



The following instructions will help you achieve the best results from your **Light Based Laser** treatment. Please take a moment to review this information prior to your treatment. If you have a history of fever blisters (cold sores), we recommend taking an anti-viral medication starting 1 day prior to your treatment. Follow your prescription instructions post procedure. See your provider if you require a prescription.

1 day before receiving treatment, please:

- Shave the area that is being treated.

3-4 days before receiving treatment, please avoid the following:

- Prescription and over the counter topical medication to the proposed treatment site

3-6 weeks before receiving treatment, please avoid the following:

- Sun or sunless treatment products.

4-6 weeks before receiving treatment, please avoid the following:

- Bleaching, plucking or waxing hair.

Immediately after receiving treatment:

- There may be swelling, redness and mild-sunburn feeling for several days.
- Use cold compress for comfort
- Makeup can be used as long as there is no blistering. Use new makeup to reduce the possibility of infection, and use SPF 25 or higher for 1-2 months.
- No picking or scratching the treated skin. Wash with mild soap.

The Eterna Team