if any?

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

Have you tested positive for COVID-19? **Y / N** If so, when, what were your symptoms, and how severe were the symptoms?

\_\_\_\_\_

\_\_\_\_\_

Have you had a COVID-19 vaccine? **Y / N**

If yes, which one did you receive? (Please check one and write down the date you received each dose)

- Johnson & Johnson    1<sup>st</sup> Dose \_\_\_\_\_
- Moderna    1<sup>st</sup> Dose \_\_\_\_\_    2<sup>nd</sup> Dose \_\_\_\_\_
- Pfizer    1<sup>st</sup> Dose \_\_\_\_\_    2<sup>nd</sup> Dose \_\_\_\_\_
- Other \_\_\_\_\_    1<sup>st</sup> Dose \_\_\_\_\_    2<sup>nd</sup> Dose \_\_\_\_\_

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**Females Only:** What was the date of your last menstrual cycle? \_\_\_\_\_ Are you currently pregnant? **Y / N**

What would you like to achieve in today's consultation? \_\_\_\_\_

Please check any **additional** ZYTO scans you would like today.

- Today's Immunity      \$175.00
- Lifestyle                \$250.00
- Digestive                \$150.00
- Wellness                 \$150.00
- Hormones                \$100.00
- Foods for Wellness    \$125.00
- Vitamins & Minerals    \$100.00

The state of Texas does not allow ND's (naturopathic doctors) to prescribe pharmaceutical medications at this time, although it is legal in other states. In Texas, naturopathic doctors cannot legally "diagnose" or "treat" illness. We can, however, work with you to enhance your overall health and well-being. Due to the lack of licensure in Texas for naturopaths, most health insurances do not cover naturopathic/holistic services, homeopathic medications, and/or supplements. Please be aware if you choose to use a Flexible Spending Account or Health Savings Account, we are not responsible if they choose not to cover for naturopathic/holistic services, homeopathic medications, and/or supplements.

I, \_\_\_\_\_, understand that I cannot hold Natural Remedies accountable if I pay using my HSA or FSA for any services rendered and/or any purchases made at Natural Remedies.

\_\_\_\_\_  
Client's/Legal Guardian Signature

\_\_\_\_\_  
Date

**Established Client Office Visit    \$75.00**  
**Office Visit Over 6 Months    \$100.00**