

HEALTH TIP

4 SERIOUS URINARY HEALTH SYMPTOMS TO NEVER IGNORE

These four changes to your urinary health warrant a visit to your doctor or qualified health care provider as soon as possible:



Blood in the Urine

Even a pink-ish appearance to your urine can indicate there is blood present in it and causes can range from UTI, kidney stones or infection, and certain forms of urologic cancer.



Urinary Urgency

Feeling a strong urge to urinate, whether there is adequate urine output or not can be a sign of concerns with UTI, kidney problems, prostate conditions, and overactive bladder.



Urinary Retention

The sudden inability to urinate is a medical emergency and can be the result of enlarged prostate in men, tumor growth or other obstruction, bladder stones or bladder prolapse in women.



Painful Urination

Whether the sensation is burning/stinging or dull/achy pain while urinating, can indicate a UTI, prostatitis in men, kidney stones or sexually transmitted infections.