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| PRE-Operative Instructions for**Radiofrequency Ablation (RFA) – WITH ANESTHESIA** |
| Report To: | Phoenix Heart Vein Center Procedure Check-in  | 5859 W Talavi Blvd Glendale, AZ 85306  | SUITE: 165 (North Side)  |
| **Phone:**  | **602-298-7777 x184** | ARRIVAL TIME:  | **DATE:** |
| COVID19: A MASK OR FACE COVERING IS REQUIRED TO ENTER THE CLINIC |
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| **Arrival time**  | **YOU MUST ARRIVE 30 MIN** **PRIOR TO YOUR PROCEDURE TIME.**If you are **15 min** or more past your scheduled **arrival** time you will have to **RESCHEDULE** your procedure.  |
| **Procedure Duration** | * Please allow **1-2 hours** of time in our office. Please also have your **DRIVER** stay on site or close so that they can be here with you **AS SOON AS your procedure is done.**
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| **Compression Stockings**  | * You do **NOT** need to bring them with you.
* We will wrap your leg with an **Ace Wrap** that will stay on 24 hours.
* **COST: $15.00/Single or $30.00/Pair** (colors: Black or Beige)
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| **Transportation** | * You **MUST have a driver** the day of the procedure as you are not permitted to drive for 24 Hours. Your driver must remain **ON-SITE.** (We have two waiting areas)
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| **Current** Image result for pill icon**Mediations** | * **Continue taking all your normal medications and supplements unless directed otherwise by your doctor**.
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| **Inhaler** Image result for inhaler | * If you use an inhaler you **MUST** bring it with you to your procedure.
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| **Blood Thinner** | * If you are on blood thinners such as Coumadin, Plavix, Xarelto or Aspirin you **DO NOT** need to stop taking them unless specifically directed to do so by your doctor.
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| **Hardware** | * If you have any hardware in your body such as a knee replacement, hip replacement or a pacemaker you must take an **Antibiotic** prior to you procedure. Please notify the vein clinic so that a prescription can be sent to your pharmacy.
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| **Bathing/Showering** | * Please shower **the day of your procedure** as you will not be able to shower for **24 hours** following.
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| **Lotion/Creams**  | * Please do not apply any lotions or creams to your legs prior to your procedure.
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| **Clothing** | * Wear old, loose and comfortable clothing that is easy to remove and put on.
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| See the source image |
| with anesthesia (sedation): Sedation must be requested and authorized prior to your procedure date.  |
| **Eating:** | * You MUST Fast. You **CANNOT EAT anything AFTER MIDNIGHT.**
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| **Drinking:** | * You **CANNOT DRINK anything AFTER MIDNIGHT.**
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| **Sedation:** | An Anesthesia provider /CRNA will be on site to give you your IV sedation. Recovery time is generally about **10-15 min.**  **(Anesthesia billing done separately)** |
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| **CANCELLATION POLICY:** |
| YOU MUST NOTIFY US NO LESS THAN **48 HOURS** PRIOR TO YOUR SCHEDULED PROCEDURE DATE & TIME. ANY CANCELLATIONS MADE WITHIN LESS THAN 48 HOURS ARE SUBJECT TO OUR **$100 CANCELLATION CHARGE**. |



