



# Endovascular And Interventional Associates

Specializing in Minimally Invasive Diagnosis and Treatment

100 Medical Center Blvd Ste 118

Conroe, TX 77304

Tel: (936) 539 4031

Fax: (936) 539 4537

Procedure Date: \_\_\_\_\_ arrive at \_\_\_\_\_

**DO NOT EAT OR DRINK 8-10 HOURS PRIOR TO YOUR PROCEDURE AT:** \_\_\_\_\_

**Please take your medications as directed with a sip of water.**

**\*\* IF YOU ARE DIABETIC:** and take Glucophage, Glucovance, or Metformin, **DO NOT** take the morning of your procedure or 2 days after the procedure. If you take only oral medications, and your procedure is scheduled before 12:00 noon, do not take them the morning of your procedure. If you take only oral medication and your procedure is scheduled for 12:00 noon or **AFTER**, you may eat a light breakfast at 6:00 am and take your oral medications. Please notify our staff for all types of diabetic medications. Some medications may need to be held or changed around the time of your procedure. If you take **INSULIN**, you may take ½ of your normal insulin dose the morning of your procedure.

### PRE-OP INSTRUCTIONS

- Pre-registration with Hospital and lab work **MUST** be completed 3 to 5 Prior to procedure. Please call (936) 539-7117 to schedule an appt. **PRE REGISTRATION:** \_\_\_\_\_
- Take all pre-procedure medications as prescribed.
- If you are uncertain about when to arrive, what medications to take, or are given any unclear instructions, please call the office at (936) 539-4031.
- Plavix, Pletal, and aspirin may still be taken before the procedure.
- If you are on Coumadin/Warfarin, we would like you to discontinue taking it 4 days prior to your procedure. Please call the doctor that orders this medication for you, and ask if he/she is alright with this. **STOP COUMADIN ON:** \_\_\_\_\_
- Have someone drive you to and from the procedure.

**\*\* FOLLOW-UP DATE IS:** \_\_\_\_\_ **AT** \_\_\_\_\_ **AM/PM**

### POST-OP INSTRUCTIONS

- Some discomfort, bruising and soreness is to be expected following the procedure. If you are bleeding, or have severe pain, call 911 or go to the nearest emergency room.
- Light activity and no heavy lifting for 2 weeks.
- You may resume your pre-procedure medication schedule.
- Keep the incision area dry and clean for 5 days following the procedure
- Keep all follow-up appointments with our office and your referring physician

**Patient Signature:** \_\_\_\_\_