



PEDIATRIC OFFICES OF: SAVEL, KELLY, BOREMAN & ODOM, M.D.'S

1230 S. MYRTLE AVE SUITE #205 CLEARWATER FL, 33756 • 250 PINE AVE N. SUITE B OLDSMAR FL, 34677
PHONE (727) 447-6458 • FAX (727) 461-5211

BOOKS ABOUT DISCIPLINE FOR ALL AGES AND STAGES:

It's Never Too Soon by Dr. Ruth Peters, (birth to six years)

Don't be Afraid to Discipline by Dr. Ruth Peters, (seven to teenage years)

Laying Down the Law by Dr. Ruth Peters. (All ages)

The Discipline Book by William Sears. (Birth to ten years)

1-2-3 magic by Thomas W. Phelan PhD. (two to twelve years)

SOS Help for Parents by Lynn Clark (All ages)

SOME DISCIPLINE POINTS

- Reward good behavior quickly and often.
- Don't accidentally reward bad behavior.
- Move close to your child, maintain eye contact and say his/her name.
- Use a firm tone of voice with a stern face.
- Give a direct, simple and clear command.
- Follow through with an immediate consequence like time-out.