

[BPC-157: The Regeneration Peptide](#)

BPC is a synthetic peptide derived from a protective protein and has been used to promote muscle and tendon healing, prevent gastric ulcers, and increase collagen production. BPC-157 is often most used to treat stomach and intestinal conditions such as inflamed intestinal epithelium (leaky gut), eosinophilic esophagitis, and inflammatory bowel disease; however, its abilities to improve type 1 collagen and increase blood flow via angiogenesis means it is a powerful peptide for wound healing and overall regeneration following damage. Notably, BPC-157 aids in alleviating joint pain, old injuries and those looking to improve joint mobility.

[Benefits of BPC 157 include:](#)

- Potent anti-inflammatory
- Possesses neuro-protective properties—specifically modulating the serotonergic and dopaminergic systems
- Promotes angiogenesis and vasculogenesis
- Accelerates wound healing (e.g. muscle, ligament, tendon, nerve)
- Promotes cell survival under stress
- Maintains GI mucosal integrity
- Protects and prevents gastric ulcers
- Improves digestive function (IBS)
- Used in Inflammatory bowel disease (IBD) exacerbations/flare
- Protects liver from toxic insults (alcohol, antibiotics, etc) and promotes healing
- Repairs tissue; such as GIT, tendons, ligaments, brain, bone, etc
- Effective treatment for Traumatic brain injury (TBI)
- Protects and heals inflamed intestinal epithelium (Leaky Gut Syndrome)

[The Specific Target Conditions of BPC 157 Include:](#)

- Lyme disease
- Chronic viral or intracellular infections
- CFS/Fibromyalgia
- Autoimmune disease
- Inflammatory conditions
- Cardiovascular Disease
- Post-surgical repair
- Muscle sprains

[What You Need to Know:](#)

BPC-157 comes in two different forms: oral capsules and an injectable form. As an oral capsule, BPC-157 is best suited for gut restoration and for addressing intestinal problems. On the other hand, BPC-157 injectable is the preferred route of administration for inflammation, muscle sprains, ligament damage, and pain.