## Take the Prolapse Quiz

| 1. Have you ever felt a bulge or lump in your vagina? Yes No                                                                                                                                                                           |
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| 2. Do you feel like something is falling out of your vagina? Yes No                                                                                                                                                                    |
| 3. Do you experience pain or discomfort during intercourse? Yes No                                                                                                                                                                     |
| 4. Do you experience vaginal pain, pressure, irritation, bleeding or spotting? Yes No                                                                                                                                                  |
| 5. Do you experience problems with urination, particularly when coughing or sneezing?  Yes No                                                                                                                                          |
| 6. Do you have difficulty with bowel movements?  Yes No                                                                                                                                                                                |
| 7. Do you have delayed or slow urinary stream?  Yes No                                                                                                                                                                                 |
| 8. Do you have frequent lower back pain?  Yes No                                                                                                                                                                                       |
| If you answered "Yes" to two or more questions, you may be experiencing some form of prolapse. Please submit this quiz to your healthcare professional to aid in discussing pelvic organ prolapse and the treatment options available. |
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