



AT-HOME HEALTH MONITORING

Monitor your overall health remotely without having to visit the office or the laboratory.

Many medications have side effects on your physical health. Although these are less common, it is important that your doctor is able to look out for these. Your prescriber will get an update on your physical health every month to provide you with a tailored treatment plan.



HOW IT WORKS

- 1** Athelas will ship you a box with connected health devices and train you on how to use them.
- 2** Athelas will text you on a monthly basis, reminding you to test your vitals (i.e. blood sugar, weight, and blood pressure).
- 3** Your test results will be sent directly to your doctor. Your doctor will be alerted if anything looks out of the ordinary that they may need to follow up on.



WHAT TO EXPECT NEXT

You will receive a texted link from Athelas (from the number 408-359-4783) that will allow you to onboard yourself. If you are not able to enroll through this link, a member from the Athelas Onboarding Team will call you to see if you are interested. Athelas will then send you your kit and train you on using your devices.

Insurance Coverage

Athelas Services are fully covered by your insurance with no out of pocket cost or copays.
Currently available to patients on Medicare and Commercial Insurance only

Contact us at intake@athelas.com or at (408) 359-4783 to get started today.



Common Questions

Is this covered by my insurance?

You will never be billed out of pocket costs for this program.

Athelas Medical Group, P.C. or an affiliate will bill your insurance, which covers these remote patient monitoring services and devices. Your doctor is contracted under Athelas to review and monitor your results on an ongoing basis.

Why am I being recommended for this now?

Before COVID, patients were seen in the office and it was much easier to measure vitals, send patients to labs and keep proper tabs on physical health. We have partnered with Athelas as an easy way to provide the highest quality, most convenient care while remote.

What devices will be sent to me?

A combination of devices are selected uniquely for each patient depending on their existing conditions and medications. These devices will be listed on the onboarding page when a patient enrolls online. If enrolling over the phone, the Athelas Onboarding team can walk the patient through which devices were selected for them.

How do I enroll?

Patients can enroll by visiting <https://onboarding.athelas.com/> and following the prompts to confirm their information. Alternatively, patients can enroll via phone by calling 408-359-4783.

Who can I ask questions about the program?

You can contact Athelas at any time with questions by calling or texting 408-359-4783 or emailing support@athelas.com

Will my information be secure and protected?

Absolutely! Privacy and security is our #1 priority. All Athelas platforms are fully HIPAA compliant and all patient data is fully protected.