

CARDIAC CARE CONSULTANTS **VASCULAR STUDY - TEST INSTRUCTIONS**

General guidelines

Each type of imaging exam has its own guidelines. Special instructions for your exam will be given at the time of scheduling. For certain procedures, we will contact you 24-48 hours prior to your exam with preparation-specific instructions.

The following are a few general guidelines that apply to every imaging exam:

- Notify your physician and our staff if there is any chance that you may be pregnant or are currently breastfeeding.
- Discuss any special needs - such as dietary and/or physical limitations with us in advance.
- Check with us in advance about recovery time or if a driver is needed so you can make necessary arrangements with work and family.
- Wear comfortable clothing; be prepared to change into a patient gown if necessary.
- Arrive 15 minutes early to verify your registration information and provide further health information for your exam.

Abdominal, Renal, Aorto-Iliac, Inferior Vena Cava, and Liver Vasculature Ultrasound Preparation

- Eat a fat free meal on the evening prior to the exam
- Fasting 8 to 12 hours prior to appointment
- You can take medications with small sips of water
- Take Malox and / or any other gas reducing drugs as directed on packaging day prior to appointment.
- Do NOT chew gum or smoke the morning of the exam as this may increase swallowing of air.

You will be notified of your test results in 7 to 10 business days or at your next appointment with the physician. Let us know 24 hours in advance if you are unable to keep this appointment.