

The logo features a stylized compass rose with four points, centered behind the text. The text "Surgical Consultants of Dallas, L.L.C." is written in a bold, black, sans-serif font.

Surgical Consultants of Dallas, L.L.C

The name of your operation was a single gland (left superior) parathyroidectomy, which means that your abnormal parathyroid gland was removed. The operation went well and your parathyroid hormone level was normal after the operation was completed.

Post-operative instructions:

If you develop any numbness or tingling around your mouth or in your fingers, this may be a sign of low calcium level. If this happens, take TUMS (which can be purchased over the counter at any pharmacy) until your symptoms resolve, then promptly call Dr. Madni's office.

Watch out for...

- Numbness or tingling in your fingers or around your mouth
- Neck swelling or difficulty breathing
- The area around your incisions becomes very red, increasingly tender, or begins to drain pus (Small amounts of blood-tinged fluid and mild redness are common and are no cause for concern.)
- Your temperature goes above 100.0° F (38° C)
- You feel as if you are getting sick instead of well

If you experience any of the above, or if you simply have questions about your condition, please call (972) 566-7860 to contact Dr. Madni's office. This number will be answered by our office during business hours and it will connect you to an answering service at night and on weekends. If you leave a message with the answering service, Dr. Madni or one of her partners will promptly give you a call back within the hour.

Diet: You may eat a regular diet after surgery.

Pain Control and Other Medications

When you leave the hospital, you will have a prescription for Norco, a narcotic that helps with pain. Take one tablet every 6 hours as needed for moderate to severe pain. If you are only experiencing mild pain, try to take Tylenol (sold over the counter) instead of Norco. Beware, pain medications can cause constipation, so take a stool softener (Colace 200 mg twice daily) to avoid that while you are taking pain medications.

You may resume any medications you may have been taking for conditions unrelated to your gallbladder disease.



Surgical Consultants of Dallas, L.L.C

Follow-up

Please call Dr. Madni's office at (972) 566-7860 to schedule your post-operative visit for 10-14 days following surgery. If no one answers, leave a message and your call will be returned within one business day.

Wound Care:

Your incision is closed with absorbable sutures and surgical glue. Starting the day after surgery, you may take showers and allow soap and water to wash over incision. The glue will peel off in 10-14 days. Do not submerge your incision in water (no swimming or bathing) for one month following surgery.

Activity

You can resume your regular activity as tolerated. You do not have any restrictions from a surgical standpoint, but rest as much as you need to for the first few days following surgery.