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WOUND CARE INSTRUCTIONS FOR
Shave biopsy or C&D

Follow these instructions to care for your wound.

Twice a day:

- Clean wound with a mixture of ½ hydrogen peroxide and ½ saline solution (contact lens solution).
- Clear away drainage or crust from the area and pat dry
- Apply polysporin ointment
- Cover wound with a Band-aid to allow for faster healing.
- If any bleeding should occur, apply 20 minutes of constant pressure. If the situation persists, please call us immediately.
- Use Tylenol or non-aspirin pain reliever as needed for discomfort.
- Healing is based on the size of the wound and location. Sites on lower body heal slowest and may take up to a month to heal.
- No swimming for the first 48 hours. Keep the wound covered while swimming and clean the site after leaving the pool. Avoid swimming in lakes or oceans until site is healed.

Repeat these instructions for 2-3 weeks or until your wound is healed.

Supplies:

- Hydrogen peroxide
- Polysporin
- Band-aid

If you have any questions, please call our office.