Dear Patient,

Please review the attached paperwork and fill out all forms in their entirety in the privacy of your home. Bring all completed paperwork to your initial appointment. Should you have any questions regarding this paperwork, please do not hesitate to contact our office for assistance. This information will allow us to treat you effectively and safely.

Please bring shorts and a t-shirt (sports bra or tank top for women) with you for your exam. **We also ask that you do not wear any perfumes, colognes, or scented lotions on the day of your visit.**

If possible, please have your referring physician's office fax your pertinent medical records and/or testing to our office at (757) 689-4357 prior to your scheduled appointment date. If you have had any diagnostic testing preformed it would be very helpful for us to have those reports as well.

When you come to your appointment, please make sure to bring your photo ID, your insurance card(s), your co-pay, and a referral from your primary care physician if your insurance company requires one.

If you have any questions, please feel free to contact us at (757) 496-2050.

Sincerely,

Dr. Gershon and Staff

Your appointment is scheduled for: ___ / ___ / ___

Arrival time is: ___:___

Chart # ________

GERSHON PAIN SPECIALISTS
YOUR PATH TO PAIN RELIEF

PATIENT INFORMATION

Patient Name: ________ Date of Birth: ________ Social Security #: ________

Mailing Address: ________

City: ________ State: ________ Zip Code: ________

E-mail for Patient Portal: ________

Home Phone: (   ) ________ Work Phone: (   ) ________ Cell Phone: (   ) ________

Spouses Name: ________ Date of Birth: ________ Social Security # ________

How did you hear about our practice? ________ Referring Doctor: ________

Sex (please check one): ☐ M ☐ F Race: ________ Ethnicity: ________

Marital Status: (please check one) ☐ Married ☐ Single ☐ Divorced ☐ Widowed ☐ Other

OCCUPATION INFORMATION

Employer Name: ________ Occupation: ________ Phone # ________

Employer Address: ________

EMERGENCY CONTACT INFORMATION (*someone not living in the same household*)

Name: ________ Relationship: ________

Home Phone #: (   ) ________ Cell Phone #: (   ) ________ Work Phone #: (   ) ________

INSURANCE INFORMATION: IT IS YOUR RESPONSIBILITY TO KNOW IF YOU NEED A REFERRAL.

Primary *Insurance Carrier*: ________ Name of Policy Holder: ________

ID Number: ________ Group #: ________ Relationship to Insured: ________

SS# of Policy Holder: ________ D.O.B of Policy Holder: ________

Secondary *Insurance Carrier*: ________ Name of Policy Holder: ________

ID Number: ________ Group #: ________ Relationship to Insured: ________

SS# of Policy Holder: ________ D.O.B of Policy Holder: ________

Patient Signature: ________ **Date**: ________

Chart # ________

GERSHON PAIN SPECIALISTS
YOUR PATH TO PAIN RELIEF

AUTHORIZATION FOR TREATMENT & ASSIGNMENT OF BENEFITS

This will authorize the treatment of myself as well as filing of any insurance in force for all charges, which include anesthesia and pathology, if applicable and the direct payment to Gershon Pain Specialists of any amount due on my claim under the above stated policy. I understand that my insurance policy is a contract between me and my insurance company and that I am financially responsible to Gershon Pain Specialists for non-payment of any charges not covered by insurance. I understand and agree to pay in full any balance due after an insurance payment or to make payment arrangements with Gershon Pain Specialists. In consideration of services rendered, the undersigned patient, spouse, and/or responsible party agrees to pay all cost of collections including attorney's and/or collection agency's fees up to 33.3% plus court cost and any interest allowable by law, if incurred. I hereby authorize the release of any medical information necessary to process claims.

Patient Signature: ________________________________ **Date**: ________________

DEEMED CONSENT FORM

I understand that the laws of Virginia provide if my physician or any person employed by or under the direction and control of my physician(s) is directly exposed to my body fluids in any manner which many according to the then current guidelines for the Center of Disease Control transmit the Human Immunodeficiency Virus (HIV) or Hepatitis B or C viruses that I am deemed by law to have consented to testing for infection with HIV or Hepatitis B or C viruses. I further understand that by law I will have deemed to have consented to the release of these test results to the person(s) who is exposed to my bodily fluids.

Patient Signature: ________________________________ **Date**: ________________

ACKNOWLEDGEMENT OF HIPAA PRIVACY PRACTICES & OFFICE POLICY

1. __________ (initial) I hereby acknowledge that I have had the opportunity to review a copy of the Notice of Privacy Practices. Please list anyone you are authorizing to have access to your medical record below:

   Name: ________________________ Relationship: ________________

   Name: ________________________ Relationship: ________________

2. _________ (initial) I hereby acknowledge that I understand there is a **$150.00** cancellation fee for procedures not cancelled within 72 hours, and a **$25.00** fee for **No Show** office visits.

3. _________ (initial) I hereby acknowledge that I understand there is a **$50.00** charge for each check that is returned for insufficient funds. If any balance is not paid in full within 3 business days, an additional **$55.00** fee will be added, and we will forward your returned check to the Commonwealth Attorney-City of Virginia Beach for prosecution.

4. _________ (initial) I authorize Gershon Pain Specialists to leave testing reminders or results on my answering machine.

5. _________ (initial) I understand that Gershon Pain Specialists utilizes the Prescription Monitoring Program and routinely monitors controlled medication prescriptions. I also understand that Gershon Pain Specialists will report all controlled substance violations to law enforcement.

6. _________ (initial) I understand that it is the policy of Gershon Pain Specialists to provide and mandate urine Monitoring for all patients who are prescribed scheduled medication.

Chart # ________

AUTHORIZATION FOR USE/DISCLOSURE OF
PROTECTED HEALTH INFORMATION

I hereby authorize the use or disclosure of my individually identifiable health information as described below.
I understand that this authorization is voluntary. I understand that if the organization authorized to receive the information is not a health plan or health care provider, the released information may no longer be protected by federal privacy regulations. I understand if my record contains information related to substance abuse, HIV, and/or mental health, the information will be released with my medical record.

Patient Name: ____

Last 4 digits of SS#: ___________ Date of Birth: ______/______/______ Account #___________

Person/Organizations providing information:

____
____
____
____

Person(s)/Organization(s) receiving information:

____
____
____
____

Information to be disclosed, covering the period of health care: From________________ **To**___________________

O Complete Health Record **<u>OR</u>, select from the following:**

O Office Notes O Pathology Reports O Procedure Reports O Laboratory Tests O Diagnostic Testing

O Other (please specify)___________________________________

This information is to be disclosed for the purpose of:____.

<u>The patient of the patient's representative must read and initial the following statements:</u>

a. I understand that unless earlier revoke, this authorization will expire 5 years from the date of signed below.________
b. I understand that I may revoke this authorization at any time by notifying **GPS** in writing. If I do, it won't have any effect on any actions **GPS** took before it received the revocation**.** ________
c. I understand that **GPS** cannot require me to sign this authorization as a condition to receive treatment from **Gershon Pain Specialists** except:
   i. When Gershon Pain Specialists provides me with research-related treatment; or
   ii. When Gershon Pain Specialists provides me with health care solely for the purpose of creating protected health information for disclosure to someone else. _________

Gershon Pain Specialists, it's employees, officers, and physicians are hereby released from any legal responsibility or liability for disclosure of the above information to the extent indicated and authorized herein. Please be aware there is a charge for obtaining your records.

____

Signature of Patient or Representative Date

____

Print Name Relationship to Patient

Chart # ________

GERSHON PAIN SPECIALISTS
YOUR PATH TO PAIN RELIEF

PATIENT QUESTIONAIRE

Name: ____

Age: ______________ Referring Provider: ______________________________

Where is your pain located? ______________________________

Does the pain radiate throughout your body? If so, where? ______________________________

What makes your pain better? ______________________________

What makes your pain worse? ______________________________

When did your pain begin? ______________ Who have you seen for this? ______________

What treatments/tests have you undergone for this pain?

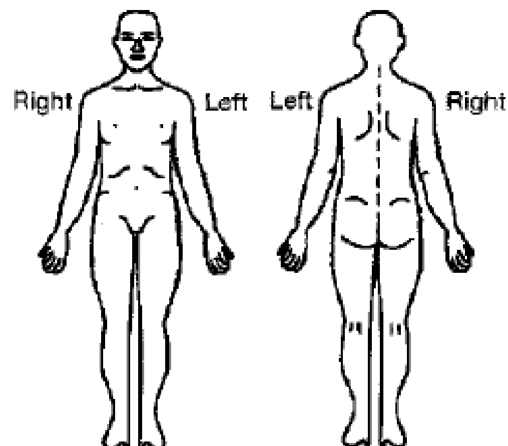
____

____

Is your pain constant or intermittent? ______________________

Please describe your pain:(check all that apply)

- o Numbness
- o Weakness
- o Tingling
- o Pins & Needles
- o Sharp
- o Pulsating
- o Dull
- o Pressure
- o Deep
- o Aching
- o Throbbing
- o Stabbing
- o Stinging



Please draw an arrow to the location of your pain using the diagram below.

How severe is your pain?

0- No Pain

1-2 Mild Pain, requires no medication

3-4 Mild/moderate pain, requires mild medications

5-6 Moderate pain, requires stronger medications

7-8 Moderate/Severe, constant pain, requires narcotic or ER visit

9-10 Severe, constant pain, requires admission to hospital

Chart # ________

GERSHON PAIN SPECIALISTS
YOUR PATH TO PAIN RELIEF

Past Medical History: Please list any medical problems that you are being treated for or have been treated for in the past: ____
____
____

Please list your surgical history: ____
____
____
____

Do you have any allergies to medications? Y / N

If so, please list:____

Social History:

Do you use Nicotine Products? Y / N

Do you drink alcohol? If so, how many drink per week? __________

Do you or your family have a history of illicit drug or prescription overuse/abuse? Y / N

Do you have children? Y/N If so, how many____________

Marital Status: (please check one) □ Married □ Single □ Divorced □ Widowed □ Other

OCCUPATION INFORMATION

Employer: ______________ Occupation: ______________ Phone #: ______________

PHARMACY

Name: ______________ Phone Number: ______________

Address: ______________ City: ______________ State: ______ Zip Code: ______________

MEDICATION LOG

Medication	Dosage	Date	Time	Remark

Chart # ________

GERSHON PAIN SPECIALISTS
YOUR PATH TO PAIN RELIEF

Patient Name:________________________________ Date: _____ / _____ / _____

Opioid Risk Tool

Mark each box that applies	Female	Male
1. Family history of substance abuse		
Alcohol	❑ 1	❑ 3
Illegal drugs	❑ 2	❑ 3
Prescription drugs	❑ 4	❑ 4
2. Personal history of substance abuse		
Alcohol	❑ 3	❑ 3
Illegal drugs	❑ 4	❑ 4
Prescription drugs	❑ 5	❑ 5
3. Age (mark box if between 16 and 45 years)	❑ 1	❑ 1
4. History of preadolescent sexual abuse	❑ 3	❑ 0
5. Psychological disease		
ADD, OCD, bipolar, schizophrenia	❑ 2	❑ 2
Depression	❑ 1	❑ 1
Scoring totals	_____	_____

Chart # ________

GERSHON PAIN SPECIALISTS
YOUR PATH TO PAIN RELIEF

Patient Name: ___________________________________ Date: _____ / _____ / ________

Eyes:	Yes	No
Pain	☐	☐
Glasses	☐	☐
Loss of vision	☐	☐
Double vision	☐	☐
Flashing Spots	☐	☐
Dryness	☐	☐

Ears:		
Ringing in ears	☐	☐
Loss of hearing/ Hearing aids	☐	☐

Nose/Mouth/Throat:		
Nose bleeds	☐	☐
Trouble Swallowing	☐	☐
Sinusitis	☐	☐
Bleeding gums	☐	☐
Hoarseness	☐	☐

Cardiovascular:		
Chest pain	☐	☐
Heart palpitation	☐	☐
Heart murmurs	☐	☐
High blood pressure	☐	☐
Cramping-legs	☐	☐
Varicose veins	☐	☐
Swelling in arms/legs	☐	☐

Gastrointestinal (GI):	Yes	No
Nausea	☐	☐
Vomiting food	☐	☐
Heartburn	☐	☐
Constipation	☐	☐
Blood In Stool	☐	☐
Hemorrhoids	☐	☐
Diarrhea	☐	☐

Gastrourinary (GU):		
Trouble urinating	☐	☐
Pain with urinating	☐	☐
Blood in urine	☐	☐
Kidney Stones	☐	☐
Urgency	☐	☐
Frequent urination at night	☐	☐
Incontinence	☐	☐

Musculoskeletal:		
Muscle cramps	☐	☐
Joint pain	☐	☐
Weak muscles	☐	☐
Joint swelling	☐	☐
Neck pain	☐	☐
Back pain	☐	☐
Joint Replacement	☐	☐
Fracture	☐	☐

Hematology/Lymphatics		
Anemia	☐	☐

Integumentary:	Yes	No
Change in skin	☐	☐
Hives	☐	☐
Easy bruising	☐	☐
Skin redness	☐	☐
Color change of	☐	☐
hands/feet with cold	☐	☐

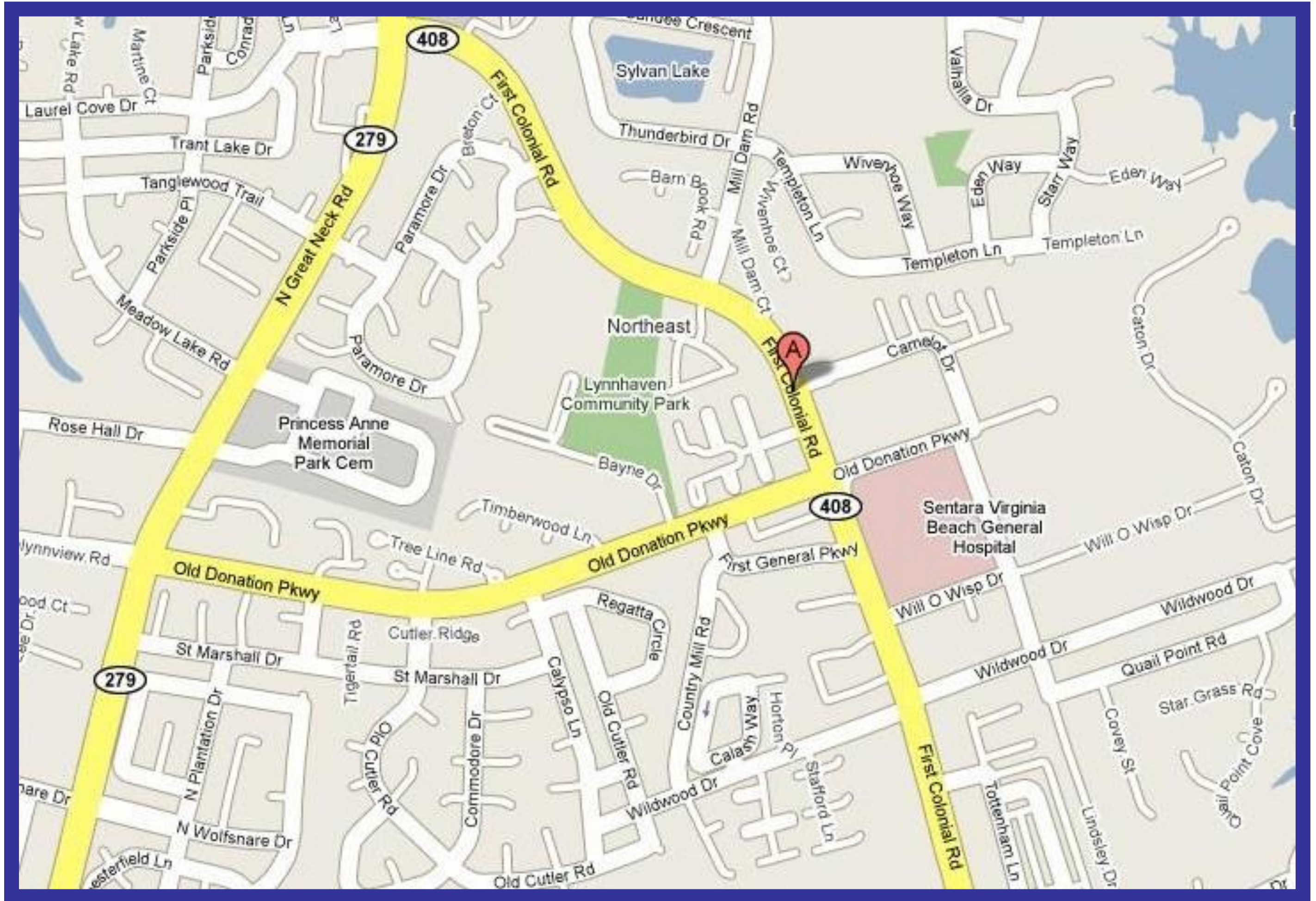
Neurologic:		
Chronic headache	☐	☐
Dizziness	☐	☐
Numbness (hands/feet)	☐	☐
Tingling (hands/feet)	☐	☐
Balance Problems	☐	☐
Memory loss	☐	☐

Endocrine:		
Sensitive to cold	☐	☐
Sensitive to heat	☐	☐
Increased thirst	☐	☐

Immunology/Allergy:		
Medication Allergy	☐	☐
Seasonal allergies	☐	☐
Latex allergy	☐	☐
Food allergy	☐	☐
	☐	☐

Psychiatric:		
Depression	☐	☐
Anxiety	☐	☐
Problems Concentrating	☐	☐
Thoughts of suicide	☐	☐

GERSHON PAIN SPECIALISTS
YOUR PATH TO PAIN RELIEF



Gershon Pain Specialists is located at 1133 First Colonial Road.

From Interstate 264:

1. Take the First Colonial Road North Exit, 21B.
2. Continue on First Colonial Road past Sentara Virginia Beach General Hospital.
3. We are located in a 1-story L-shaped, brick building on the left side of the street, just past the light at Old Donation Parkway. (We are directly across from the Goodwill Donation Center.)
4. You will pass the building, then make a u-turn on First Colonial Road; turn into parking lot on right.

From Great Neck Road:

1. Turn onto First Colonial Road.
2. Go through the light at Mill Dam Road.
3. We are located in a 1-story L-shaped, brick building on the right side of the street, past Mill Dam Road. (We are directly across from the Goodwill Donation Center.)

1133 First Colonial Road | Virginia Beach, VA 23454 | Phone: (757) 496-2050 | Fax: (757) 689-4357