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A Memo To Parents From Their Children

- Don't spoil me. I know that I shouldn't get all that I ask for. I'm only testing you.
- Don't be afraid to be firm with me. It makes me feel secure.
- Don't let me form bad habits. I have to rely on you to detect them early.
- Don't make me feel smaller than I am. It makes me misbehave.
- Don't correct me in front of people, if you can help it.
- Don't make me feel that my mistakes are sins. It upsets my sense of values.
- Don't protect me from consequences. I need to learn the painful way sometimes.
- Don't be too upset when I say "I hate you". It isn't you I hate but the power to thwart me.
- Don't take too much notice of my small ailments. Sometimes they get me the attention I need.
- Don't nag. I'll have to protect myself by appearing deaf.
- Don't forget that I cannot explain myself as well as I'd like. That's why I'm not always accurate.
- Don't put me off when I ask questions. If you do, you will find that I stop asking and seek information elsewhere.
- Don't be inconsistent. That confuses me and makes me lose faith in you.
- Don't tell me my fears are silly. They are real to me. Try to understand them in order to reassure me.
- Don't ever suggest that you are perfect or infallible. It hurts and disappoints me when I learn you are neither.
- Don't think it is beneath you to apologize to me. An honest apology makes me feel surprisingly warm toward you.
- Don't forget I love experimenting. I couldn't get along without it, so please put up with it, within limits.
- Don't forget how quickly I am growing up. It must be difficult for you to keep pace with me but please try hard.
- Don't forget that I need lots of love and understanding to thrive.
- Please keep yourself healthy and fit. Take time for yourself.

I need you and love you!!