



PATIENT GUIDE

MUSCULOSKELETAL CONDITIONS TREATMENT

LIVING BETTER WITH AN
ALL-NATURAL TREATMENT



Wei Musculoskeletal Institute

Why Wei Musculoskeletal Institute?

Wei Musculoskeletal Institute is a practitioner network that consists of practitioners who practice alternative medicine including Chinese herbal medicine for the treatment of chronic musculoskeletal conditions such as osteoarthritis, bulging/herniated disc, frozen shoulder, bone spurs and stenosis, rheumatoid arthritis and/or tendonitis. These practitioners are the leaders in the field of natural care and are committed to offering the best all-natural solutions to their patients.

Through rich experiences and vast research, these practitioners have accumulated in-depth knowledge of caring for patients using natural solutions. A rigorous approach has been developed which has demonstrated great success over the past decade.

These all-natural solutions have achieved a 95% success rate in helping patients to become pain-free, reverse their degeneration and successfully avoid surgery. Patients can experience a reduction in pain and inflammation within 2-4 weeks and significant improvement in their functionality in 2-3 months.

The core treatment requires three herbal formulas from Wei Labs including the FASTT Patch, WHITEE Patch, and LC Balancer. These all-natural herbal products help speed up the natural healing process, restore the damaged structure, and reverse the degeneration. They help resolve tough to treat musculoskeletal conditions including bulging/herniated disc, stenosis, bone spur, osteoarthritis, bone-on-bone conditions, avascular necrosis, rheumatoid arthritis, and ankylosing spondylitis, and accelerate healing of a wide array of musculoskeletal injuries such as torn muscle, ligament, tendon, cartilage, bone fractures, and tendonitis.

FASTT Patch: Accelerates healing of bone, tendon, muscle and ligament injuries by increasing local blood flow, lymphatic circulation, biosynthesis of molecules such as myofiber, collagen, and compact bone tissue. In TCM, this is a blood moving product that draws blood to the injured area. Conditions the FASTT Patch can help include torn muscle, torn ligament, tendonitis, bone fracture, and bursitis.

WHITEE Patch: Restores cartilage tissue in the joints and spinal disc by increasing local blood flow, lymphatic circulation, and biosynthesis of proteoglycans. In TCM, the WHITEE Patch helps clear damp and blood stasis. Conditions the WHITEE Patch can help include meniscus tear, osteoarthritis, Baker's cyst, growth plate injuries, degenerative disc disease, bulging/herniated disc, bone spurs, stenosis, facet syndrome, bunions, and Morton's neuroma.

LC Balancer: Improves systemic microcirculation, kidney function, and nutrient absorption by strengthening the structure of the microcapillaries. In TCM, LC Balancer improves Kidney

Yin. It is used with the WHITEE Patch for severe joint and spinal disc conditions or patients who are over 50 years old with disc and joint conditions.

Why All-Natural Herbal Solutions?

Chronic pain caused by joint osteoarthritis, spinal disc problems or chronic tendon injuries are debilitating and they can severely affect patient's quality of life. Unfortunately, treatment options from Western medicine are very limited. Pain killers, anti-inflammatories, or joint injections only mask the symptoms and cannot stop the progression of the condition and patients may eventually face surgery. These drugs don't address the root cause. But, in the meanwhile, they cause severe side effects.

Nonsteroidal anti-inflammatory drugs such as acetaminophen (Tylenol) are commonly recommended for pain relief. Since it has been widely used, people may believe it is safe. Actually, it can cause liver injury and increased liver enzyme levels in the blood. Higher than recommended use can cause severe liver damage because of a byproduct, NAPQI, from the acetaminophen break can seriously damage the liver cells. Over-the-counter painkillers such as aspirin, and anti-inflammatory drugs such as ibuprofen (Advil, Motrin) can be dangerous when used chronically as they cause stomach ulcers. Each year, 103,000 people are hospitalized because of side effects from these painkillers. COX-2 inhibitors such as Vioxx and Celebrex are also dangerous because they cause severe cardiovascular problems including heart attacks and strokes.

Opioids such as oxycodone, hydrocodone (Vicodin), and synthetic opioids including tramadol and fentanyl used for pain management are highly addictive. Opioid overdose can cause death. The number of people who die on opioid overdoses are rapidly increasing since 2017. Death from illicit opioid overdose has become the leading cause of injury-related death in the United States.

Cortisone injections help suppress localized inflammation; however, it only provides temporary relief. The body becomes even more degraded when the pain is masked, therefore, patients will find that the period of pain relief becomes shorter and shorter and stops working eventually.

When the joint condition progresses to bone rubbing on bone patients are facing joint replacement surgery. Many patients with a spinal disc problem may also be recommended for a back surgery when their pain becomes so severe. Unfortunately, surgery does not offer a 100% guarantee and they carry the same dangers as any other major surgeries. For many back pain patients, their back conditions get worse after the surgery. Even if the joint replacement surgery is successful, it usually takes 2-3 months for patients to get full recovery and the artificial joint will wear out after about 20 years.

Traditional Chinese medicine (TCM) has been recommended as a complementary therapy for knee osteoarthritis. In a study that systemically reviewed the treatment outcome involving a total of 20,473 participants, the results have shown TCM to be effective for knee

osteoarthritis treatment. It suggested that TCM presents a better choice for patients with knee osteoarthritis to relieve pain, improve physical function and quality of life with less adverse effects.¹

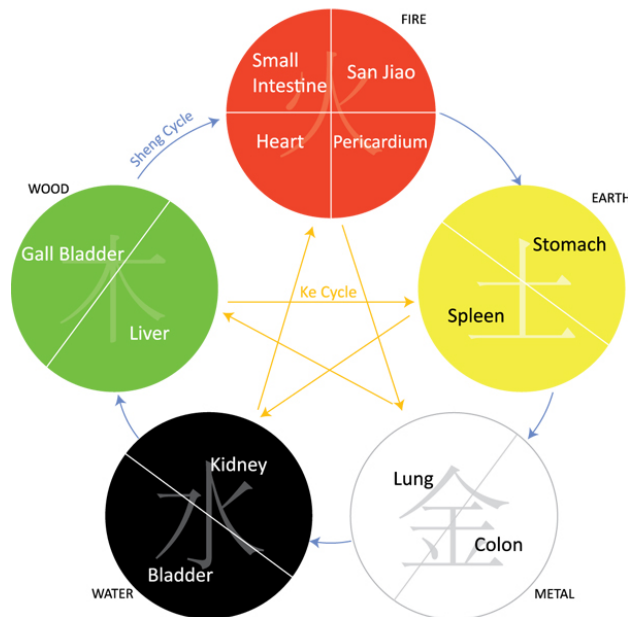
TCM regimen as a therapeutic treatment on patients with lumbar disc herniation has been explored.² The results have demonstrated that these all-natural TCM regimens are effective for treating lumbar disc herniation and can promote resorption of the protrusion. In a clinical study, 102 patients with lumbar disc herniation who chose TCM as their treatment were followed up for 2 years from June 2008 to December 2011. Among the 102 patients, 83 of them (81%) experienced partial or complete relief. The volume of protrusion decreased from 1433.89 mm³ (mean \pm SD) to 1002.01 mm³. The average resorption rate was 27.25%; in 20 patients (24.10%) the resorption rate was >50%; their excellent rate was 77.77%.

1. Yang M, Jiang L, Wang Q, Chen H, Xu G. Traditional Chinese medicine for knee osteoarthritis: An overview of systematic review. Zhang Q, ed. PLOS ONE. 2017;12(12):e0189884. doi:10.1371/journal.pone.0189884
2. Yu P, Jiang H, Liu J, et al. Traditional Chinese Medicine Treatment for Ruptured Lumbar Disc Herniation: Clinical Observations in 102 Cases. Orthopaedic Surgery. 2014;6(3):229-235. doi:10.1111/os.12120

TCM Approach and Herbal Treatment

The all-natural treatment offered by practitioners at Wei Musculoskeletal Institute employs a TCM approach. TCM is based upon the premise of balance between the body's core organs and the structure (Yin) and function (Yang) within each organ. The relationship between these organs and the Yin/Yang within each organ is not completely understood, but scientific evidence has come to support many of the ancillary assertions of TCM such as the direct impact that specific naturally occurring compounds have on the regulation of the organ's activities.

Among many herbal products available, Wei Laboratories herbal formulas have proven to be the most effective. Treatment with Wei Lab's herbal formulas has achieved satisfactory results because these herbal solutions target the root cause and enhance the body's natural healing mechanism to repair the joints, spinal discs, tendon injuries, clears scar tissue, bone spurs, and stenosis, and restores the body's functionality by addressing the Yin, Yang, Qi, and Blood.



Selected Herbs Employed

Myrrh (Moyao/Myrrha)



Myrrh is traditionally used for moving blood, improving circulation, increasing sweating, and activating the immune system. Research has found that a compound called Terpene found in myrrh species have been shown to relax smooth muscles. Myrrh can be helpful for injuries that are slow to heal due to underlying health conditions or arthritic pain.

Radix Paeoniae Rubra (Chishao/Red Peony Root)



Red Peony Root is traditionally used for excessive bleeding or lack of blood flow and is helpful for conditions such as gout, osteoarthritis, fever, and menstrual cramps. Red Peony Root removes toxins from the blood, eliminates blood stasis, prevents blood clotting, and acts as an antioxidant. Radix Paeoniae Rubra has a wide variety of pharmacological actions such as anti-thrombus, anti-coagulation, and anti-atherosclerotic properties. It also helps protect the heart and liver.

Twotooth Achyranthes Root (Nuixi/Radix Achranthis Bidentatae)



Twotooth Achyranthes Root is traditionally used for lower back pain and joint pain. Twotooth Achyranthes Root nurtures the liver and kidneys, strengthens tendons and bones, and improves circulation in the lower half of the body. Furthermore, Twotooth Achyranthes Root can help lower cholesterol and is often used as a treatment for atherosclerosis.

Radix Angelicae Sinensis (Danggui/Chinese Angelica)



Chinese Angelica is traditionally used to nurture the liver and spleen, enrich the blood, activate blood circulation, regulate menstruation, relieve pain, relax the bowels, and balance energy. It can help patients with anemia, menstrual disorders, constipation, and rheumatoid arthritis. Chinese Angelica is shown to have antioxidant properties. It is also shown to prevent bone loss and potentially has anti-osteoporosis effects.

Cortex Periplocae (Xiangjiapi/Chinese Silkvine Root-bark)



Cortex Periplocae is traditionally used to relieve rheumatic conditions and to strengthen tendons and bones. It is effective for Rheumatoid Arthritis with aching and weakness of the knees, cardiac palpitation, shortness of breath and lower extremity edema. Recent research shows that Cortex Periplocae can also inhibit the growth of leukemia, prostate, and lung cancer cells. One of the cardenolides isolated from Cortex Periplocae contributes to this activity.

Radix Dipsaci (Xuduan/Himalayan Teasel Root)



Radix Dipsaci is traditionally used to replenish the liver and kidney, to strengthen tendons and bones, to heal bone fractures, and to arrest excessive uterine bleeding. It's used for aching and weakness of the knees; rheumatic arthralgia, abnormal uterine bleeding or excessive menstrual flow, uterine bleeding during pregnancy. Radix Dipsaci has also been used as an anti-osteoporotic drug. Research showed that the consumption of crude extract of Radix Dipsaci facilitates an increase in bone density and bone volume/tissue volume ratio.

Radix Aconiti Kusnezoffii Preparata (Zhicaowu/Prepraed Kusnezoff Monkshood Root)

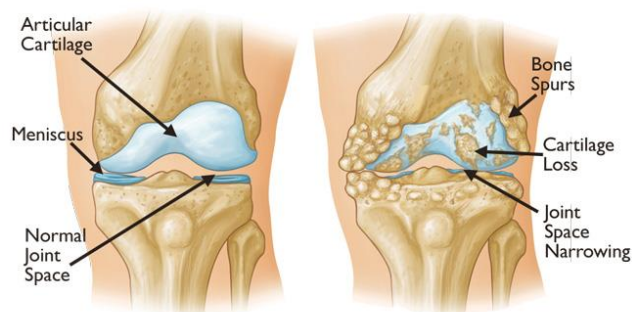


Radix Aconiti Kusnezoffii Preparata is traditionally used to relieve rheumatic conditions, warm the channels and alleviate pain. It is used in the treatment for Rheumatic and rheumatoid arthralgia, precordial and abdominal pain with cold sensation, abdominal colic caused by cold, etc. Research shows that Radix Aconiti Kusnezoffii Preparata also has antitumor activities. It also has remarkable activities in stimulating and restoring immune function.

Wellness Recommendations

Osteoarthritis, Knee Pain and Bone-on-Bone Condition

Osteoarthritis is caused by progressive loss of articular cartilage due to trauma or age-related wear and tear. As the joint cartilage gradually wears away, patients will experience symptoms of joint pain, tenderness, stiffness, inflammation, creaking of joints and reduced range of motion. Osteoarthritis affects the knee joint the most but can occur at any joint including hips, shoulders, fingers, facet or sacroiliac joints.



The use of the WHITEE Patch and LC Balancer can help reverse the joint degeneration caused by osteoarthritis. The WHITEE Patch helps enhance the synthesis of collagen and proteoglycans to restore the damaged joint cartilage, eliminate joint pain, and improve its functionality. It also helps reduce joint inflammation and reverse joint degeneration including bone-on-bone conditions. LC Balancer helps enhance systemic microcirculation to support the cartilage repair. The pain may be worse during the first 8 days as healing begins after starting the protocol. If the condition is related to aging, symptoms may return and further treatment may be required. If there is no significant improvement in 1 month, an additional herbal formula is required.

Mild and Moderate Osteoarthritis: Improvement in pain, swelling, stiffness or joint cracking can be noticed in 8 days. With the use of 6 WHITEE Patches, patients can achieve significant pain relief in 2-4 weeks. LC Balancer is required for patients over 50.

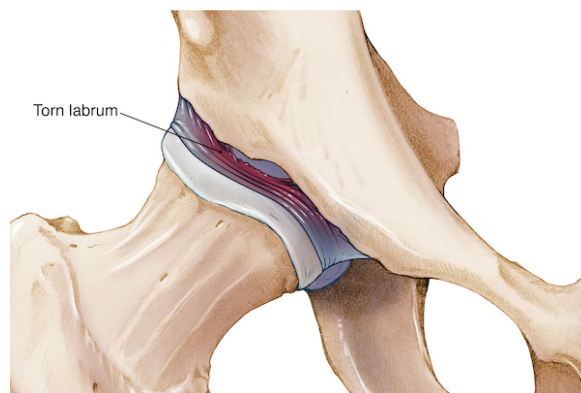
Severe osteoarthritis, or osteoarthritis at multiple joints or joints in the extremities (finger or toes): Improvement can be noticed in 17 days. The recommendation includes a 3-month protocol. Each session requires 1 month with 6 WHITEE Patches (17 days followed by 14 days off) and 4 LC Balancers. A significant pain reduction (about 50%) can be achieved after the 1st session. Patients can have about a 75% symptom elimination after the 2nd session and sustained optimal results after the 3rd session.

Bone-on-Bone conditions or the conditions that require surgery: It requires 1 month to have 20-30% pain reduction. The recommendation includes a 3-6 month protocol (3-6 sessions) with the WHITEE Patch and LC Balancer.

Cartilage Injury, Meniscus and Labrum Tear

Cartilage is the connective tissue that prevents the ends of bones from rubbing against each other. The meniscus is a C-shaped piece of tough, rubbery cartilage that acts as a shock absorber between the shinbone and the thighbone. Injury to the cartilage or meniscus can cause pain and inflammation.

Common cartilage injuries include torn meniscus, torn labrum, patellofemoral pain syndrome (Chondromalacia Patellar Syndrome), rib cage cartilage injury, Costochondritis or Tietze syndrome. Cartilage has no nerve endings and no blood supply. A cartilage injury or damage can take a very long time to heal or may not be able to heal at all. Patients can develop early-onset osteoarthritis due to their joint cartilage injury. The use of the WHITEE Patch and LC Balancer can help increase vascularity and bring in the necessary building blocks for cartilage repair. Patients can notice reduced joint pain and swelling in two weeks.



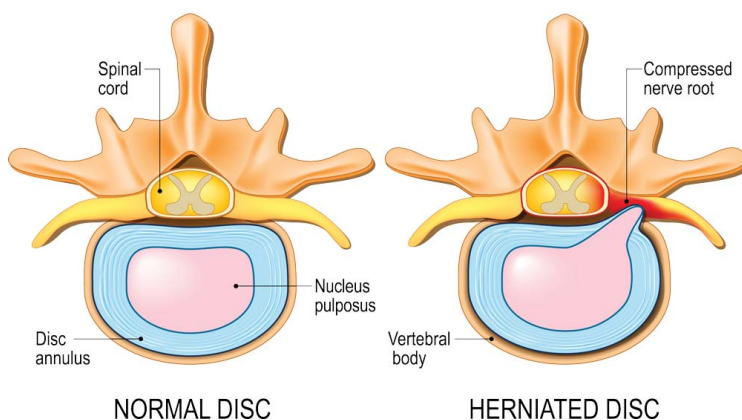
Mild to Moderate Conditions: A 1-month protocol is required and the recommendation includes 6 Large WHITEE Patches and 4 LC Balancers.

Severe Conditions: A 1 to 3-month protocol is recommended and a 1-month recommendation includes 6 Large WHITEE Patches and 4 LC Balancers. A continuous 1-3-month program is required depending on the severity of the condition.

Bulging and Herniated Disc

An intervertebral disc serves as a cushion between each of the vertebrae in the spinal column. The discs have a strong outer layer of collagen fiber that provides support and a gel-like center that provides the cushioning. A bulging disc occurs when the nucleus pulposus loses its structural integrity but remains within the annulus fibrosus. A herniated disc occurs when there is a tear in the annulus fibrosus causing the gel-like substance to leak through. The bulging or herniated disc could cause abnormal pressure against the spinal nerve, and the patient may experience a range of symptoms including pain, numbness, tingling, burning, and weakness in certain areas depending on the location of the disc. In some cases, a patient may experience severe pain even in the absence of nerve root compression due to the nucleus pulposus releasing inflammatory chemical mediators.

Spinal disc herniation



The use of WHITEE Patch and LC Balancer can help increase the supply of nutrients to the disc to restore the disc structure, reverse disc degeneration, and repair the disc damage caused by bulging and herniated disc. Patients can notice reduced back pain, inflammation, and other symptoms in two weeks or an even shorter period of time. Patients may feel intermittent pain spikes at the beginning of the protocol due to a mix of healing mechanisms and increased nerve sensation. The pain should subside within 1 week.

Bulging Disc: A 1 to 3-month protocol recommendation includes the WHITEE Patch and the LC Balancer. A 1-month protocol (6 WHITEE and 4 LC Balancers) is recommended for mild to moderate conditions. Chiropractic adjustments are encouraged during the program. For severe conditions where the disc is on the verge of a rupture, a continuous 3-month program is required (see herniated disc below).

Herniated Disc: 3-month protocol and recommendation include the WHITEE Patch and the LC Balancer. A continuous 3-month protocol with 6 WHITEE and 4 LC Balancers each month is recommended. Patients should notice about 50% reduction of pain after the 1st month. After the 2nd month, patients may experience a 75% symptom reduction. With a continuous 3-month program, patients can achieve a sustained reduction of pain.

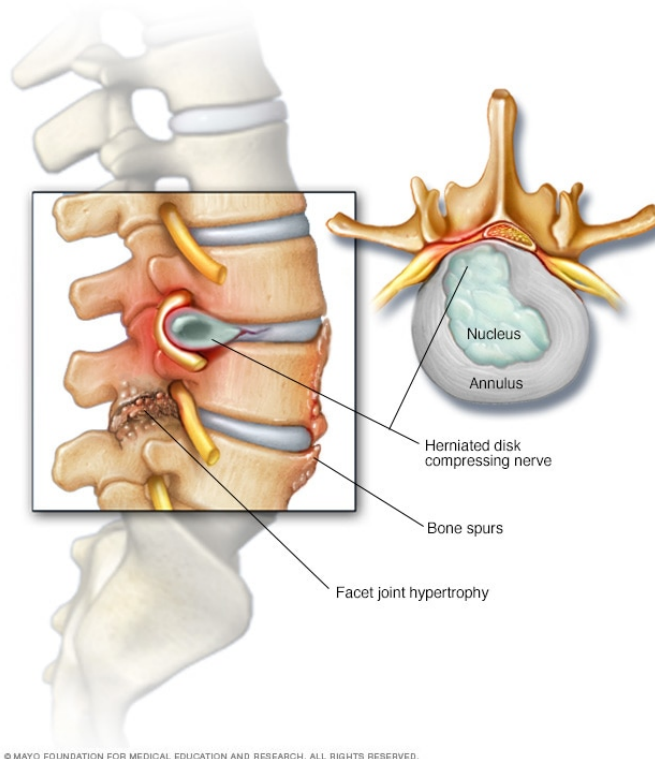
Bone Spurs and Spinal Stenosis

A bone spur is an abnormal bony growth that forms due to extra calcium deposited on the surface of bones when the body tries to repair bone damage from wear and tear, osteoarthritis, joint trauma, joint overuse, and degeneration. Bone spurs cause pain when it presses or rubs on other bones or soft tissues such as ligaments, tendons, or nerves. Joint

degeneration due to aging causes most bone spurs that form in the frequently used joints including the feet, spine, shoulders, hands, hips, and knees.

Spinal stenosis is a condition characterized by a narrowing of the spinal canal due to overgrowth of the spinal tissues including spinal ligaments, bone spurs, facet joint arthritis, bulging and/or herniated disc pressing the spinal cord or the nerves that travel through it. Spinal stenosis occurs most often in the lumbar and cervical regions producing symptoms of sciatica with tingling, weakness or numbness that radiates from the low back and into the buttocks and legs especially with movement and activity. Cervical spinal stenosis can be dangerous because the spinal cord is compressed. Symptoms include numbness, weakness or tingling in a leg, foot, arm or hand, neck or shoulder pain. In severe cases, stenosis leads to loss of bowel or bladder control, major body weakness or even paralysis. Cervical spinal stenosis can lead to loss of bowel or bladder control, major body weakness or even paralysis in severe cases.

Vitamin K is essential to prevent soft tissue mineralization and bone spur formation. Dietary vitamin K is absorbed when there are sufficient bile salts present in the digestive tract. A liver deficiency can cause bone spurs and stenosis because of the reduced bile salt supplies when liver function is compromised affecting the vitamin K absorption and causing vitamin K deficiency.



WHITEE Patches and LC Balancer help resolve the stenosis caused by soft tissue growth, facet joint arthritis, bulging and/or herniated disc by dissolving the ligament scarring, reducing ligament thickening and repairing facet joint and spinal disc injury due to bulging and/or herniated disc. For bone spurs and stenosis caused by bone spur formation in the spine, the recommendation includes WHITEE Patches, LC Balancer, and Brown formula. The WHITEE Patch help dissolve the extra soft tissue and bony growth and repair the joint cartilage tissue injury. The LC Balancer improves microcirculation and strengthens the kidney for enhanced nutrient absorption to support tissue repair. Brown improves liver structure and function to restore bile production to normal levels and thus improving normal Vitamin K absorption and metabolism. The use of Brown helps prevent bone spur reformation after the bone spur has been removed. Patients may experience symptom improvement in 1 month with the use of 8 WHITEE Patches (23 days), LC Balancer, and Brown. Patients may feel intermittent pain spikes at moderate to severe intensity due to the mix of healing and increased nerve sensations. Patients over 50 or who have kidney

deficiency also require Xcel formula to enhance kidney function for effective metabolic toxins and/or waste secretion.

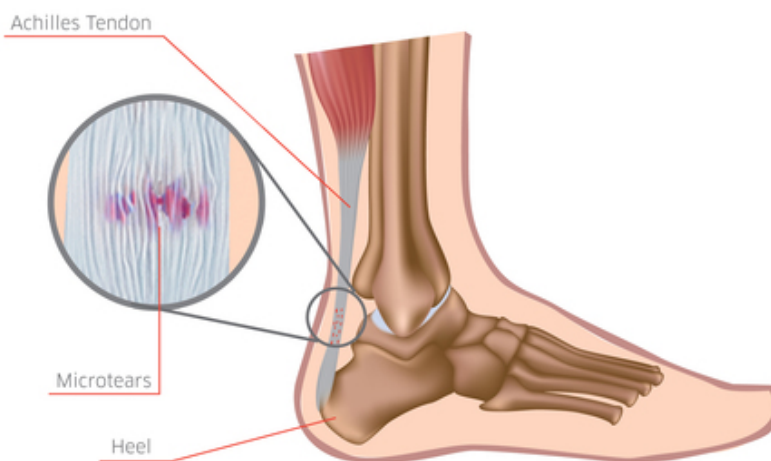
Stenosis caused by ligament thickening, facet joint arthritis, bulging and/or herniated disc: It requires a 3-month protocol with WHITEE Patches and LC Balancer. The 1st month requires 8 WHITEE Patches and 4 LC Balancers. Beginning the 2nd month, each month will require 6 WHITEE Patches, 4 LC Balancers.

Bone spur and stenosis caused by bone spur: It requires a 3-6 month protocol with the WHITEE Patch, LC Balancer, and Brown formula. The 1st month requires 8 WHITEE Patches (23 days), 4 LC Balancers, and 4 Brown. Beginning in the 2nd month, each month will require 6 WHITEE Patches, 4 LC Balancers, and 4 Brown. At the end of the 3rd month, 50% to 100% pain reduction may be achieved. If the patient has a severe bone spur condition, a subsequent 3 months of treatment may be required for total pain elimination.

Tendinosis, Tendinitis, Tendon Tear, & Carpal tunnel syndrome (CTS)

Tendons are thick cords that join muscles to bones. Healthy tendon tissue mostly consists of mature type I collagen fibers which are organized into bundles of fibrils that give the tendon its tensile strength. Tendons are rarely injured or torn. There are also small amounts of type III collagen fibers present in healthy tissue. Type III collagen fibers are immature, thinner, unaligned with each other, and sometimes fail to link together for load-bearing.

Tendinosis is chronic tendon degeneration that involves collagen deterioration when a tendon is continually overused from repetitive movements or strain without giving the tendon time to heal and rest. This causes a type I collagen fiber reduction and the proliferation of immature type III collagen fibers. Symptoms include tendon pain when moved or palpated, stiffness and range of motion constraints as well as tendon thickening and lumps. It usually occurs in the Achilles tendon, wrist tendon, elbow tendon, patellar tendon or rotator cuff at the bony attachment (where the tendon attaches to the bone).



Tendinitis is a condition in which tendons become inflamed or irritated. It is usually caused by an acute injury when a degenerated tendon is overloaded with a heavy and/or sudden tensile force. Such reduction of tendon strength is due to the type I collagen fibers that are replaced by the bulky and weak type III collagen fibers. Tendinitis is most common in the shoulders (rotator cuff), knees (jumper's knee), elbows (tennis elbow, golfer's elbow), heels

(Achilles tendinitis) or wrists (carpal tunnel syndrome). Symptoms include tendon inflammation, acute pain, tenderness, and stiffness.

Tendon tears usually occur due to trauma or when the tendon has degenerated and is more susceptible to an injury. In such events, the tendon tears away from the bone or ruptures within the tendon itself. Rotator cuff tears occur frequently in overhead sports and in individuals who have a degenerated rotator cuff tendon. Untreated partial tears can progress to large rotator cuff tears. Achilles tendon tears also occur frequently from traumatic injuries when the tendon is subject to unusually high loads which can be due to a combination of chronic degeneration with exposure to high loads.

Carpal tunnel syndrome (CTS) is a condition that results from compression of the median nerve as it travels through the wrist under the carpal tunnel. The inflamed tendons in the carpal tunnel compress the median nerve and cause pain, numbness, tingling, and weakness in the thumb and first three fingers.

The use of the FASTT Patch helps heal tendon injuries, repair cellular damage, and resolve inflammation by accelerating healthy type I collagen regeneration and reducing type III collagen tissues. The WHITEE Patch helps clear the ground substance, scars, calcifications, and nodulations, to reverse tendon degeneration. These products help eliminate or significantly decrease pain, increase range of motion, increase tendon strength, and help patients resume their normal daily activities. Patients can notice improvement immediately for acute phase tendon injuries. If the injury is over 3 months, patients may not feel an immediate pain reduction or may experience an initial pain spike when the FASTT Patch triggers the healing process. The pain will be reduced significantly in 8 days after using 3 FASTT Patches.

Inflammation Stage Tendinitis and Tendon Tears: If the tendinitis onset is within 3-6 months, 3-6 FASTT Patches can help achieve complete healing.

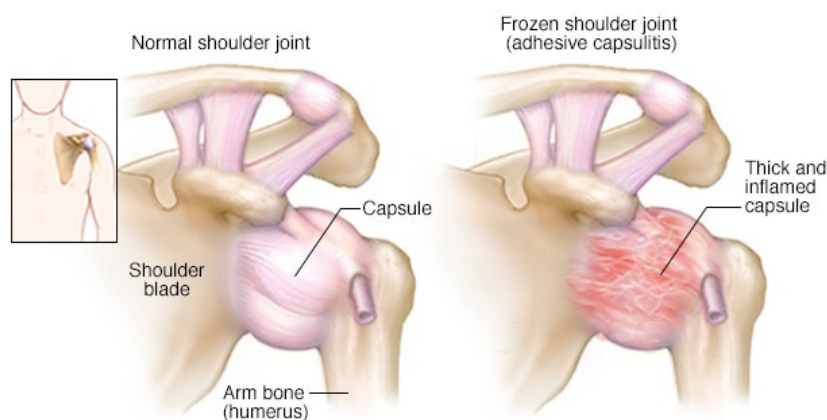
Degeneration Stage Tendinitis and Tendinosis: Degeneration stage tendonitis or tendinosis are usually over 6 months of onset with the presence of scar tissue and/or calcification. It is recommended to start with 6 FASTT Patches to heal the micro-tears and activate the healing process. Then, rotate between FASTT and WHITEE Patches to support healthy type I collagen regeneration, ground substance clearance, tendon thickening reduction, and scar and calcification removal. LC Balancer is recommended in addition to the patches to accelerate healing.

Frozen Shoulder and Rotator Cuff Tear

Frozen shoulder, also called adhesive capsulitis, is a condition in which the soft tissue capsule that surrounds the shoulder joint begins to stiffen causing pain, decreased range of motion, and upper back pain. Frozen shoulder is caused by synovial inflammation and scar formation in the joint capsule and the space for movement is minimized. The progression of the condition can be divided into three stages. The first is called the freezing stage in which

any movement of the shoulder causes pain and the range of motion becomes limited. This stage typically lasts from 6 weeks to 9 months. In the second stage (frozen stage) pain may start to diminish. However, the shoulder becomes stiffer and more difficult to use. In the third stage (thawing stage), the range of motion begins to improve and the pain can subside. This stage usually occurs 1-3 years after the shoulder becomes frozen.

A rotator cuff injury is usually a strain or tear in the tendon and joint capsule of the rotator cuff. This can occur from a single traumatic incident such as a dislocated shoulder and a broken collarbone or degenerative changes. Rotator cuff tear is the most common rotator cuff injury caused by repetitive movements in a sport or daily life such as overhead arm movements, a reduction of blood supply to the region, or poor posture. Symptoms of a rotator cuff injury typically include recurrent pain, especially during certain activities. Such pain can prevent the patient from sleeping on the injured side and cause a grating or cracking sound when the arm is moved. The injury can cause a decreased range of motion and muscle weakness and therefore patients will experience similar difficulty in lifting their arm and moving their shoulder that occurs in a frozen shoulder condition.



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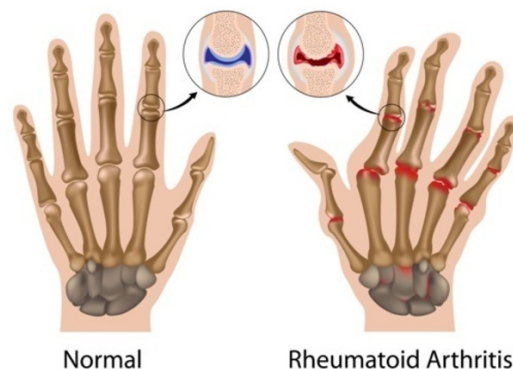
The recommendation to address frozen should include alternating use of the FASTT Patch and WHITEE Patch together with the use of LC Balancer. The FASTT Patch resolves inflammation and helps the healing of the joint capsule by accelerating local biological activities to expedite healthy collagen regeneration and reverse cellular damage. The WHITEE Patch helps break down the dense matrix of collagen fibers and scar tissue. The LC Balancer functions to open the smallest blood vessels to enhance whole body microcirculation and accelerate healing. Patients should experience improvement with increased range of motion and decreased pain within the first week of the protocol.

Shoulder: It requires alternation between 6 WHITEE Patches and 6 FASTT Patches together with the LC Balancer to achieve sustained results.

Rotator Cuff Injury: Acute phase injury requires 6 FASTT Patches to heal the injury with sustained results. If there is tendinosis and degenerative changes with scar tissue formation, it requires alternation between 6 WHITEE Patches and 6 FASTT Patches together with the LC Balancer.

Rheumatoid Arthritis

Rheumatoid arthritis (RA) is an inflammatory disease in which the body's immune system attacks the joint synovial membrane. If the inflammation goes unchecked, it can damage cartilage as well as bone causing cartilage loss and narrowing of the joint space between bones over time. Joints can become loose, unstable, painful, lost mobility, and deformity can also occur. RA most commonly affects the joints of the hands, feet, elbows, knees, and ankles and usually, the effect is symmetrical. The cause of RA is unknown, but environmental factors, infections, poor lymphatic circulation, and genetics contribute to the condition. Poor lymphatic circulation can cause slowed clearance of tissue fragments which can trigger immune reactions when these waste molecules accumulate to a high level.



Such autoimmunity due to poor lymphatic circulation is referred to as spleen Damp. The recommendation includes Java, LC Balancer and WHITEE Patches. Java clears spleen Damp and enhances lymphatic circulation to clear cellular debris in the lymph allowing WBC to resume their normal functionality and self-tolerance. The WHITEE Patch helps repair joint damage caused by autoimmune conditions. The LC Balancer helps open up the smallest blood vessels to improve whole-body microcirculation and accelerate healing. Patients can experience symptom improvement with a reduction in joint pain and inflammation in 2 weeks. For patients with a kidney deficiency, Xcel is also recommended to improve kidney function to help secrete the waste molecules more effectively.

Mild to moderate condition: Requires a 6-week protocol consisting of 6 WHITEE Patches, 6 LC Balancers, and 6 Java.

Severe condition: Requires a 3-month protocol consisting of 4 Java, 4 LC Balancer, and 6 WHITEE Patches each month. Each month involves 17 days with 6 patches followed by 14 days off without the patch. If the patient has multiple affected joints, it is recommended to apply the WHITEE patch to one or two of the most painful joints. Patients should notice a 50% symptom improvement after 1 month and can achieve up to 80-100% improvement by the end of the third month.

Herbal Formula Ingredients

FASTT Patch: Myrrh, Chinese Asafetida, Common Flowering Quince Fruit, Chinese Silkvine Root-bark, Cassia Bark, Twotooth Achrantes Root, Chinese Angelica, Himalayan Teasel Root, Prepared Kusnezoff Monkshood Root, Doubleteeth Pubescent Angelica Root, Red Peony Root, Lesser Galangal Rhizome, Incised Notopterygium Rhizome or Root, Sappan Wood, Pine Nodular Branch

WHITEE Patch: Myrrh, Chinese Asafetida, Common Flowering Quince Fruit, Chinese Silkvine Root-bark, Cassia Bark, Twotooth Achranthes Root, Chinese Angelica, Himalayan Teasel Root, Prepared Kusnezoff Monkshood Root, Doubleteeth Pubescent Angelica Root, Red Peony Root, Lesser Galangal Rhizome, Incised Notopterygium Rhizome or Root, Sappan Wood, Pine Nodular Branch, Pearl, Nacre, Sea-ear Shell, Oyster Shell, Clam Shell

LC Balancer: American Ginseng, Penta Tea, Reishi

The herbal ingredients we incorporate in our formulas are sourced from FDA approved domestic vendors and all of our formulas are manufactured in a cGMP facility located in Santa Clara, California in compliance with FDA regulation. After over ten years of intense application of herbal treatments, we have not encountered any interactions with our patients' pharmaceutical medications.

Selected Case Studies

Osteoarthritis, Knee Pain and Bone-on-Bone Condition

Osteoarthritis Successfully Reversed

Felicia M. Dyess, Jacksonville, Florida, 2011

A 62-year-old female patient came to see me in early November 2011 complaining of inflammation and pain in her left hand. The patient was diagnosed with osteoarthritis with visual arthritic changes (swelling) in the knuckle of both her thumb and forefinger. Her hand was stiff and hot to the touch and unable to make a fully closed fist. I treated the patient with acupuncture for several weeks and recommended additional herbal therapy with Wei Lab's WHITEE patches and LC Balancer to decrease inflammation, improve circulation and speed up the healing.

The patient came in for her acupuncture session after 6 days of herbal therapy. The inflammation and swelling were gone and the patient's skin was malleable and her hand was no longer hot to the touch. The patient had used a series of 2 WHITEE patches on both knuckles within the past week and took the LC Balancer at full dose. The patient was now pain-free and able to make a closed fist. She was extremely happy with the quick results and has not felt the need to come in for treatment to date.

Osteoarthritic Knee Pain Eliminated in 2 Weeks

Donald C., PT/PhD, Stanford University, California 2003

As a practicing physical therapist that has spent a lot of time participating in recreational sports over the last 20 years, I have incurred osteoarthritis in both knees. This is the result of 4 prior knee surgeries on my right knee and 3 on my left to correct orthopedic injuries. Despite rehabilitation, time and age has taken its toll. I would like to comment that the

"Chinese Medicine" gave me relief above and beyond all conventional physical therapy treatments. I did it for 9 days without much results, but on the 10-12 days after using the WHITEE Patches I noticed a significant reduction in the level of pain and inflammation. The most amazing thing is the lasting effect. I occasionally have a "flare-up" or twinge of pain after activity. Simply repeating the procedures for two consecutive days eliminates the pain and returns me to a much more comfortable state.

I have recommended the treatment for several of my patients and they have reported similar results. Herbal medicine is time tested in many cultures and I am pleased that I have had the opportunity to sample this herbal remedy for so aggravating a condition such as osteoarthritis.

Successful Improvement of Osteoarthritis and Knee Pain

John Filipinni, DC, P.Dsc, Danville, California 2017

An 83-year-old female suffered from bone-on-bone osteoarthritis in her left knee and had trouble with her right knee as well. She was receiving regular collagen injections but her other doctors told her she would not be able to continue the collagen shots for pain control. She had been unable to climb stairs due to her constant pain. The patient was considering a double knee replacement.

She was recommended 3 months of treatment for osteoarthritis using Wei Laboratories WHITEE Patch and LC Balancer in combination with other therapies. After 3 months of treatment, the patient reported a complete absence of pain, ambulating (moving/walking) fine and was happy and engaged in all activities of daily living.

She had stopped undergoing treatment when she went to Florida on vacation and had suffered a setback. However, she reported an improvement of over 80% in pain and mobility. She is very satisfied with the results.

Successful Treatment of Osteoarthritis, Bulging Disc, and Bone-on-Bone Arthritis

John Filipinni, DC, P.Dsc, Danville, California, May 2017

An 80-year-old female (retired teacher) presented with low back pain that radiated into her right hip, knee, and leg. She presented the information regarding her low back with an MRI demonstrating Osteoarthritis and disc bulges. I put her on a three-month treatment program of spinal decompression, Chiropractic adjustments (Arthrostim), along with Wei Musculoskeletal Institute herbal treatments

Her back pain was gone within the first month, but she continued to complain about her hip and knee. I questioned her further about any arthritis in either joint, and she remembered that they did do X-rays and found bone-on-bone arthritis in both. I, therefore, switched the placement of WHITEE patches to her hip and knee, and by the second month, she was only

experiencing occasional pain with the bad weather. By the end of the third month, she was completely out of pain and only felt slight discomfort if it was going to rain.

The patient reported:

“When I came in to see Dr. Filippini, I was in excruciating pain. I couldn’t straighten up. I had to walk in a walker, and I was in a bad way. After 3 months of treatment, I can walk pain-free...and without any medications. My life has improved a great bunch...I’m going to start babysitting my great grandbaby pretty quick.”

Eliminating Knee Pain from Bone-on-Bone Osteoarthritis

Patients from Massachusetts, June 2008

In December of 2006, I had arthroscopic knee surgery which was only mildly successful. Although it cleared up scar tissue, it was, obviously, unable to replace the cartilage which I have almost completely lost in my left knee due to bone-on-bone osteoarthritis condition. 6 months of painful physical therapy brought me no closer to mobility and I was finally referred for a knee replacement. I am only 56 years old and I refused.

At that point, I started using the WHITEE Patch and LC Balancer--I did the first 2 months of a 3-month prescription and since then have occasionally done touch up treatments. I wholeheartedly believe in this product. I can't say that I am 100%, but I am very active and only mildly uncomfortable compared to what I felt before. Someone at work just randomly handed me a sample patch that she had picked up somewhere and after wearing it for several days I was sold---that quickly!

Hip Replacement Surgery Prevented

Ronald Mullen, AP, Stuart, Florida 2012

Ron is a 57-year-old male and reports pain starting in the left hip about five years ago. The pain came on gradually with periodic sharp sensations experienced mostly at night while in bed. The pain has gotten worse over the years and is now severe. A scan revealed advanced osteoarthritis of the left hip joint. He is interested in the prevention of hip replacement.

Examination revealed stiffness, tightness of the hip joint, and hardening of the surrounding hip muscles. The hip joint also felt colder to the touch than the other hip joint indicating restriction of circulation through the affected tissue.

Herbal treatment using Wei Lab’s GI formulas, WHITEE Patch and LC Balancer was started with a reported easing of pain within the first week. By the second week, there was much improvement in energy and the hip pain felt sharper and more intense. Starting with week three, the hip pain began to resolve and continued to get better each week until the pain was completely gone. There is now much more flexibility in both hip joints and the patient is extremely happy to get rid of the pain and avoid hip replacement surgery in the future.

Conclusion: The patient progressed from severe left hip osteoarthritis, hip pain and hip tightness to full resolution of symptoms. He has also experienced more circulation through both hips thus preventing possible pathology in the other hip and prevention of hip replacement as the arthritis progressed.

Successful Elimination of Severe Hip Pain and Stomach Problems

Ronald Mullen, AP, Stuart, Florida 2012

John is a 55-year-old very active male. His hobbies are surfing, dancing and he dearly loves the outdoor Florida lifestyle. He came to me complaining of bilateral hip pain, which started about five years previous. He has tried a lot of different therapies without very much success and was very concerned he would have to give up dancing because of restricted mobility and pain. He was very much interested in the prevention of hip replacement in future years. He also reported having low energy, felt stiff all over and had a history of acid reflux, stomach ulcers, and periodic stomach pain. Upon examination, it was discovered that he had severe bilateral hip tightness with noticeable limitation of mobility and his hips felt cold to the touch with hardening of the hips and surrounding muscle tissue.

He was given herbal treatments consisting of Wei Lab's GI formulas, WHITEE Patch and LC Balancer. At his follow up consultation two weeks later, he reported an immediate increase in energy upon starting the therapy. The first week into the treatment his hips felt a little more painful, especially at night. By the second week, the hip pain had subsided and he felt that he was moving better. He was told to continue his treatment protocol and return two weeks later. At week three his Tango instructor commented on his improved flexibility.

John has continued to improve and at his recent visit reports that the pain in his hips is gone and he can now do a 180-degree contra-body twist in his dance class. He also had much more energy and his digestive symptoms have all been resolved. He sleeps better now than he has for many years.

Cartilage Injury, Meniscus and Labrum Tear

Successful Pain Reduction of Torn Meniscus in Left Knee

Scott Rothman, DC, Wayne, Pennsylvania, 2004

A 46-year old male patient was diagnosed with a torn meniscus in his left knee in 2004. The patient went through various sources of treatment including ultrasound, electric muscle stimulation, acupuncture, flexibility and strength, and exercise. The patient found his functional improvement amounted to about 50% after a four-week treatment. All treatments thus far had failed to deliver complete relief.

In hopes of achieving complete pain reduction, the patient started to use WHITEE Patches from Wei Labs. Within minutes of using the first patch, the patient felt the pain level was reduced by at least 50%. After two weeks of using the WHITEE patches (6 patches, 2 days

on, 1 day off) the patient had regained 90% functionality (90% of the time the patient felt 100% pain free and 100% functional). The patient was then put on a maintenance care program which included 1 WHITEE patch a month right over the meniscus whenever he felt some irritation. The results have sustained ever since (for 7 years now).

Successful Pain Elimination for 4 Years with a Medial Meniscus Tear

Steve Gershman, DPM, Auburn, Maine, 2010

Dr. Gershman, a 58-year old male, was diagnosed with a left knee medial meniscus tear in 2006. He suffered substantial pain and swelling. Two independent orthopedics suggested knee surgery (arthroscopy) to remove the remaining cartilage. Dr. Gershman decided not to proceed with the surgery because he felt it did not address the root cause of the injury.

As an alternative, Dr. Gershman went on a 6-week treatment protocol using a combination of WHITEE patches and LC Balancer. The result had been phenomenal. With just 6 weeks of treatment, symptoms didn't reappear until 4 years later. Dr. Gershman had been working out this entire time for 2 to 3 hours a day (7 days a week) without any pain or swelling. He's able to brisk walk with an elevated treadmill as well as continue to weight train. He's currently applying a second round of protocol.

Successful Pain Reduction of Chondromalacia Patella in 2 Weeks

Elizabeth Galaif, MD, Larkspur, California

Dr. Galaif had a patient suffering from severe inflammation and chronic pain due to Chondromalacia Patella. The patient was recommended a two-week program of 6 Medium WHITEE patches to increase blood flow, enhance nutritional supply, and decrease inflammation through improving the lymphatic circulation. The patient experienced a dramatic decrease in pain and inflammation with just 6 patches. The patient was recommended another two-week therapy in order to see sustained results.

Successful Resumption of Activities from Bone-on-Bone Osteoarthritis and Torn Meniscus

Susan Russell, PH.D., LAc, Marietta, Georgia

A female patient of Dr. Russell was diagnosed with Bone-on-Bone Osteoarthritis and a Torn Meniscus. Dr. Russell suggested the patient start with a two-week program of 6 Medium WHITEE patches to enhance nutritional supply for cartilage regeneration and LC Balancer to improve microcirculation in combination with her chiropractic modalities. Within two weeks of the program, the patient reported that she was experiencing less pain and was able to walk down the stairs without discomfort. Dr. Russell recommended another round using the Large WHITEE patches, in hopes of covering the entirety of the meniscus and cartilage tissues. After the second round of the program, the patient reported that she was able to resume normal physical activities and mentioned that she could walk normally.

Successful Pain Reduction of a Labral Tear
Dionne McClain, DC, Los Angeles, California, 2010

A 42-year old female patient had been diagnosed with a labral tear in her shoulder. She suffered from severe pain (8 out of 10) as well as limited range of motion. She had stopped exercising due to her injury. Prior to the injury, the patient had been very active (exercising 3-4 times a week). She had been advised to consider surgery from her orthopedic surgeon and came in for an alternative resolution in November of 2010.

Dr. McClain recommended a holistic solution consisting of chiropractic adjustments, herbal remedies (alternating FASTT and WHITEE patches), ultrasound and myofascial release for a length of four weeks (2 sessions per week).

After four weeks, the patient reported that her range of motion was extended to its normal extensivity. The patient's pain level was almost eliminated. She experienced a pain level of a 2 out of 10 only in certain direction-specific arm movements. The patient is able to resume exercising. Dr. McClain recommended her to continue the program in order to see sustained results and complete pain elimination.

Bulging and Herniated Disc

Healing of Bulging Disc
Marco Cazares, D.C., California

A 26-year-old female from Spain, presented with acute low back pain radiculitis into lower extremities, and severely limited range of motion in the lower back. The patient slept semi-seated with lots of pillows and was under heavy medication for pain and swelling. She was scheduled for surgical intervention for a 9.5 mm disc protrusion with inferior migration into the spinal cord. An MRI study with NCV confirmed the pathology.

The patient postponed surgery to attempt alternate care with spinal decompression with Wei Laboratories WHITEE Patches and LC Balancer offered in my clinic. After thorough evaluation and explanation of treatment options, benefits and risk factors involved, the patient consented to conservative therapy of 6 WHITEE Patches and 2 LC Balancers for fourteen days and continued use of WHITEE Patches for three weeks. The patient also had spinal decompression daily for ten days using Antelgic Track.

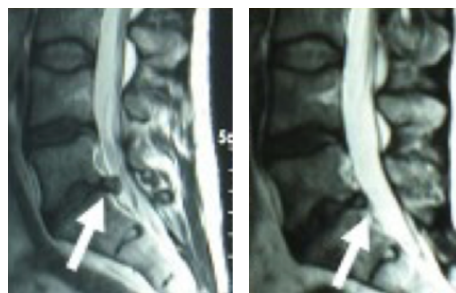
Patient stated she had decreased symptoms of pain from 9 out of 10, to 5 out of 10 in one week. After two weeks, the patient reported decrease of pain from 5 to 3 of 10, with tingling and numbness decreased by 75%. Following four weeks of care, the patient reported pain symptoms at 1 out of 10 with minimal tingling and numbness. The patient regained total range of motion following six weeks of care. The patient reports no back pain with slight tingling in right ankle but she has returned to normal daily activities. Upon returning to her Neurologist, the patient was re-examined and new MRI finding showed a healed disc protrusion. Her Neurologist wondered where the bulging disc went.

Successful Reduction of Bulging Discs

Charles Jewett, D.C., Ohio

A 52-year-old male came in with 2 central bulging discs at L2-L3 and L5-S1 regions. The patient had severe pain and was unable to stand for longer than 1 hour.

Dr. Jewett recommended the WHITEE patches and LC Balancer. After using the products for only 2 weeks, he was able to go walk around the mall and was able to withstand being upright a lot longer. After 1 month, he felt a great improvement in his symptoms and experienced a significant reduction in pain. After completing 3 months of the program, the MRI results showed that the discs were no longer impinging the nerve.



Successful Herniated Disc Resolution

Andrew Lowe, NP, United Kingdom

A 45-year-old woman came to me with a herniated disc. She had undergone two back operations and was anxious to avoid a third. She was in constant pain and her consultant had suggested yet another surgery. We started her on the Wei Laboratories herbal program which included the WHITEE Patches and LC Balancer. After four weeks, she was able to reduce her reliance on painkillers.

Six weeks into the program, she was able to stop using painkillers completely, and she also no longer needed the Wei Laboratories products. Speaking with her afterward she said she was now 98% pain-free and was able to get on without any further solutions.

Successful Resolution of a Herniated Disc

Roch Parent, D.C., Canada

A male patient, 43 years old, suffered from low back pain due to a herniated disc. Surgery had been performed once at L5/S1. Unfortunately, the patient still complained about neuritis in his hips and legs (mostly on the right side). He had permanent and severe pain (9 out of 10) with spasm.

Dr. Parent applied a combined treatment program composed of herbal remedies (12 large WHITEE patches and 3 bottles of LC Balancer) as well as chiropractic work and rehabilitation exercise (e.g. stretching) for a total length of six weeks. After two sessions per week during the main program, the patient continued on preventative maintenance (once a month).

The results turned out great! The pain level was reduced to 1-3 out of 10 (before 9) depending on how long the patient moved around for. He once had a constant pain that was no longer experienced. Due to the increase of local and systemic blood flow from the

products, the patient's mobility had increased by 75%. Preventive maintenance once a month has sustained the results ever since.

Successful Healing of Herniated and Bulging Discs

Patient from Las Vegas, Nevada, February 2008

Hello. First, I'd like to congratulate Dr. Wei for coming up with some great products! I can tell you first hand that they work. My 2006 MRI showed a herniated disc and a bulging disc. I used the WHITEE Patch. My 2007 MRI shows no herniated or bulging disc and the doctor stated "remarkably no swelling in the area". One day, I got sick and threw-up and damaged something in my throat. When I'd eat food, I had to wash it down with a drink. Then I went in for neck surgery and my doctor said he would stretch that part of my throat to make it easier to swallow, but after the surgery I had hard time breathing when lying down. I remembered the WHITEE patch removes swelling so I used it on and off for a week then I could breathe and swallow again which is why I'm a believer in your products.

Bone Spurs and Spinal Stenosis

Successful Treatment of Severe Chronic Back Pain Due to Stenosis

Robert Smatt, LAC, M. Sc. Homeopathy, San Diego, California

A male patient, 51 years old, suffered from severe chronic back pain (almost 10 out of 10) for at least 8 years. He had been diagnosed with spinal stenosis (x-rays) and invertible disc protrusion. The patient had been identified as a candidate for surgery but did not consider this an option. Typical treatment options such as acupuncture or spinal decompression had been tried. Nothing turned out to be successful. Given the constant need for pain killers the patient had a strong desire for a better quality of life without drugs.

Dr. Smatt applied a variety of test work (hormone, body chemistry). Based on that he applied a combined treatment program composed of acupuncture (with microcurrent), nutritional support and herbal solutions (e.g. WHITEE patches) as well as dietary changes. Main goals of the dietary changes were to remove all grains from the diet and have the patient stay on it.

The program consisted of two parts with one session per week. The first one lasted for 2 months, the second one for another couple of months.

The results turned out great. The pain has been completely removed. The patient has much more energy and stayed on the dietary schedule. The good conditions have been sustained ever since.

Successful Treatment of Stenosis

Jack Kucheran, DC, Calgary, Alberta, Canada

Condition: MRI shows the patient has moderate degenerative disc disease at L4/5 with facet joint osteoarthritis causing moderate to severe central canal stenosis and severe right foraminal stenosis. The patient has advanced degenerative disc disease at L5-S1 with mild facet osteoarthritis causing severe right neural foraminal stenosis and L5 nerve root impingement.

Symptoms include low back pain, right buttock/hip pain, right leg pain and sciatica, right leg weakness, numbness, and loss of strength right leg and foot.

Treatment with Wei Lab's WHITEE Patch, LC Balancer and Brown Formula was recommended. After 3 months of treatment, the patient is 70% improved at present. The patient has no leg pain, strength has returned in right leg and foot, no numbness or tingling in the leg. Low back pain is 70% better.

Patient is a Welder and does very heavy physical work. Patient was unable to do work for 1.5 months. Patient is now back to work 7 hour days. Patient is no longer woken up by pain. Patient quality of life is dramatically improved. Patient recently consulted Neurologist. Neurologist has confirmed patient does not need surgery with his continuing improvements.

Successful Treatment of Stenosis

Michael Yuen, LAc/PhD, Santa Rosa, California

60 y.o. F patient was diagnosed with spinal stenosis. She had extreme pain and had to use a cane to walk. Since her condition is very severe, Dr. Yuen decide to use Wei Laboratories stenosis protocol with 8 Large WHITEE Patches, 3 LC Balancers and 2 Brown formulas. After only 3 weeks of the treatment, the patient saw positive results in her stenosis condition. It is about 40% improvement, a huge improvement. The patient can walk much better without the use of a cane anymore. Also, lost 10 lbs.

After 6 weeks of treatment, patient is seeing further improvement on her stenosis. A lots more mobility in the full body. Both patient and doctor commented that the improvements are remarkable and treatments are truly productive considering her age, the severity of the condition and the short period of treatment.

Successful Treatment of Bone Spurs

Valerie Ozsu, MSN, CNM, NP, Vacaville, California

I had a female patient who had a new water filter installed on her ranch. The calcium/magnesium ratio was off (as we discovered in her evaluation) that led up to her developing bone spurs. We worked on a diet and used a PEMF machine. She had great pain hopping off her horse and pain doing daily chores. I recommended her the bone spurs protocol from

Wei Laboratories; employing WHITEE Patches and LC Balancer, and she had 50% recovery. She has since changed her water filter and continues to improve. The patient was very satisfied with the results.

Successful Resolution of a Bone Spur

Lolita Smith, LAC, Maryland

A female patient, age 48, came for treatment as she had been diagnosed with bone spurs on the left side of her foot. The patient experienced severe pain (8 out of 10). She had difficulty walking and needed to avoid certain shoes. The conventional treatment provided by her MD did not succeed; therefore, surgery had been recommended. The patient declined. She was able to work but was in constant pain.

Dr. Smith applied a combined treatment program composed of acupuncture and herbal remedies from Wei Laboratories (WHITEE Patch and LC Balancer) for a total of three weeks (one session per week). Upon completing the program, the pain had been completely removed. Her difficulties in walking disappeared. The results have been sustained ever since. The patient is very happy.

Eliminated Symptoms of Arthritic Thumb with Bone Spur

Jeffrey C Kalins, DC, Georgia

A female patient, 60 years of age, came in for treatment as she had no range of motion in her left thumb. She experienced occasional pain at an intensity of 5 out of 10. Her issue started with trigger thumb symptoms and was initially treated with minor thumb adjustments. The patient also used topical creams to get relief. None of the initial measures produced results. A subsequent x-ray showed a small bone-spur and arthritis in the thumb.

Dr. Kalins applied an herbal treatment program consisting of Wei Labs WHITEE as well as additional vitamins for a total of 2 weeks. The results have been great. Upon completing the herbal program, the patient's full range of motion has been restored. The patient can bend the thumb without limits. Also, the pain has been eliminated. The results have been sustained ever since. She is very happy with the outcome as things are back to normal.

Tendon Injury, Tendonitis and Tendinosis

Successful Treatment of 25 Soccer Players against Acute Tendon Apathy

Marco Cazares, DC, Indio, California

The following study presents a clinical review of 25 patients (soccer players) with lower extremity tendinopathy. Of this sample, 14 patients were seen for acute medial collateral tendonitis. 6 patients came for acute deltoid ligament strains (Great 1 to Great 2). The remaining 5 patients suffered from knee patella tendonitis associated with the Osgood Schlatter syndrome. A review of all patients yielded the following common symptoms:

1. Tenderness
2. Joint effusion and edema
3. Decreased joint motion by at least 40%
4. Pain with active motion and weight-bearing

Based on the radiologic findings 95% of the injuries (except for three cases) proved to be normal. Positive cases revealed avulsion fractures with no displacement.

All 25 cases have been submitted to a trial therapy using ice packs and taping orthotic support. Every patient of the sample was prescribed with FASTT patches (6 FASTT patches for a two-week period; 2 days on, 1 day off). No other physical therapy was performed.

All 25 patients obtained very good to excellent responses (after the first week of trial). For more than 76% (18) of the patients, two patches were sufficient for an almost total resolution of the symptoms). 24% (7) of the sample required 4 patches to obtain the same response. It is noted that the use of FASTT patches for the treatment of acute tendinopathy is a promising treatment protocol for all physicians who encounter this condition. A larger group trial should be performed to study the long-term effects of herbal transversal medicinal patches.

Successful Healing of Medial Lateral Epicondylitis (Tendinitis) in Both Elbows

C.A. Diede, DC, South Dakota

A male patient, age 53, suffered from tendinitis (golfer's elbow) in both elbows for several years. The patient experienced severe pain (level 8 out of 10) that was sharp whenever the muscle was contracted. Temporary relief was achieved through proper chiropractic treatment (adjustments, soft tissue therapy, ultrasound, massage). However, the pain kept coming back. Also, the medial side of the right arm had been itching over the years indicating the presence of metabolic toxins. The patient required physical strength to be able to perform in his profession.

Dr. Diede recommended the patient start a wellness program using Wei Laboratories FASTT Patches. The right arm was treated with three patches on the inside and three on the outside of the elbow (a total of six patches for nine days). The left-arm received six patches on the inside as well as four patches on the outside of the elbow. The program was not implemented at the same time for both arms.

The results were amazing. The pain had been completely eliminated after a few months. The results have sustained ever since. The application of the FASTT Patches saved the patient from potential disability and restored his capability of performing his work. There is a clear trend towards complete recovery.

Successful Herbal Treatment of Chronic Biceps Tendinitis

Thomas Kriczky, DC, Pennsylvania

A female patient, age 79, suffered from chronic biceps tendinitis. A medical exam and a radiographic test had ruled out a tear. Ultrasound and electric muscle stimulation treatment had not yielded substantial results. A cortisone injection given by the orthopedic provided very little benefit. Her pain level had been severe (7 out of 10).

She came to Dr. Kriczky who recommended a program composed of FASTT Patches and chiropractic adjustments. The program lasted for 20 days with two sessions each week. The wellness plan achieved a 75% reduction in pain. The patient experienced a continual decline in pain for the following weeks. The results have been sustained ever since.

Successful Resolution of Carpal Tunnel and Thoracic Outlet Syndrome

Jay Marienthal, DC, Florida

A female patient, age 31, came to Dr. Marienthal as she had been diagnosed with carpal tunnel syndrome and thoracic outlet syndrome. As a dental assistant, the patient had to perform fine manual work on a daily basis. As a result, she suffered from numbness, weakness, and pain in both of her hands and wrists. The pain level was severe (10 out of 10).

Dr. Marienthal recommended a program composed of chiropractic adjustments, soft tissue work, Kinesio tape, FASTT Patches, vitamins (e.g. Standard Process and APEX), and muscle strengthening exercises for both arms and hands. The program lasts around two months (two sessions during the first week, once a week thereafter).

So far, the outcome has been truly positive. The pain level has been reduced to 4 out of 10. The numbness has disappeared and the muscle strength improved. It is hypothesized that the pain will have diminished once the program is completed.

Successful Pain Relief from Plantar Fasciitis

Lisa Dulac, Lac, Maine

A female patient, age 40, had been suffering from plantar fasciitis as a result of working on her feet all day. Medical doctors and physical therapists had told her that the pain would eventually resolve itself on its own. However, nothing seemed to be working.

Lisa Dulac began treating the patient using acupuncture sessions and Wei FASTT patches. The program lasted a total of five sessions throughout two and a half weeks. The patient's pain was resolved by approximately 20% after the first session. By the end of the sixth session, the patient experienced no pain. A year afterward, the patient still has relatively no pain in her feet. The patient is ecstatic with the results and has told others about Lisa Dulac and her practice.

Frozen Shoulder and Rotator Cuff Tear

Successful Resolution of Frozen Shoulder Pain

Teri Langford, DC, TX

An 86-year-old male entered the office with Frozen Shoulder syndrome. This man was a healthcare professional and was actively practicing. The pain was increasing and he was able to work only by holding his right arm up with his left hand and having the tools handed to him.

I recommended Wei Laboratories Large FASTT patches which were applied to the shoulder, anterior compartment. He also took LC Balancer to increase microcirculation. He noticed an improvement immediately. A total of 6 patches were used and the shoulder has full range of motion and no pain.

Successful Healing of Labral Tear (Rotator Cuff)

Dionne McClain, DC, CA

A female patient, age 42, had been diagnosed with a labral tear in her rotator cuff. She suffered from severe pain (8 out of 10) as well as a significant limitation of range of motion. She had been advised to consider surgery and came for treatment in November 2010. Before the injury, she had been very active (exercise 3-4 times a week).

A combined treatment program of chiropractic adjustments, herbal remedies from Wei Laboratories (one FASTT and two WHITEE patches), ultrasound, and myofascial release was prescribed for a total length of four weeks (two sessions per week).

The results turned out to be remarkable. The patient's range of motion was extended to its normal range within four weeks. The patient's pain was eliminated (in certain directions of arm movement there is a pain level of 2 which is in the process of being removed as well). The patient can exercise again and she is on her way to being completely cured.

Successful Healing of Anterior Rotator Cuff Tear with Displacement

Peter and Roxayne Veasey Redmond, DC, PA

A male patient, age 54, had been diagnosed with a severe anterior rotator cuff tear with displacement (he had demonstrated a taekwondo kick to his grandson in the living room). His pain level was severe (8 out of 10). He did not want to use any drugs. The injury would normally represent a case for a surgeon.

Dr. Redmond decided to treat the injury with Wei Laboratories herbal patches only (treatment area was far too sore for any chiropractic work). The herbal program was applied

for a total length of six months with both FASTT Patches as well as WHITEE patches. Both types of patches had been alternated.

The results were remarkable. The patient received substantial relief of pain for maintaining his daily schedule. He recovered from the injury much faster than expected for such a condition. He never had to go through surgery (after two years the healing process had reached 98% and full recovery is expected) and is on a normal exercise schedule again (e.g. Yoga).

Rheumatoid Arthritis

Successful Rheumatoid Arthritis Treatment

Ronald Mullen, AP, Stuart, Florida 2012

A 57-year-old male presents with stiffness and soreness bilaterally in all joints of the upper and lower extremities. Symptoms are aggravated by walking, especially the ankle joints, which swell severely and produce extreme pain. He reports his condition is getting worse and that he had to leave his employment six months earlier and is now completely disabled. He has been diagnosed with rheumatoid arthritis by his previous MD.

After TCM examination, he was given acupuncture treatment and prescribed herbal formulas from Wei Lab including the LC Balancer and Java formula. At his next appointment, three days later, he reported that the swelling in his left ankle had disappeared within the first 24 hours, with other symptoms beginning to improve. Continuing this protocol, after one week, he reported all symptoms had improved approximately 70%. With continued treatment and herbs for three additional weeks, he reports improvement at 80%. He continues to improve at the time of this writing and is planning to return to work soon. In his own words, he says the treatment has given me my life back.

P.S. Eight months later, the patient did another blood test and found that the Rh factor became negative.

Successful Treatment of Rheumatoid Arthritis

Saltanat Rahimi, LAC/ND/Master Iridology, Thornhill, Ontario Canada

A female patient, age 38, had been diagnosed with rheumatoid arthritis in 2010. She suffered from severe pain in all parts of the body including her hands. Her ESR amounted to 80 and her SHRP to 7 (very high values).

Dr. Rahimi started the patient on a 2-month treatment program. It was composed of Wei Lab's Java formula, fish oil as well as an anti-inflammatory. In addition, a healthy diet had been introduced.

The treatment reduced the pain by 70-80% within 2 weeks. Java was taken for a total of 2 months. For preventative reasons the patient still uses fish oil. The patient has kept the diet until now.

The patient had almost no pain at the end of the treatment program (after 2 months). The patient's diagnoses after 3 months yielded an ESR of 20 and an SHRP of 3 (substantial reduction as a result of the treatment).

Successful Program for Rheumatoid Arthritis:

Dr. Michael Biamonte, NC, Nutritionist, CCN, Florida

A 50-year-old female patient came to Dr. Biamonte for help, as she was afflicted with rheumatoid arthritis (RA). She suffered from pain and the other symptoms caused by her RA.

Dr. Biamonte recommended a protocol to ameliorate RA including Java formula to resolve the autoimmune conditions and improve lymphatic circulation, and Xcel to improve kidney function.

One month after starting the protocol, the patient reported that she felt much better. She had seen improvements in her RA, her knees were not swollen at all, and she was able to wear her dance shoes again. She stopped taking all the supplements and she was doing well, but the arthritis in her hands still caused some pain, and her wrist was red, warm and swollen.

For the pain in her hands and wrist due to her RA, Dr. Biamonte recommended Wei Laboratories WHITEE Patch to put on the areas of pain.

One month later, the patient excitedly reported that the pain caused by her RA was greatly diminished. She said as soon as she put the patch on, the pain got much better. She had not been able to use her wrist before, but now she had a great range of motion!

Ever since starting the protocol, her RA pain and inflammation had diminished greatly. The patient is thrilled about the herbal formulas and she is currently continuing the program to see greater improvement.