



Suture Aftercare

Yours Son's Procedure:

- Your son will go home with a compression dressing covering the area.
- He has sutures in place, which will dissolve on their own.
- Once discharged from our office, your son will be restricted to rest immediately after his procedure and gradually increase activity over the next few days
- Bruising and swelling is completely normal. It's due to the administration of the local anesthesia. It usually takes 7-10 days to fade away
 - He should not ride a riding toy/bike for 1week. Avoid swimming pools until healing iscomplete

Medications:

- Your son has been prescribed pain medications by our physician. A medication list with doses and times will be provided to you. Please follow the times as directed.
- He will take an antibiotic for 7 days. Pleasefollow printed directions.

Bleeding:

- Small spots of blood on his diaper/underwear is**normal**.
- Immediately contact our office if you notice continuous bleeding/larger than aquarter size amount of blood.

Cleaning the area:

- No bath or shower for the first 3 days.

Sensitivity: Internal

- You may use a washcloth to gently clean the area.
- Do not apply anything to the area unless directed by our physician.
- You may begin showering after the 3rd Day, once the bandages have been removed.

Removing the bandage:

- The bandage should be removed on the 3rd postoperative day
- Soak in a bath for 30 minutes. This will loosen the crusted dressings, making them easier to remove
- Once removed, gently pat dry.
- Do Not apply anything unless directed by your physician.
- Only your son and two adults are permitted in the office. No other children are allowed in consideration to our newborns.

Most frequently asked questions/concerns:

- **I think my son has a blister on the area:**

You will notice a yellow or gray bubble which is caused by a medication (silver nitrate) which we use in the procedure room to stop the bleeding. This scar will become dry, hard and black, then it will fall off by itself (similar to the belly button) within 2 weeks.

- **Why does it look infected?**

It is normal if the area turns yellow. This does not mean infection. The area will clear up within 2 weeks.

Call our office immediately if:

Emergency phone number: (310)897-5056

- Your son is bleeding continuously.
- Your son's temperature is 101 or greater.
- Swelling increases after 3 days.
- You notice foul smelling discharge.

Sensitivity: Internal
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